

FALL • PROGRAM CATALOG • JULY - DECEMBER 2025



# EXPLORE - ENGAGE - ENRICH

## LearningQUEST

SINCE 2009

EDUCATION & ENRICHMENT PROGRAMS FOR ADULTS OF ALL AGES

MEMBER COURSES • PUBLIC PROGRAMS

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## LearningQUEST Activities

LearningQUEST features two terms each year:  
*Spring Term (January – June) and Fall Term (July – December).*

### Courses & Programs

- **Courses** are offered in a wide variety of disciplines, from gardening to finance, art to local history and beyond, ranging in length from one to several sessions.
- **Special Interest Groups (SIGs)** are created for members who share a similar interest (for example, Mahjong, Hiking, or Poets' Corner).
- **Trips** range from day-long outings at nearby points of interest to trips around the country and abroad.
- **Public programs** are LearningQUEST's gift to the community and are open to non-members with no fees or registration.

### Events

- **Rally Day**, a major beginning-of-term event where you can pick up the catalog, register for courses, and socialize—is a fun way to make friends and explore fresh learning opportunities.
- **MEETups** are special activities where members get together in the community for events such as trivia nights, concerts, lunches, and other fun activities. They are great opportunities to "MEET" other members.
- **Happenings** are special member events such as cafes, seasonally-themed festivities, new member socials, and game times. Held monthly at the Downtown Library, they provide fun ways for members to connect with one another.
- **Annual Picnic**, a get-together with food and fun
- **Annual Meeting**, yearly status and vote for new board members

## LearningQUEST Directory

General Questions <a href="mailto:LearningQUEST@lquest.org">LearningQUEST@lquest.org</a>	Want to Volunteer? <a href="mailto:VolunteerLead@lquest.org">VolunteerLead@lquest.org</a>
Ideas for Classes <a href="mailto:Proposals@lquest.org">Proposals@lquest.org</a>	Articles for the E-News <a href="mailto:NewsInput@lquest.org">NewsInput@lquest.org</a>
Publicity & Public Relations <a href="mailto:Communications@lquest.org">Communications@lquest.org</a>	Food and Decorating <a href="mailto:Hospitality@lquest.org">Hospitality@lquest.org</a>
Facebook Posting Info or Changes <a href="mailto:SocialMedia@lquest.org">SocialMedia@lquest.org</a>	Issues with Other Members <a href="mailto:HumanResources@lquest.org">HumanResources@lquest.org</a>
Send your Pictures <a href="mailto:PhotoArchive@lquest.org">PhotoArchive@lquest.org</a>	Audio/Visual <a href="mailto:AV@lquest.org">AV@lquest.org</a>
Change your Contact Info <a href="mailto:Membership@lquest.org">Membership@lquest.org</a>	Class Coordinator Info <a href="mailto:CoordinatorLead@lquest.org">CoordinatorLead@lquest.org</a>
Socializing Ideas or Questions <a href="mailto:MEETup@lquest.org">MEETup@lquest.org</a>	Withdraw from Class <a href="mailto:Registrar@lquest.org">Registrar@lquest.org</a>
Interactive Fun Events <a href="mailto:Happenings@lquest.org">Happenings@lquest.org</a>	Board President <a href="mailto:President@lquest.org">President@lquest.org</a>
Send your Volunteer Hours <a href="mailto:VolunteerHours@lquest.org">VolunteerHours@lquest.org</a>	Operations <a href="mailto:Operations@lquest.org">Operations@lquest.org</a>



LearningQUEST is a non-profit, 501(c)(3), volunteer-led organization for adults of all ages, dedicated to building a learning community through educational and enrichment opportunities. Partnered with the Huntsville-Madison County Public Library, LearningQUEST's programs are generally held at the downtown public library as well as some off-site venues.





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# QUICK REFERENCE GUIDE

**Downtown Library:** AUD (Auditorium), 2FL (2nd Floor Events Room), Studio (Makerspace Studio, 1st floor), A (beside Auditorium), FCR (Foundation Conference Room, 2nd floor), **South Huntsville Public Library:** SLib (Classroom)

Program	Venue	Presenter(s)	Dates	Day	Time	#	Coordinator
<b>MEMBER COURSES (WITH TERM FEE)</b>							
1-Clinical Psychology Conundrums	2FL	William (Bill) Confer	7/10–7/31	Th	10 – 11:30	4	Buffie Gibbons
2-Italian for Travel	2FL	Adelaide de Almeida	7/14–8/18	M	10 – 11:30	6	Wanda Shoultes
3-Public Speaking Made Easy Part 2	2FL	Lue Williams	7/16–8/13	W	10 – 11:30	5	TBA
4-American Poetry in the 21st Century	2FL	Jeff Nelson	7/18–8/8	F	10 – 11:30	4	Susan Livingston
5-The Relationship Between Energy, Nutrition, and Fitness	AUD	Auston Cherbonneaux	7/22	T	10 – 11:30	1	Sandy Nicolette
6-A Primer in Stained Glass	See Desc.	Ron Hogan	7/23	W	9:30 – 12	1	Beth Powel
7-Beginning Spanish	SLIB	Elaine Fredericksen	7/23–8/27	W	1 – 2:30	6	Phyllis Turner
8-Beyond Healthcare	See Desc.	Justin Serrano	7/28	M	10 – 11:30	1	Mary Ellen Peters
9-Armchair Travel Series #26	AUD	Multiple	7/28–8/18	M	1 – 2:30	4	Joyce Howell
10-The BIG Picture	AUD	Dennis Madsen	7/29	T	10 – 11:30	1	Rebecca Bradshaw
11-Beginning Tai Chi and Qigong	AUD	Xingrong Chen	7/30,8/13–27,9/10–24 8/6,9/3,10/1	W	10 – 11 1:30 – 2:30	10	Deborah Thomas
12-Dengue Virus Awareness	AUD	Gettie Audain	7/31	Th	1 – 2:30	1	Roberta Dismukes
13-From Trash to Energy	See Desc.	Michelle Williams	8/5	T	10 – 11	1	John Ofenloch
14-Human Trafficking	AUD	Patricia McCay	8/5–12	T	2 – 3:30	2	Jane Maples
15-Zentangle Method of Drawing	2FL	Beth Powel	8/7–8/21	Th	1 – 2:30	3	Betsey Bock
16-Chair Yoga Online	Online	Kristin Mumper	8/7–9/18	Th	10 – 11	7	Buffie Gibbons
17-The Civil Rights Movement in the Rocket City	AUD	Sonnie W. Hereford IV	8/8	F	1 – 2:30	1	Charlotte Hudson
18-Preventive Care Visits	AUD	Yumna Riyaz	8/12	T	10 – 11:30	1	Diana Travelute
19-International Dining	Various	Jane Wodtke	8/12;9/9;10/14;11/11;12/9	T	5 – 8	5	Paul Hurst
20-Elder Law	AUD	Douglas C. Martinson, II	8/13–27	W	2 – 5	3	Pat Sampson
21-Chest Pain/Stroke Education	AUD	Krystal Reliford Rhonda Buckley	8/15	F	1 – 2:30	1	Mary Ellen Peters
22-The Making of a Mosaic	AUD	Mary Ann DeMaiores	8/19	T	2 – 3:30	1	Paula Cushman
23-Your Local Health Department	AUD	Gettie Audain	8/21	Th	1 – 2:30	1	Cookie Kruvand
24-Let's Do Lunch - Group 1	Various	N/A	8/26;9/23;10/28;11/18	T	11 – 12:30	4	Charlotte Hudson
25-Let's Do Lunch - Group 2	Various	N/A	8/27;9/24;10/29;11/19	W	11 – 12:30	4	Kathi Cribbet
26-Let's Do Lunch - Group 3	Various	N/A	8/28;9/25;10/30;11/20	Th	11 – 12:30	4	Gwen Goins-Pratt
27-Intermediate Tai Chi and Qigong	AUD	Xingrong Chen	8/29–10/3	F	10 – 11	6	Larry West
28-Einstein's Relativities	SLIB	James Beaupre	9/2;9/9 9/4;9/11	T Th	10 – 11:30	4	John Griffin
29-Gran Masters Percussion Class	See Desc.	Frederick Walker	9/3;9/17	W	12:30 – 1:30	2	Susan Bakken
30-Front Porch Conversations	2FL	June Norton	9/3–10/8	W	1 – 2:30	6	June Norton
31-The Art of Spain	AUD	Debbie West	9/4–10/9;10/23–30	Th	1 – 2:30	8	Gina Bain
32-Shakespeare's Measure for Measure	2FL	Jeff Nelson	9/5–9/19	F	10 – 11:30	3	Linda Fletcher
33-Friday Film Festival	AUD	Jennifer Garlen	9/5;10/3;11/7;12/12	F	2 – 4:30	4	Gina Bain
34-Lessons in Leadership	AUD	Jennie Robinson	9/8	M	10 – 12	1	Mary Ellen Peters
35-The Power of Hearing	2FL	Anita Giles	9/16	T	10 – 11:30	1	Judy Frago
36-Type II Diabetes	AUD	Kourtney Dunn, Sayeda Basith	9/19	F	1 – 2:30	1	Joyce Anderson
37-Funeral Planning 101	AUD	Sarah Chappell	9/23–9/30	T	10 – 11:30	2	Mary Ellen Peters
38-Early 20th Century American Poetry	2FL	Walter Thames	9/23–10/28	T	2:30 – 4	6	Susan Livingston
39-Medicare 101	AUD	Joe Fowler	9/29	M	10 – 11:30	1	Joy Anderson
40-Great Decisions of 2025	SLIB	Peter A. Finzel	10/1–11/19	W	10 – 11:30	8	Miriam McClendon
41-Eating Disorders	AUD	Allison Ash	10/6 10/8 10/10	M W F	1 – 2:30	3	Gwen Goins-Pratt
42-Music and Philosophy	2FL	Rolf J. Goebel	10/7–10/21	T	10 – 11:30	3	Sandy Nicolette
43-Living Your Life With Purpose	2FL	Liz Hall	10/9–10/16	Th	10 – 11:30	2	Phyllis Turner



Program	Venue	Presenter(s)	Dates	Day	Time	#	Coordinator
44-Cornerstones of Freedom	AUD	Donna Castellano	10/14–10/28	T	10 – 11:30	3	Nancy Butler
45-Storytelling	AUD	Leah Oakley	10/15	W	10 – 11:30	1	Jane Maples
46-Maple Hill 35801	AUD	Multiple	10/15	W	2 – 3:30	1	Cookie Kruvand
47-US National Parks	See Desc.	Steve Jones Chris Stuhlinger	10/16–11/20	Th	10 – 11:30	6	Nancy Butler
48-Twickenham Walking Tour - Group 1	See Desc.	Katie Stamps	10/16	Th	1 – 3	1	Carl Lomax
49-Maples Family Farm	See Desc.	Ben Maples	10/20	M	1 – 2:30	1	Jane Maples
50-The Tennessee Valley Authority	AUD	Bill Carter	10/22–10/29	W	10 – 11:30	2	Judy Frago
51-Landscape Elements for 4 Seasons	AUD	Lilly Oaks	10/22	W	1 – 2:30	1	Cindi Branham
52-Exposure of Time	AUD	José A. Betancourt Sean Berry	10/24	F	1 – 2:30	1	Lisa Urban
53-The Play's the Thing!	2FL	Anna Blair	10/27;11/3;11/10;11/17	M	10 – 11:30	8	Anna Blair
			11/5;11/12;11/19	W			
			11/21	F			
54-You be the Judge	AUD	Tom Borchert	11/3–11/24	M	10 – 11:30	4	Cindi Branham
55-Maintaining Your Home	AUD	Alan McCrispin	11/4	T	2 – 3:30	1	Rebecca Bradshaw
56-Mars Perseverance Rover Update	AUD	Michael Stallcup	11/5	W	1:30 – 3	1	Lisa Urban
57-Twickenham Walking Tour - Group 2	See Desc.	Katie Stamps	11/6	Th	1 – 3	1	Sandy Nicolette
58-Snakes for Adults - Part 1	2FL	Beth Girard	11/13	Th	1 – 2:30	1	Rebecca Bradshaw
59-Dealing with the IRS	AUD	Dolores Everett	11/14	F	10 – 11:30	1	Rebecca Bradshaw
60-Snakes for Adults - Part 2	2FL	Beth Girard	11/20	Th	1 – 2:30	1	Rebecca Bradshaw
61-Rightsizing Simplified	AUD	Karen Wright	11/25	T	2 – 3:30	1	Rebecca Bradshaw
62-Breaking the Glass Ceiling	AUD	Jane Maples	12/4	Th	10 – 11:30	1	Cindi Branham
63-Greenland	AUD	Tom Ress	12/10	W	10 – 11:30	1	Joyce Howell
64-Healthy Eating	2FL	Hoa Nguyen	12/12	F	10 – 11:30	1	Diana Travelute
<b>MEMBER COURSES WITH PRE-PAID FEE (WITH TERM FEE)</b>							
F1-Smart Driver Course	AUD	Ron Akridge	7/17	Th	9:30 – 4:30	1	TBD
F2-Cozy as a Quilt Card Workshop	SLIB	Jill Stallcup	8/25	M	1 – 2:30	1	Joy Anderson
F3-Pizzelle's Tour #1	See Desc.	Michelle Novosel	8/28	Th	2 – 3	1	Cindi Branham
F4-Fitness and Balance Class	See Desc.	Debra Wade	9/3–10/8	W	10-11	6	Kathy Anderson
F5-Gift Card Holders Workshop	SLIB	Jill Stallcup	9/15	M	1 – 2:30	1	Joy Anderson
F6-Pizzelle's Tour #2	See Desc.	Michelle Novosel	9/18	Th	2 – 3	1	Linda Ryan
F7-Wonderful Wilderness Card Workshop	SLIB	Jill Stallcup	9/22	M	1 – 2:30	1	Joy Anderson
F8-Alpaca Farm Visit	See Desc.	Michelle & Bob Williams	11/6	Th	10:45 – 11:45	1	Susan Bakken
<b>LIBRARY SPONSORED TRAINING (NO TERM FEE)</b>							
L1-Historical Perspectives Book Club	2FL	Jaimee Hannah	8/7;9/4;10/2;11/6;12/4	Th	10 – 11:30	5	Laura Gonzalez
L2-Making Model Airplanes	Studio	Lauren Hinds	8/14	Th	1:30 – 3:30	1	Laura Gonzalez
L3-Phone Accessibility	2FL	Anna Burns	8/26	T	2 – 3:30	1	Laura Gonzalez
L4-Paper Roses	Studio	Lauren Hinds	9/18	Th	1:30 – 3	1	Laura Gonzalez
L5-Getting Started with 3D Printing	Studio	Lauren Hinds	10/2	Th	1:30 – 3	1	Laura Gonzalez
L6-Current Cyber Scams	AUD	Anthony Hale	10/6	M	10 – 11:30	1	Laura Gonzalez
L7-A Senior's Guide to Gaming	2FL	Anna Burns	10/27	M	1 – 2:30	1	Laura Gonzalez
L8-Decorative Pie Box	Studio	Lauren Hinds	11/6	Th	1:30 – 3	1	Laura Gonzalez
<b>SPECIAL INTEREST GROUPS (NO TERM FEE)</b>							
S1-Tai Chi	2FL	Betsey Bock	Mon., starting 7/7 except 8/29–10/3	M	1 – 2		Betsey Bock
S2-Mah Jongg	A	Janet Tedrow	Mon., starting 7/7	M	1 – 4		Janet Tedrow
S3-Hand and Foot	A	Cheryl Hodges	Thurs., starting 7/10	Th	12:30 – 4		Cheryl Hodges
S4-UkeQUESTors Jam	2FL	Theresa Miller	2nd & 4th Sun., starting 7/13	S	2 – 3:30		Theresa Miller
S5-Bunco	A	Joy Anderson	2nd Mon., starting 7/14	M	9:30 – 12		Joy Anderson
S6-Great Literary Conversations	Online	Bob Stagg	Mon., starting 7/14	M	3 – 4:30		Bob Stagg
S7-Poets' Corner	FCR	Liz Hall	Last Wed., starting 7/30	W	1:30 – 3		Liz Hall
S8-Friday Hiking	Various	Jim Kirkwood	Fri., starting 9/5	F	9		Jim Kirkwood
<b>PROGRAMS OPEN TO THE PUBLIC (FREE)</b>							
P1-Life in Zero Gravity	AUD	John Ofenloch	7/22	T	2 – 3:30	1	Judy Frago
P2-More Music in the Movies	AUD	Billy Bob Nunn	9/2–9/16;9/30	T	2 – 3:30	4	Judy Frago
P3-Freedom Riders	AUD	David Lilly	11/4	T	10 – 11:30	1	Judy Frago
P4-Celebrate the 4th Estate!	TBD	John Archibald Kyle Whitmire	12/5	F	12 – 2	1	Anna Blair

# Board of Directors and Committees

## 2025 BOARD OF DIRECTORS

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*Volunteer Hours:* Gwen Goins-Pratt

*Constant Contact Maintenance:* Paul Hurst, Laurie Peterson

*Picnic:* Paul Hurst, John Ofenloch

**Rally Day Coordinators:** Jim Kirkwood, John Ofenloch

**Rally Day Support Leads:**

*Sign-in/Catalogs/Forms:* Paul Hurst, John Ofenloch

*Hospitality:* Roberta Dismukes

*Displays:* Larry West

*Information Table:* Barbara Moore

*Volunteer Table:* Nancy Butler

*Exterior Signage:* Jim Kirkwood

*Photographer:* Charles Gattis

*Registration:* Bob North

*Mobility Signage:* Paul Hurst

*Facility Layout:* Jim Kirkwood, John Ofenloch



**Program Development:** Rick Suever (Chair),  
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**Registrar:** Beth Girard

## Volunteers are the heartbeat of LearningQUEST.



Your time & talents leave a lasting impact on our learning community!

### Be the Heart of LearningQUEST

LearningQUEST runs on volunteer energy, and we need you! From planning programs to greeting guests, everything we do is made possible by members who share their time and talents.

Got skills in organizing, teaching, creating, or connecting with people? There's a role for you!

### Why volunteer?

- Meet great people
- Use (or grow!) your skills
- Help shape a thriving learning community

### Get involved:

Email VolunteerLead@lquest.org to find your fit.

*Together, we keep LearningQUEST vibrant and growing!*

### Landon, 30

*Looking for stability, avoiding overdraft fees, and flexible balance requirements*



**IT'S A MATCH!**

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Membership required. \$25 minimum required to open a checking account. No monthly maintenance fee for members aged 24 years and younger; otherwise, monthly maintenance fee of \$8 with eStatements or \$10 with paper statements.

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# Registration

## ***When does registration begin?***

- Spring Term - January 1
- Fall Term - July 1
- Catalog is published online one week prior to registration opening.
- Registration continues throughout the term as long as space is available.

## ***What options are available to join and/or register?***

- Join and pay online at LQUEST.org
- Go to LQUEST.org, complete downloaded forms, and mail along with fees to: LearningQUEST, P.O. Box 2387, Huntsville, AL 35804
- Come during office hours to sign up.
- During non-office hours, completed forms and fees can be dropped off in the office door mail slot.
- Attend a Rally Day in January or July at the Jaycees Building. Look for announcements at LQUEST.org.

## ***How do I know if I am successfully enrolled?***

- Notification of your course status is emailed when registration is completed (or sent by mail if no email address is provided).
- If course limits have been exceeded, registrants may be placed on a waitlist. If an opening occurs, registrants will be notified.
- Reminder emails are sent to all registrants at least five days before the course begins.

## ***What is the Drop/Add Policy?***

- No longer able to attend a class you registered for? Interested in adding a course?
  - Add/drop through your account at LQUEST.org, or
  - Email Registrar@lquest.org

## ***What happens when a course or trip reaches its maximum capacity?***

- The LearningQUEST registrar maintains a waitlist in order of registration date, and working with the instructor and scheduler may:
- Review class size to see if limits can be increased, or a larger venue is available.
- Schedule additional sessions in the same term or repeat the program in a later term.

## ***What does "pending" status mean?***

- A member has registered for a class but the required fee must be paid to be officially enrolled.

## ***How do I change my "pending" status to "enrolled"?***

- All registrants receive payment instructions in their course status notification after they register for their courses.
- The instructions will include all the payment info.
- If you have not received your instructions, contact Registrar@lquest.org.
- When the fee is paid, a member is moved to "enrolled" status as long as there are available spaces in the course.
- Courses are filled on a first-come, first-served basis. Members are registered in the order the fees are received.

## ***How do I register for a trip?***

- Information can be found in the Trips section of the catalog.
- Members can sign up for most trips on the class registration form.
- Trip registration is not complete until payment and a signed Release of Liability form are received.

# Fees

## ***Membership***

- \$20 per calendar year (January – December), and are not prorated.
  - Overpayments are considered donations.
- Exception: New members registering after October 1 receive free membership for the remainder of that calendar year.

## ***Term Fees***

- \$30 a term; with this fee you can sign up for as many courses as you like!

## ***How to pay***

- Online at LQUEST.org

- By check. Couples are encouraged to combine their payments on a single check.

## ***Additional Fees***

- If fees are noted in the course description, the coordinator will provide instructions for payment (by check only). Checks will be held until one week prior to the event and then deposited. Should a program be canceled, checks will be returned or destroyed. No refund will be provided after expenses have been incurred in advance of the program start date. Spaces will be allocated in the order in which the coordinator receives the required fee.



# Inclement Weather

## Member Information

### *What is the inclement weather policy?*

LearningQUEST follows the weather policy of the Huntsville-Madison County Public Library.

Library closures are posted and updated throughout the day at [HMCPL.org](http://HMCPL.org).

If the Downtown branch closes, our classes will be canceled.

Program coordinators will notify all members registered for a program when there is a cancellation at the library or any other venue.

### *How can I stay up to date on LearningQUEST activities?*

- Visit the LearningQUEST website, [LQUEST.org](http://LQUEST.org). The online calendar reflects updated program changes.
- Weekly E-News
  - Sent out every Saturday morning and includes upcoming trips, public programs, course schedule changes, MEETups, Happenings, and so much more!
  - Don't have email? No problem. The weekly E-News is displayed in the LearningQUEST glass case, in the hallway leading to the Downtown Library auditorium.
- Follow LearningQUEST on Facebook.

### *Why am I not getting my LearningQUEST E-News?*

- Is it in your spam folder? Check, and if it is, move it to your Inbox.
- Have you been inadvertently unsubscribed? If you share an email, this can happen. Tell them how important getting the E-News is to you!
- Need assistance? Contact [Membership@lquest.org](mailto:Membership@lquest.org).

### *What if I don't want a LearningQUEST photographer to take my picture?*

- Tell the event photographer.
- If you wish to have a picture deleted from the LearningQUEST website or Facebook page, let us know at [LearningQUEST@lquest.org](mailto:LearningQUEST@lquest.org).

### *Who can be a member of LearningQUEST?*

- Adults of all ages, 19 and older, who are interested in lifelong learning.

### *Where is the LearningQUEST office and when is it open?*

- We are located on the second floor of the Downtown Huntsville Public Library (in the alcove to the left of the Reference Desk).
- Office Hours: Tuesdays, 10-12 and Thursdays, 1-4
- Phone: (256) 529-8695

### *Where do I report a change in my contact information?*

- Any changes in your address, phone number, or email? Let us know!
- Contact [Membership@lquest.org](mailto:Membership@lquest.org).

### *Where can I get a replacement name badge or badge holder?*

- Lost your name badge? Contact [MembershipData@lquest.org](mailto:MembershipData@lquest.org).
- Misplaced your green badge holder? Replacements can be purchased for \$6 during office hours.

### *Can guests attend a LearningQUEST program?*

- Yes, we love having guests!
- Guests are invited to enjoy one single session if the class is not full.

### *How do I report my volunteer hours?*

- Have you contributed your time to LearningQUEST? If so, THANK YOU!
- Report your monthly hours to [VolunteerHours@lquest.org](mailto:VolunteerHours@lquest.org).

## LearningQUEST Human Resources Policy

LearningQUEST offers learning opportunities in an open and friendly environment with respect and dignity for all participants and presenters. LearningQUEST does not treat members or employees differently because of age, disability, ethnicity, gender, race, or religion. Furthermore, LearningQUEST does not tolerate any behavior from members, employees, presenters, or guests that interferes with any

LearningQUEST activity, which may include Special Interest Groups (SIGs), programs, trips, or other activities/outings. If anyone thinks they have been treated unfairly, they can file a complaint with the Human Resources Committee, and it will be investigated thoroughly. LearningQUEST Human Resources may be contacted at [HumanResources@lquest.org](mailto:HumanResources@lquest.org).

# MEMBER COURSES (WITH TERM FEE)

*Term Fee of \$30 Required for Unlimited Courses*

**Downtown Library:** AUD (Auditorium), 2FL (2nd Floor Events Room), Studio (Makerspace Studio, 1st floor), A (beside Auditorium), FCR (Foundation Conference Room, 2nd floor), **South Huntsville Public Library:** SLib (Classroom)

## 1-Clinical Psychology Conundrums: Normalcy, Stress, Anxiety, and Depression

**Instructor:** William (Bill) Confer  
**Dates:** 4 Thursdays Jul. 10 – 31  
**Time:** 10 – 11:30  
**Location:** 2FL

Even “normal” people occasionally do abnormal things. Where does normality end and abnormality begin? Some stress is good for us, but too much stress makes things worse. Everyone feels anxious and sad on occasion, but what is the separation between an anxious or depressed mood from an anxiety or depressive disorder? You can learn how clinical psychology has dealt with these conceptual and definitional conundrums, leading to strategies to help distressed individuals resolve extraordinary stresses, anxiety, and depression.

## 2-Italian for Travel

**Instructor:** Adelaide de Almeida  
**Dates:** 6 Mondays Jul. 14 – Aug. 18  
**Time:** 10 – 11:30  
**Location:** 2FL

Are you eager to visit Tuscany, Naples, or Rome and feel comfortable communicating with locals? This course is for all students, with or without a background in Italian. Learners will gain skills in pronunciation, vocabulary, verbs, numbers, and key dialogues to navigate their next trip with ease.



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## 3-Public Speaking Made Easy Part 2

**Instructor:** Lue Williams  
**Dates:** 5 Wednesdays Jul. 16 – Aug. 13  
**Time:** 10 – 11:30  
**Location:** 2FL

In Part 1 of Public Speaking Made Easy, we covered how to attack the fear of public speaking and formatting a speech. In this course, we will break down the three major sections: (1) The Opening, (2) The Body, and (3) The Closing. In this course, you will learn the best techniques for developing each section. Finally, you will analyze what makes an impactful speech.

## 4-American Poetry in the 21st Century

**Instructor:** Jeff Nelson  
**Dates:** 4 Fridays Jul. 18 – Aug. 8  
**Time:** 10 – 11:30  
**Location:** 2FL

What is the nature of American poetry in the 21<sup>st</sup> century? Who are the leading poets, and why are they recognized by their peers? How and why do these poets move us and influence our own lives? In this course, we will discuss several representative poems with an eye to larger literary movements. No previous knowledge of poetry is required. In some ways, this is a course on how to read a poem.

## 5-A Deep Understanding of the Relationship Between Energy, Nutrition, and Fitness

**Instructor:** Auston Cherbonneaux  
**Dates:** 1 Tuesday Jul. 22  
**Time:** 10 – 11:30  
**Location:** AUD

Many have heard of the calorie, but not many have heard where the calorie comes from and how heat becomes associated with respiration. Come learn how this fundamental measurement to nutrition, fitness, and health was conceived with ice spheres and guinea pigs with Laplace and Lavoisier; and how the concept of heat energy became associated with biological function from Joule, Helmholtz, Faraday, Leibig, Voit, Rubner, Atwater, and Peters. Finally, together we will discover how the electrons' role in thermodynamics fundamentally changed our concept and philosophy of energy, and how to understand biophysical energy from our environment to promote and maintain our body and its biological systems.

## 6-A Primer in Stained Glass

**Instructor:** Ron Hogan  
**Dates:** 1 Wednesday Jul. 23  
**Time:** 9:30 – 12  
**Location:** Huntsville Stained Glass

Stained glass is both a craft and an art that remains mostly unchanged for centuries. This art still takes, as it did centuries ago, time, patience, skill, and an eye for design and color. This course introduces the participant to how various types of glass are manufactured and stained. Design and structure will be discussed as well

The opinions and views expressed by presenters of LearningQUEST programs are solely those of the presenters and do not necessarily represent the views of the LearningQUEST organization or its Board.



as color and texture. The process of cutting, assembling, glazing, cleaning, and installing will be overviewed and demonstrated to the extent possible. Lastly, the malleability and a versatile application of stained glass will be considered. This program will be held at Huntsville Stained Glass, 508 Andrew Jackson Way NE, Huntsville, AL 35801. *Max: 12*

### 7-Beginning Spanish

**Instructor:** Elaine Fredericksen  
**Dates:** 6 Wednesdays Jul. 23 – Aug. 27  
**Time:** 1 – 2:30  
**Location:** SLIB

This course is designed for students with or without some background in Spanish who want to improve their language skills. It will be presented in a lively atmosphere with lots of student participation, but no homework! The emphasis of the course is to have fun while learning. No pressure and with plenty of opportunities to make friends. *Max: 36*

### 8-Beyond Healthcare: Crestwood's Commitment to Community

**Instructor:** Justin Serrano  
**Dates:** 1 Monday Jul. 28  
**Time:** 10 – 11:30  
**Location:** Crestwood Hospital

Join the CEO of Crestwood Medical Center as he presents the hospital's *Community Benefit Report* highlighting the positive impact Crestwood has on Huntsville and the surrounding areas. This presentation will showcase how the hospital supports the community beyond patient care—through charitable contributions, health education, outreach programs, and economic investment. This presentation is an opportunity to understand how Crestwood is committed to the well-being of North Alabama, ensuring that quality healthcare remains accessible and sustainable for all. Also, he will share how Crestwood's initiatives, such as financial assistance programs, partnerships with local organizations, and workforce development efforts help improve access to healthcare and strengthen the local economy. This program will be held in the First Floor Conference Room, Crestwood Hospital, 1 Hospital Drive, Huntsville, AL 35801. *Max: 30*

### 9-Armchair Travel Series #26

**Instructor:** Multiple  
**Dates:** 4 Mondays Jul. 28 – Aug. 18  
**Time:** 1 – 2:30  
**Location:** AUD



Grab a chair and take off on some fun travel adventures:

**July 28—December in France.** Travel north on the Seine River in France with Elizabeth Nimblett and Carolyn Mulcahy. There are stops in Paris, Rouen, the beaches of Normandy, and many other charming towns of northern

France. Walk in the footsteps of the distinguished Joan of Arc, some of the world's most infamous royalty, and heroic WWII soldiers.

**August 4—Walking With the Penguins.** Come take a walk with Terry Curtis where few men have had the opportunity to walk—Antarctica. Enjoy the beautiful, serene scenery and the amazing wildlife captured in their natural habitat: penguins, seals, albatrosses, and of course icebergs.

**August 11—Sailing Down The Danube.** Join photographer Barbara Staggs on a cruise down the Danube. Enjoy the old town's patrician houses in Passau, Germany; visit Gottweig Abbey in Krems; admire Vienna's architecture; view the stately Bratislava Castle in Slovakia; and sail into Budapest.

**Aug 18—A Wedding and New Year Adventure in China.** Nan Huber and her sister Ann Pearce share an exciting trip to China to attend a beautiful (and large) traditional Chinese wedding and celebrate the Lunar New Year 2025, the Year of the Snake.

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### 10-The BIG Picture: Huntsville's Recent Growth and Its Future

**Instructor:** Dennis Madsen  
**Dates:** 1 Tuesday Jul. 29  
**Time:** 10 – 11:30  
**Location:** AUD

Ten years ago, "The BIG Picture—Huntsville's Comprehensive Plan for Growth" kicked off. As the plan approaches this milestone, we will take a look back at how Huntsville has changed, and we will look forward to what may come in the next ten years.

### 11-Beginning Tai Chi and Qigong

**Instructor:** Xingrong Chen  
**Dates:** 10 Wednesdays Jul. 30 – Oct. 1  
**Time:** 10 – 11 (except Aug. 6, Sep. 3, Oct. 1)  
1:30 – 2:30 (Aug. 6, Sep. 3, Oct. 1)  
**Location:** AUD

Tai Chi is an ancient Chinese tradition that today is practiced as a graceful form of exercise. It is one of the most popular methods of movement for seniors. It involves a series of movements performed in a slow, focused manner and accompanied by deep breathing. Practicing Tai Chi can improve both physical and mental health. Qigong involves using exercise to optimize

energy within the body, mind, and spirit with the goal of improving and maintaining health and well-being.

*Min: 10 Max: 30*

### **12-Dengue: A Mosquito-Borne Virus— Awareness and Prevention for Any Trip**

**Instructor:** Gettie Audain  
**Dates:** 1 Thursday Jul. 31  
**Time:** 1 – 2:30  
**Location:** AUD

This presentation is a plain-language teaching tool designed to raise awareness about dengue prevention and can be translated for use by medical and community mission groups. Dengue is a mosquito-borne virus with four distinct strains. While an initial infection causes flu-like symptoms, a second infection with a different strain can trigger a severe immune response, leading to hemorrhagic fever or septic shock. Frequent travelers and volunteers in endemic areas—especially those on faith-based medical missions—are at higher risk. With no vaccine or cure, prevention is key. Protective measures include repellents, bed nets, layered clothing, screened living spaces, and eliminating mosquito breeding sites. Using a developmental research approach, the instructor created an instructional PowerPoint® presentation to educate church-based medical mission volunteers traveling to Africa. However, this information is vital for all travelers heading to dengue-prone regions. The goal is to prevent travelers from unknowingly bringing dengue home, reducing its spread and impact on global health.  
*Max: 85*



### **13-From Trash to Energy**

**Instructor:** Michelle Williams  
**Dates:** 1 Tuesday Aug. 5  
**Time:** 10 – 11  
**Location:** Huntsville Waste to Energy Facility

Learn what happens to your garbage after it gets dumped into the truck. After the truck dumps it out into a pit, where does the trash go? Is it just added to a pile or is it used to provide energy for the city? A new use has recently been created to provide more good things for the city. Take the tour and get answers to these and other questions you may have while learning more about trash's use. This course will be held at the Solid Waste Disposal Authority Huntsville Waste to Energy Facility, 5251 Triana Blvd SW, Huntsville, AL. 35805. *Max: 24*

### **14-Human Trafficking: The New Face of Slavery**

**Instructor:** Patricia McCay  
**Dates:** 2 Tuesdays Aug. 5 – 12  
**Time:** 2 – 3:30  
**Location:** AUD

This course provides a comprehensive overview of human trafficking, focusing on both sex trafficking and labor trafficking. The first part examines sex trafficking, its forms, and the individuals most vulnerable to

exploitation. Participants will learn where it occurs, why interstates play a key role, and how to recognize the signs of a trafficked victim. It also addresses the dangers of the internet, the role of traffickers, and the factors driving demand. Real-life cases from Alabama illustrate the issue and provide context for identifying suspicious situations. The second part covers labor trafficking, exploring its forms, vulnerable populations, and examples within Alabama. Participants will also learn about international products made with forced or child labor and the importance of fair trade practices. Practical guidance will be provided on recognizing and responding to trafficking, along with resources for reporting suspected cases. Both sections emphasize how anyone can get involved to help combat trafficking. Attendees will leave with a deeper understanding of the realities of human trafficking and actionable steps to make a difference in their communities.

### **15-Introduction to the Zentangle Method of Drawing**

**Instructor:** Beth Powell  
**Dates:** 3 Thursdays Aug. 7 – 21  
**Time:** 1 – 2:30  
**Location:** 2FL

Zentangle is a drawing method using short, simple strokes to create non-representational patterns and designs using a few basic tools. It does not require previous drawing skill as it is a mindful process focusing on repetitive lines and shading. All patterns can be broken down into the same strokes used to make the letters i, c, s, and o. Drawing “tangles” is relaxing, increases focus, and still allows each person to create beautiful patterns. The process was developed by husband-and-wife team Rick Roberts and Maria Thomas, and the method enjoys an international following. Recommended materials: Bristol paper pad, 2B graphite pencil, blending stump or tortillon (available at Hobby Lobby, Michaels, Walmart, Staples, etc.).  
*Max: 10*



#### ***PRESENTATION SUPPORT NEEDED***

You are going to a program anyway, so why not help set up the computers for the presenter? Training provided. It is easy! Contact AV@lquest.org.

### **16-Chair Yoga Online**

**Instructor:** Kristin Mumper  
**Dates:** 7 Thursdays Aug. 7 – Sep. 18  
**Time:** 10 – 11  
**Location:** Online

Everyone can participate in these online Zoom chair yoga sessions. These 45-minute sessions will be great for beginners and those on a tight schedule. Sessions will work on mindfulness, joint mobility, flexibility,



balance, and breathing practices while learning basic poses, flows, and modifications. The instructor works neuroplasticity brain games into all sessions. Attendees may choose to come out of the chairs briefly to work on standing movements, always within reach of the chair. This course is intended to build community and guide students to a better connection with themselves. As for supplies, all that is required is a sturdy chair with no wheels or arms. Wheelchairs are welcomed. Occasionally, participants may utilize household items. Zoom can be used over a phone, tablet, or computer. Beginners, seniors, and the yoga shy are encouraged to join! *Max: 100*

### 17-The Civil Rights Movement in the Rocket City

**Instructor:** Sonnie W. Hereford IV  
**Dates:** 1 Friday Aug. 8  
**Time:** 1 – 2:30  
**Location:** AUD

The Civil Rights Movement in Huntsville played a significant role in the broader struggle for racial equality during the 1960s. While Huntsville was known for its rapid growth and technological advancements, it also faced deep-seated segregation and discrimination. Listen as Sonny Hereford IV presents pictures and detailed accounts of the Civil Rights Movement in North Alabama—from the 1930s to the present, including his own story as the first Black child who made history in 1963 to integrate a public school in Alabama. Accompanied by his father, Dr. Sonnie W. Hereford III—a prominent physician and civil rights activist, the presenter's actions marked a significant victory in the fight against educational segregation.

**FUN!**

**Friendship!**

The **MEETup** Committee invites you to concerts, lunches, trivia, and more!

Be sure to check the **Saturday weekly email E-News** for details on upcoming events!



### 18-Understanding the Importance of Preventive Care Visits

**Instructor:** Yumna Riyaz  
**Dates:** 1 Tuesday Aug. 12  
**Time:** 10 – 11:30  
**Location:** AUD

This course is designed to educate the general public on the importance of preventive care visits as a critical element of primary care. Many patients are unsure why

specific screenings and tests are performed or how they benefit from them. Additionally, we will discuss how proper preparation before an appointment can lead to a smoother and more efficient visit. As part of this course, we will define and explore the AAFP and USPSTF guidelines, emphasizing why annual wellness exams are essential and how they contribute to disease prevention. By actively participating in these visits, patients can significantly reduce their risk of developing chronic and potentially life-threatening conditions. Since screening recommendations frequently evolve, we will also review the latest guideline updates and discuss their impact on patient care. Through this initiative, we aim to empower individuals with knowledge, enabling them to take a proactive role in their health and well-being. *Min: 10*

### 19-International Dining

**Instructor:** Jane Wodtke  
**Dates:** 5 Tuesdays Aug. 12, Sep. 9, Oct. 14, Nov. 11, Dec. 9  
**Time:** 5 – 8  
**Location:** Various



Join us monthly for a different international dining experience. Starting in August, we will eat and critique Italian, Vietnamese, Greek, Indian, Thai, and more types of cuisine in and around the Huntsville area. Our rating plus pictures of these restaurants will be in the LearningQUEST Newsletter. *Mangia Tutti!! Min: 10 Max: 30*

### 20-Elder Law: A Survey of Estate Planning, the Probate Process & Planning for Incompetency

**Instructor:** Douglas C. Martinson, II  
**Dates:** 3 Wednesdays Aug. 13 – 27  
**Time:** 2 – 5  
**Location:** AUD

This course is divided into three sessions designed to provide a comprehensive overview of Elder Law and estate planning. Class Session # 1 is a discussion of the various documents and techniques that can be used to prepare a comprehensive estate plan. Class # 2 is a discussion of the probate process and how that process differs for a Testate Estate (one with a Last Will and Testament) vs. an Intestate Estate (one with no Last Will and Testament). Class # 3 is a discussion of special topics in Elder Law including Guardianships, Conservatorships, Long-Term Care Planning, Medicaid Planning, aid and attendance, and elder abuse. *Max: 100*

### 21-Chest Pain/Stroke Education

**Instructor:** Krystal Reliford, Rhonda Buckley  
**Dates:** 1 Friday Aug. 15  
**Time:** 1 – 2:30  
**Location:** AUD

This course will increase awareness of what to do when experiencing chest pain or facing the potential of a

stroke. Education on heart health is crucial. Attendees will learn to recognize the signs and symptoms of a heart attack and stroke, along with the appropriate actions to take in those situations. Stroke prevention will also be covered, along with practical advice on maintaining healthy habits to improve heart health.

## **22-The Making of a Mosaic for Holy Family School**

**Instructor:** Mary Ann DeMaoribus  
**Dates:** 1 Tuesday Aug. 19  
**Time:** 2 – 3:30  
**Location:** AUD

This presentation guides viewers through the process of creating a mosaic for the new academic wing of Holy Family School in Huntsville. It explores the design principles behind the artwork and the journey from concept to completion. Along the way, attendees will also gain insight into the school's community, its historical significance to Huntsville, and the presenter's artistic vocation.

## **23-Your Local Health Department—What Do You Know?**

**Instructor:** Gettie Audain  
**Dates:** 1 Thursday Aug. 21  
**Time:** 1 – 2:30  
**Location:** AUD

Your health department plays a vital role in protecting your community. The local health department monitors water quality and is responsible for approving septic systems and ensuring restaurant food safety. The health department examines improving healthcare access; its work extends far beyond pandemic response. It also maintains vital records and offers programs, including elder services. The Alabama Health Department provides over 30 programs to support community well-being. How much do you know about the services available to you?

## **24-Let's Do Lunch - Group 1**

**Instructor:** N/A  
**Dates:** 4 Tuesdays Aug. 26, Sep. 23, Oct. 28, Nov. 18  
**Time:** 11 – 12:30  
**Location:** Various

LearningQUEST "Let's Do Lunch"—Group 1 will lunch at various locations within the Huntsville/Madison area. Two weeks prior to the monthly luncheon, the Coordinator will identify the "Restaurant of the Month" and will obtain a head count of those planning to attend. Luncheon dates are Aug. 26, Sep. 23, Oct. 28, and Nov. 18. Please register for one group only; duplicate registrations will be removed. Group 1 will meet on Tuesdays. *Max: 20*

**Check out the Calendar of Events at LQUEST.org**  
 It's the best place to find all of the latest updates!

## **25-Let's Do Lunch - Group 2**

**Instructor:** N/A  
**Dates:** 4 Wednesdays Aug. 27, Sep. 24, Oct. 29, Nov. 19  
**Time:** 11 – 12:30  
**Location:** Various

See the description for Group 1. Group 2 will meet on Wednesdays. Note: Please register for one group only; duplicate registrations will be canceled. *Max: 20*



## **26-Let's Do Lunch - Group 3**

**Instructor:** N/A  
**Dates:** 4 Thursdays Aug. 28, Sep. 25, Oct. 30, Nov. 20  
**Time:** 11 – 12:30  
**Location:** Various

See the description for Group 1. Group 3 will meet on Thursdays. Note: Please register for one group only; duplicate registrations will be canceled. *Max: 20*

## **27-Intermediate Tai Chi and Qigong**

**Instructor:** Xingrong Chen  
**Dates:** 6 Fridays Aug. 29 – Oct. 3  
**Time:** 10 – 11  
**Location:** AUD

Tai Chi is an ancient Chinese tradition that today is practiced as a graceful form of exercise. It is one of the most popular methods of movement for seniors. It involves a series of movements performed in a slow, focused manner and accompanied by deep breathing. Practicing Tai Chi can improve both physical and mental health. Qigong involves using exercise to optimize energy within the body, mind, and spirit to improve and maintain health and well-being. *Min: 10 Max: 30*



## **28-Einstein's Relativities**

**Instructor:** James Beaupre  
**Dates:** 2 Tuesdays Sep. 2, 9  
 2 Thursdays Sep. 4, 11  
**Time:** 10 – 11:30  
**Location:** SLIB

Relativity, in the sense of the physical sciences, is the study of the comparison of observations by different observers. While a seemingly trivial pursuit, relativity has provided deep insights into reality and the universe. The approach taken in this class is to discuss the historical evolution of relativity: we will begin with Galileo and Newton and end with remarkable confirmations of Einstein's ideas. The topics by session: (1) Overview; (2) Galilean and special relativity; (3) General Relativity; (4) Black holes, cosmology, and gravitational waves.

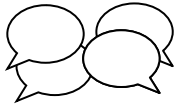
## 29-Gran Masters Percussion Class

**Instructor:** Frederick Walker  
**Dates:** 2 Wednesdays Sep. 3, 17  
**Time:** 12:30 – 1:30  
**Location:** Huntsville Drumline Percussion and Performing Arts Center

The Gran Masters program offers seasoned adults a free opportunity to gather together, learn percussion skills, and move their bodies in tune with one another. This course promotes physical movement, social interaction, and brain awareness. AND most important of all, it is great fun! All materials will be supplied. This program will be held at the Huntsville Drumline Percussion and Performing Arts Center, 1800 Jordan Lane NW, Huntsville, AL 35816. *Max: 20*

## 30-Front Porch Conversations

**Instructor:** June Norton  
**Dates:** 6 Wednesdays Sep. 3 – Oct. 8  
**Time:** 1 – 2:30  
**Location:** 2FL



Topics of current social, philosophical, and political issues will be considered, with civility, in a structured environment that allows each class member to actively participate in the dialogue. The purpose of meaningful conversation is to come to an understanding of the other—not to determine if they are good, bad, right, or wrong. It requires deep reflection and the ability to disagree with others while respecting their sincerity and decency. Attendees will customize the course by choosing the topics and identifying questions to be considered. *Min: 15 Max: 25*

## 31-The Art of Spain

**Instructor:** Debbie West  
**Dates:** 8 Thursdays Sep. 4 – Oct. 9, 23 – 30  
**Time:** 1 – 2:30  
**Location:** AUD

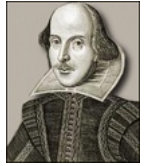
Join us for an 8-week course highlighting the Royal Collection of the Museo del Prado in Madrid and the fabulous museums in Barcelona. View and discuss the world's most lustrous collection of Spanish paintings—the finest works of El Greco, Zurbarán, Velázquez, and Goya. View also the greatest of the Prado's extraordinary possessions of Flemish and Italian masterpieces collected, confiscated during war, or commissioned by aristocratic Spain. The course will conclude with a look at more modern work by Picasso, Gaudí, Miró, and Dalí.

## 32-Shakespeare's Measure for Measure

**Instructor:** Jeff Nelson  
**Dates:** 3 Fridays Sep. 5 – 19  
**Time:** 10 – 11:30  
**Location:** 2FL

An absent ruler allows bordellos to flourish, a nun to be seduced, and a young lover to be executed—well

almost, since tragedy is averted at the last moment. And everyone is married; so, *Measure for Measure* is technically a comedy. Yet, at the end, neither the characters nor the audience seem very happy. What is Shakespeare up to? Why is this play controversial? Why is it both loved and hated? Most importantly, how can we approach it in a meaningful way? We will explore these issues via some DVDs and a close reading of the play.



## 33-Friday Film Festival: Pre-Code Queens of 1933

**Instructor:** Jennifer Garlen  
**Dates:** 4 Fridays Sep. 5, Oct. 3,  
Nov. 7, Dec. 12  
**Time:** 2 – 4:30  
**Location:** AUD



Break the rules and trample convention with four iconic leading ladies in “Pre-Code” films from 1933. Made before Hays Code enforcement strictly limited what films could show, these movies feature women who defy the norms of their own eras. Mae West opens the series with *She Done Him Wrong*, also featuring a very young Cary Grant. Jean Harlow goes to prison for Clark Gable in *Hold Your Man*, while Barbara Stanwyck seduces every man she meets in *Baby Face*. We end with the great Greta Garbo playing the 17th century Swedish ruler in *Queen Christina*.



## Need a hand on the path to retirement?

Traveling the path to retirement with someone you can trust can help keep you from veering from it. Contact me today and we can help make sure your retirement goals stay on track.



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### 34-Lessons in Leadership—Extraordinary Practices of Exemplary Leaders

**Instructor:** Jennie Robinson  
**Dates:** 1 Monday Sep. 8  
**Time:** 10 – 12  
**Location:** AUD

With 25 years of experience in both the public and private sectors, the instructor learned a framework for discussion with anyone looking to expand their circle of influence or serve more effectively in the community. In addition to the presenter sharing personal experiences, there will be an opportunity to help class members reflect on and unpack their own leadership stories. Using *The Leadership Challenge* by James Kouzes and Barry Posner, the course explores the five characteristics of exemplary leaders. Personal experiences related to these characteristics will be shared, while class members will be encouraged to examine their own personal best leadership moments. *The Leadership Challenge* profile, based on the practices of extraordinary leaders, will also be used to help participants identify their unique leadership strengths. Together, participants will discover opportunities for service in the community that will help them tap into vision, discover courage, execute with integrity, and encourage others in their service. Recommended text: *The Leadership Challenge* by James Kouzes and Barry Posner.

### 35-Audition: The Power of Hearing for Cognition and Communication

**Instructor:** Anita Giles  
**Dates:** 1 Tuesday Sep. 16  
**Time:** 10 – 11:30  
**Location:** 2FL

This presentation will review our sense of hearing and its importance for and impact on cognition and communication. This overview includes the incidence of hearing loss, how we hear, assessing hearing, and the importance of treating hearing loss. As time permits, comorbidities of hearing loss will be reviewed.



### 36-Type II Diabetes

**Instructor:** Kourtney Dunn, Sayeda Basith  
**Dates:** 1 Friday Sep. 19  
**Time:** 1 – 2:30  
**Location:** AUD

This course is designed to help individuals with Type II diabetes, their families, and caregivers gain essential knowledge for managing the condition effectively. The primary focus will be on practical strategies for nutrition, blood glucose monitoring, and preventative care. Participants will learn how dietary choices impact blood sugar levels, explore simple meal planning tips, and understand the importance of regular physical activity. While medication management will be addressed briefly, the emphasis will remain on what individuals can do themselves to achieve better control of their health. The course will provide a clear, relatable overview of key concepts, ensuring participants leave with actionable insights.

### 37-Funeral Planning 101

**Instructor:** Sarah Chappell  
**Dates:** 2 Tuesdays Sep. 23 – 30  
**Time:** 10 – 11:30  
**Location:** AUD

Planning a funeral isn't something that anyone really wants to do, but letting your family know your wishes is one of the most thoughtful gifts you can give them. Do you want a traditional burial or to be cremated? In either case, do you want a visitation and a service? Do you want your cremains buried or scattered at your favorite vacation spot? Is spreading your ashes even legal? Did you know that you can't just state that you want to be cremated, but that someone has to be willing to give the funeral home written permission for the cremation to take place? Learn about pre-planning options, how to ensure that your life is celebrated, and Alabama's cremation laws.

**The Membership Committee** offers many opportunities for involvement in LearningQUEST. If you are a people person and want to contribute, contact VolunteerLead@lquest.org.



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### Looking for a Website Developer

WordPress experience needed in development of a new LearningQUEST website. If you can help, please contact [Communications@lquest.org](mailto:Communications@lquest.org).

### 38-Early 20th Century American Poetry

**Instructor:** Walter Thames  
**Dates:** 6 Tuesdays Sep. 23 – Oct. 28  
**Time:** 2:30 – 4  
**Location:** 2FL

This is a survey of important works of American poets who created poetry about America in the early part of the century: Emily Dickinson, Robert Frost, Edgar Lee Masters, Carl Sandburg, T. S. Eliot, Ezra Pound, E. E. Cummings, and others. Throughout the six sessions, we will explore significant poems from these artists as they confront world wars, economic tumult, and the dramatic technological changes of the period.

### 39-Medicare 101

**Instructor:** Joe Fowler  
**Dates:** 1 Monday Sep. 29  
**Time:** 10 – 11:30  
**Location:** AUD

The program will include a general discussion of the basics of Medicare, the options of various Medicare plans, and where Medicare might be headed. Because we all (almost, anyway) are on Medicare, we face annual changes in what is/is not covered and what auxiliary coverage should be considered.

### 40-Great Decisions of 2025

**Instructor:** Peter A. Finzel  
**Dates:** 8 Wednesdays Oct. 1 – Nov. 19  
**Time:** 10 – 11:30  
**Location:** SLIB

Great Decisions is a program sponsored by the Foreign Policy Association; it has received rave reviews. The program is updated annually to highlight eight of the most thought-provoking foreign policy challenges facing Americans. Begun in 1954, the Great Decisions discussion program is intended to promote thoughtful discourse, bring people together to express their ideas and opinions, and learn from others. The program uses a video and a book from the Foreign Policy Institute. For more information on the Foreign Policy Association, visit <https://www.fpa.org>. Check out the "about" tab. For a list of topics to be discussed, visit the Great Decisions/Topic Resources at the "2025" tab. The required text: *2025 Great Decisions Briefing Book*, can be purchased for \$35 at the "bookstore" tab. *Min: 10 Max: 36*



### 41-Eating Disorders: How to Recognize, Prevent, and Support Others

**Instructor:** Allison Ash  
**Dates:** 1 Monday Oct. 6  
1 Wednesday Oct. 8  
1 Friday Oct. 10  
**Time:** 1 – 2:30  
**Location:** AUD

Eating disorders have the highest mortality rate of any mental illness, but they are not often talked about among friends, families, and communities. Eating Disorders is a three-part course to bring awareness to this prevalent and serious disease. Part 1: How to Recognize Eating Disorders. We will discuss the most common types of eating disorders and how people are impacted by them, including the signs and symptoms that accompany each one. Part 2: How to Prevent Eating Disorders Among Families & Communities. Presented for discussion in this session will be strategies to use to prevent eating disorders such as being overly critical of certain foods and/or talking negatively about bodies. Part 3: How to Support a Loved One with an Eating Disorder. Presented for discussion in this last session will be what steps to take to support a loved one who is struggling with an eating disorder. *Min: 3 Max: 50*

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### 42-Music and Philosophy

**Instructor:** Rolf J. Goebel  
**Dates:** 3 Tuesdays Oct. 7 – Oct. 21  
**Time:** 10 – 11:30  
**Location:** 2FL

Primarily, music is meant to be enjoyed on a personal level. But listening to music philosophically enables a person to probe more deeply into very important questions that clarify this subjective response: What is music and what does music do? Why do we feel a spontaneous resonance with some compositions, while others leave us cold? What is the meaning of music? What is the relation between musical sound, visual images, and verbal language? What role do music and media—technological reproduction—play? How does Artificial Intelligence affect music? What have major philosophers offered to reflect on these questions? Finally: How can music help us to live our lives more fully, deeply, and authentically? The course is addressed to a wide range of participants. No prior knowledge of the analysis of music or the ability to play an instrument is necessary.

## **A REMINDER...**

*always keep current by reading the weekly E-News  
and checking LQUEST.org for updates,  
course changes, and new offerings.*

### **43-Living Your Life, Including Death, With Purpose**

**Instructor:** Liz Hall  
**Dates:** 2 Thursdays Oct. 9 – 16  
**Time:** 10 – 11:30  
**Location:** 2FL

Purpose lends understanding and power to our lives. This course will explain how to live your life with purpose(s). You will learn how to understand and appreciate all the purposes you have served (sometimes, even without realizing it). Understanding the role of purpose will give you more power over your present and future, over decisions, and how to implement actions that give satisfaction and meaning to your life—even at our age in retirement! *Max: 30*

### **44-Cornerstones of Freedom: Huntsville's Black Community During the Reconstruction Era**

**Instructor:** Donna Castellano  
**Dates:** 3 Tuesdays Oct. 14 – 28  
**Time:** 10 – 11:30  
**Location:** AUD

As four million formerly enslaved men and women seized the opportunities of freedom, the congregation of Lakeside Methodist Episcopal Church shaped the development of the Huntsville we know today. Organized by the Missionary Society of the Methodist Episcopal Church, Lakeside Methodist was home to Huntsville's first public school for Black students. At a time when seven out of eight Alabamians lived in rural areas, Lakeside members lived within a few blocks of the courthouse square, participating in Huntsville's town life. While most Alabamians worked in agriculture, Lakeside members were educators, budding entrepreneurs, or had jobs connected to Huntsville's commercial economy. Lakeside members were politically connected, intellectually engaged, and took full advantage of the opportunities afforded by schools such as Rust Institute, an institution of higher learning founded by Richard Rust of the Freedmen's Society. This course introduces you to the men and women of Lakeside and their journey to civil and political equality.

### **45-Storytelling**

**Instructor:** Leah Oakley  
**Dates:** 1 Wednesday Oct. 15  
**Time:** 10 – 11:30  
**Location:** AUD

You are invited to enjoy a lively introduction to storytelling and its significance in our lives and culture. All stories are unique, and how they are told make them

even more interesting, whether involving music and/or other props. You will learn about how engaging storytelling performances might feature folktales, classics, personal stories, and especially audience participation. The presenter will introduce you to the pleasure and unique learning experience you will enjoy when you attend the annual Athens Storytelling Festival, and you will even receive your own special invitation to attend.

### **46-Maple Hill 35801**

**Instructor:** Multiple  
**Dates:** 1 Wednesday Oct. 15  
**Time:** 2 – 3:30  
**Location:** AUD

Rev. John Monro Banister (1818 – 1907) was a beloved minister in the Protestant Episcopal Church for 61 years. Lady Grace Hinds Curzon (1879 – 1958) was a countess and a marchioness and was awarded the Grand Cross. Dr. Thomas Fearn (1789 – 1863) studied surgery in London and Paris. He moved to Huntsville and became one of the most respected doctors in the country. He owned the local waterworks. Elizabeth Lowry (1800 – 1881) was a native of Madison County and played a role in the Underground Railroad. Her home still stands on Kildare Avenue. These former residents will have their stories of life in Huntsville revealed, and some interesting history of the city itself will accompany the presentation. All are buried in Maple Hill Cemetery.

### **47-US National Parks**

**Instructor:** Steve Jones, Chris Stuhlinger  
**Dates:** 6 Thursdays Oct. 16 – Nov. 20  
**Time:** 10 – 11:30  
**Location:** WellPoint

The Ken Burns National Parks video series will be used as the course core. We will combine viewing the series with facilitated discussions of our National Parks, focusing on history and nature. One of the most inviting features of the presentations is that we will speak from our own experience visiting the parks through the filters of our own rich professional and life experiences and our degrees in forestry. This program will be held at Residences at Wellpoint; 2940 Mill Run Rd; Owens Cross Roads, AL 35763. *Max: 55*



### **48-Twickenham Historic District Walking Tour- Group 1**

**Instructor:** Katie Stamps  
**Dates:** 1 Thursday Oct. 16  
**Time:** 1 – 3  
**Location:** Twickenham

This walking tour offers a unique look at the Twickenham Historic District. Located south and east of the Courthouse Square, most of the properties in Twickenham are private residences, although the district also features churches, commercial buildings and



offices, a former YMCA, a public school, a Masonic Lodge, and a public park. Listed to the National Register of Historic Places in 1973, the Twickenham neighborhood dates to the antebellum era and is known as a "living museum of architecture" since it "recognizes that every period of architecture, old or recent, is worthy of respect and that it is beneficial to study the various periods side-by-side." Over the past 50 years, preservation efforts have resulted in the restoration, renovation, and rehabilitation of scores of properties within the district. Bring only what you can carry comfortably (water, sunscreen, light snacks) and wear comfortable shoes. Fall weather can be unpredictable in Alabama, so participants should check the weather and dress accordingly. Also offered Nov. 6, Course #57. Please register for one tour only; duplicate registrations will be removed *Max: 35*

#### **49-Maples Family Farm and Black Angus Cattle**

**Instructor:** Ben Maples  
**Dates:** 1 Monday Oct. 20  
**Time:** 1 – 2:30  
**Location:** Madison Public Library

Attendees will be provided an overview and history of the Maples Family Farm, including the establishment of Maples Stock Farm. The influence and impact of the Maples Family on agriculture in Alabama and the Southeast, especially focused on their Black Angus

Cattle business, will be explained. We will conclude with a discussion answering the question: What is it like living on and operating a family farm over the years, but especially in 2025? This program will be held at the Madison Public Library, 142 Plaza Blvd., Madison, AL 35758.



#### ***Spring '26 Term Programs***

Got an idea for a new program? Just click on the "General Proposal Form" at the LQUEST.org website, and email your idea to [Proposals@lquest.org](mailto:Proposals@lquest.org).

#### **50-The Tennessee Valley Authority: Powering the Region, Shaping the Future**

**Instructor:** Bill Carter  
**Dates:** 2 Wednesdays Oct. 22 – 29  
**Time:** 10 – 11:30  
**Location:** AUD

The Tennessee Valley Authority (TVA), established in 1933 by the US Government, has been a crucial force in managing water resources and providing electricity across the Tennessee Valley region for nearly a century. This class will explore the history of the TVA, its impact on flood control and energy production, and what the future holds for this influential agency.

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## 51-Landscape Elements for 4 Seasons

**Instructor:** Lilly Oaks  
**Dates:** 1 Wednesday Oct. 22  
**Time:** 1 – 2:30  
**Location:** AUD

Learn how to have a landscape with year-round interest. Enjoy the seasons and learn how you can ensure change is reflected in your landscape in the most positive ways. Get expert answers to your questions about what will work and what won't.

## 52-Exposure of Time: The Birth and Evolution of Photography in Huntsville

**Instructor:** José A. Betancourt, Sean Berry  
**Dates:** 1 Friday Oct. 24  
**Time:** 1 – 2:30  
**Location:** AUD

The first evidence of photography in Huntsville came in about 1841. This was very early since the daguerreotype was invented only two years earlier in 1839. The main source for the art came from itinerant photographers who were traveling through, trying to make a living. Some were painters who found a better way to create a more realistic likeness of the sitter. Most of them took a chance, and some did not make it in their new endeavor. The ones who took that chance and were successful became important in spreading the knowledge. Some of the main characters are well known, and some are overlooked. One thing is certain: Alabama played an

important part in the early days of photography, and Huntsville has a part in this story. It is truly an exposure of time and changes.

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## 53-The Play's the Thing!

**Instructor:** Anna Blair  
**Dates:** 4 Mondays Oct. 27 – Nov. 17  
3 Wednesdays Nov. 5 – 19  
1 Friday Nov. 21  
**Time:** 10 – 11:30  
**Location:** 2FL

LearningQUEST actors will rehearse a one-act play for the first seven sessions. Then the class members will read or perform the play before a public audience on Friday, Nov. 21. *Max: 10*



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### 54-You be the Judge

**Instructor:** Tom Borchers  
**Dates:** 4 Mondays Nov. 3 – 24  
**Time:** 10 – 11:30  
**Location:** AUD



Get ready to step back into the Jury Box! Court is back in session with all new cases. Participants will be presented with several real life court cases to decide. Only after the class has discussed the facts and law and reached a "verdict," will the actual court decision be revealed. Many different kinds of cases will be presented—free speech, freedom of religion, death penalty, criminal punishment, personal injury, and libel, for example. You don't need a law degree to lend your view of a proper verdict in each case. *Min: 15*

### 55-Maintaining Your Home

**Instructor:** Alan McCrispin  
**Dates:** 1 Tuesday Nov. 4  
**Time:** 2 – 3:30  
**Location:** AUD

The presentation will highlight typical things to check for and maintain in a home. There will be a discussion of various approaches to maintenance requirements, frequency, what needs to be kept in tip-top shape for the family's enjoyment and health, and what potential buyers will look for and expect when it is time to sell one's home.

### 56-Mars Perseverance Rover Update

**Instructor:** Michael Stallcup  
**Dates:** 1 Wednesday Nov. 5  
**Time:** 1:30 – 3  
**Location:** AUD

Let's talk about distance and perseverance. A long-time NASA devotee will give an overview of NASA's Perseverance Mars rover. He will compare its similarity to NASA's Curiosity rover on Mars. The presentation will address NASA's plans for a return mission to identify and collect samples from Mars. The mission would transport rocks and soil from Mars to Earth for detailed analysis. Updates on Perseverance's progress will be presented.

### 57-Twickenham Historic District Walking Tour- Group 2

**Instructor:** Katie Stamps  
**Dates:** 1 Thursday Nov. 6  
**Time:** 1 – 3  
**Location:** Twickenham

This is a repeat of the tour being offered on October 16. Please register for one tour only; duplicate registrations will be removed *Max: 35*



A special "Thank You" to C&A Printing for their help with LearningQUEST publications.

### 58-Snakes for Adults Who Aren't Sure About Snakes - Part 1

**Instructor:** Beth Girard  
**Dates:** 1 Thursday Nov. 13  
**Time:** 1 – 2:30  
**Location:** 2FL

Snakes are incredibly diverse animals with interesting anatomical, physiological, and behavioral adaptations. That being said, not everyone is a fan of this fascinating group of animals, which has its own niche in nature! Learn about those adaptations to help you see snakes in a new light. We will have a docile corn snake for handling if you feel up to it! *Max: 25*



*Join us at the 2025 LearningQUEST  
Annual Meeting on Wednesday,  
November 12th,  
Begins at 1 pm  
In the Downtown Library  
Auditorium.*

### 59-Dealing with the Internal Revenue Service

**Instructor:** Dolores Everett  
**Dates:** 1 Friday Nov. 14  
**Time:** 10 – 11:30  
**Location:** AUD

Ever wondered what happens if the IRS contacts you with questions, even when you believe you've done everything right? This class offers valuable insights on topics including the probability of an audit, collection and refund statutes, non-filing consequences, installment

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### 60-Snakes for Adults Who Aren't Sure About Snakes - Part 2

**Instructor:** Beth Girard  
**Dates:** 1 Thursday Nov. 20  
**Time:** 1 – 2:30  
**Location:** 2FL

This program is a continuation of the program offered last fall term "Snakes for Adults Who Aren't Sure About Snakes" which covered the anatomy, physiology, and behavior of snakes. Part 2 continues with snake identification as well as a deeper dive into the other reptiles found in Alabama. Part 1 is not a requirement to attend Part 2. *Max: 25*

### 61-Rightsizing Simplified: Tips for Transitioning Through Later Life

**Instructor:** Karen Wright  
**Dates:** 1 Tuesday Nov. 25  
**Time:** 2 – 3:30  
**Location:** AUD

Each person experiences many different phases of life—adolescence, higher education, marriage, retirement—at different points in time. Every new experience brings change, and change brings a transition. Transitions can be challenging for everyone involved, and a transition in the late part of your life can especially be challenging when it includes making decisions regarding items you've collected throughout your life. In this course, Certified Relocation and Transition Specialist Karen Wright will share knowledge from years of experience helping individuals right-size their lives. You can expect to walk away empowered with tips as you prepare for your next transition in life.  
*Max: 85*

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Organizational and leadership skills needed in the Communications Committee.  
Please contact [Communications@lquest.org](mailto:Communications@lquest.org).

### 62-Breaking the Highest Glass Ceiling—Female Astronauts

**Instructor:** Jane Maples  
**Dates:** 1 Thursday Dec. 4  
**Time:** 10 – 11:30  
**Location:** AUD

We will explore what might have been and what it was! We will look at the first six women selected as astronauts; the first woman selected to pilot and command the Space Shuttle (STS); and the first woman to command the International Space Station (ISS). Each was an extraordinarily brilliant and courageous woman, who opened doors for those who followed—their leadership and courage are commendable. Each was a highly qualified expert in her field who entered a male-dominated profession and excelled and overcame several obstacles and challenges. Before these eight women, there was the Women in Space Program (WISP). The thirteen women were chosen and tested by William Randolph Lovelace, the man who originally helped to develop the tests for NASA's Mercury Program in the early 1960s. The WISP was a privately funded project evaluating the fitness of women pilots for astronaut candidacy.



Many thanks to the Huntsville–Madison County Public Library and its entire staff. Their continuing support of our activities by use of facilities, equipment, and personnel is essential to the growth and success of LearningQUEST.  
Thanks to everyone at the Library!!!!

### 63-Greenland: More Ice Cubes Than Your Fridge and Twice as Cool

**Instructor:** Tom Ress  
**Dates:** 1 Wednesday Dec. 10  
**Time:** 10 – 11:30  
**Location:** AUD



Explore northeast Greenland, one of the most remote and pristine areas in the world. Apart from old trapper huts and a military outpost, there are few traces of human life in this raw part of the world. This is home to the world's largest national park, a 375,000-square-mile wilderness that is a haven for wildlife including musk oxen and polar bears. We'll sail on an expedition ship into the Arctic Circle; hike and kayak among fjords, glaciers,

and icebergs; and enjoy epic scenery. Visiting this fragile Arctic wilderness is a rare privilege, as only a few visitors are permitted here each year. You'll feel a deep sense of serenity in this wild and rugged region with white and blue icebergs floating in mirror-like water surrounded by looming mountains. Come enjoy this photographic trip into a vast uninhabited part of the world.

#### 64-Healthy Eating Made Easy & Delicious!

**Instructor:** Hoa Nguyen  
**Dates:** 1 Friday Dec. 12  
**Time:** 10 – 11:30  
**Location:** 2FL

This interactive and engaging program will demonstrate how healthy eating can be simple, delicious, and enjoyable. Specifically tailored to seniors, participants will learn to create nutritious Greek yogurt parfaits using simple ingredients like Greek yogurt, fresh fruits, granola, nuts, and natural sweeteners. The presenter will highlight the nutritional benefits of each ingredient and discuss how they can positively impact health, especially regarding heart health, blood pressure management, and overall wellness. Participants will assemble their own parfaits during the class, providing an enjoyable hands-on experience. The session aims to empower seniors with easy, tasty, and practical ways to maintain a healthy diet. *Min: 5 Max: 10*

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## MEMBER COURSES WITH PRE-PAID FEE (WITH TERM FEE)

Some courses require an additional fee that must be pre-paid to the Coordinator. Members registering for these courses will be in a "pending" status. The registration process is complete, and a member is enrolled in the course only when the coordinator receives the required fee, and there are spaces still available.

### F1-AARP Smart Driver Course

**Instructor:** Ron Akridge  
**Dates:** 1 Thursday Jul. 17  
**Time:** 9:30 – 4:30  
**Location:** AUD

LearningQUEST members can refresh their driving skills and may save money on auto insurance. The AARP Smart Driver course, according to AARP, is the nation's first and largest refresher course designed specifically for drivers aged 50 and older. Their goal is for you to encourage and train even safer drivers. The course will provide a review of driving skills and techniques, as well as strategies and tips to help adjust to normal age-related changes that may affect driving ability. This highly interactive course will be conducted in a classroom setting with visuals. Participants will each be provided with their own Smart Driver Guidebook to keep as a reference. At the completion of the course, members will be provided with a certificate to be submitted to insurance companies for a possible premium discount. Fee: \$20 for AARP Members, \$25 for all others.

*Min: 10 Max: 40*

### F2-Cozy as a Quilt Card Workshop

**Instructor:** Jill Stallcup  
**Dates:** 1 Monday Aug. 25  
**Time:** 1 – 2:30  
**Location:** SLIB

This workshop will feature three card kits, all with a quilt theme. Three different designs will be featured using squares, circles, and strips to create the look of a quilt. All supplies will be provided, but if you prefer your own tools, that works as well. Fee: \$12 per person.

*Min: 4 Max: 12*

### F3-Pizzelle's Chocolate Tasting & Demo - Tour 1

**Instructor:** Michelle Novosel  
**Dates:** 1 Thursday Aug. 28  
**Time:** 2 – 3  
**Location:** Pizelle's Confections

Pizzelle's Chocolatiers & Pastry Chefs will demonstrate how we produce our delicious and beautiful chocolates, cakes, buttercream flowers, ice creams, & confections. You will be able to taste your way through our kitchens, sampling the products that we are producing that day. After the kitchen tour, there will be a chocolate tasting and a short lecture. This program will be held at Pizzelle's Confections; 2500 Clinton Ave. W; Suite D; Huntsville, AL 35805. Fee: \$20 per person. Also offered Sep. 18, course #F6. *Min: 8 Max: 12*

### F4-Fitness and Balance Class

**Instructor:** Debra Wade  
**Dates:** 6 Wednesdays Sep. 3 – Oct. 8  
**Time:** 10 – 11  
**Location:** The Episcopal Church of the Nativity, Ridley Hall

Are you ready to experience a fitness and balance class but not ready to dive in full speed? This 6-week course puts emphasis on balance, fall prevention, strengthening, and flexibility. Brain work is incorporated into each class, as working the mind with the body is important to staying healthy. The instructor offers a gentle entry to an important experience toward a stronger body. Participants should bring dumbbells with their choice of weights and water. The program will be held in Ridley Hall at The Episcopal Church of the Nativity, 208 Eustis Avenue, Huntsville, AL 35801. Free parking is available across the street. Fee: \$20 per person. *Min: 12 Max: 40*

### F5-Gift Card Holders Workshop

**Instructor:** Jill Stallcup  
**Dates:** 1 Monday Sep. 15  
**Time:** 1 – 2:30  
**Location:** SLIB

Come create four fun gift card holders. There will be a take-out coffee cup looking snowman, a pop-up card holder, and two additional gift card holders. All supplies will be provided, but if you prefer your own tools, that works as well. Fee: \$12 per person. *Min: 4 Max: 12*

### F6-Pizzelle's Chocolate Tasting & Demo - Tour 2

**Instructor:** Michelle Novosel  
**Dates:** 1 Thursday Sep. 18  
**Time:** 2 – 3  
**Location:** Pizelle's Confections

This is a repeat of the tour being offered on August 28. Fee: \$20 per person. *Min: 8 Max: 12*

### F7-Wonderful Wilderness Card Workshop

**Instructor:** Jill Stallcup  
**Dates:** 1 Monday Sep. 22  
**Time:** 1 – 2:30  
**Location:** SLIB

This workshop will feature three card kits, all with a camping theme. Three different designs will be featured, two of which will be shape cards (a hiking boot and a flannel-looking shirt). All supplies will be provided, but if you prefer your own tools that works as well. Fee: \$12 per person. *Min: 4 Max: 12*



### **F8-Alpaca Farm Visit**

**Instructor:** Michelle & Bob Williams  
**Dates:** 1 Thursday Nov. 6  
**Time:** 10:45 – 11:45  
**Location:** Rockhouse Alpaca Farm



Rockhouse Alpaca Farm, located in a residential area of Meridianville, proudly notes that "they were there first," as owners Michelle and Bob Williams explain. While the neighborhood has grown around them, most

homeowners have embraced their charming, furry neighbors. The farm welcomes visitors by appointment, offering an opportunity to learn about the history and unique personalities of these beautiful animals. The fee supports the alpacas' care—and as the owners jokingly add, "they do like to eat!" This program will be held at the Rockhouse Alpaca Farm; 381 Monroe Road; Meridianville, AL 35759. Fee: \$10 per person.  
*Min: 20 Max: 20*

## **LIBRARY-SPONSORED TRAINING (NO TERM FEE)**

Although no term fee is required for Library-Sponsored Training, registration is required for scheduled programs.

### **L1-Historical Perspectives Book Club**

**Instructor:** Jaimee Hannah  
**Dates:** 5 Thursdays Aug. 7, Sep. 4,  
Oct. 2, Nov. 6, Dec. 4  
**Time:** 10 – 11:30  
**Location:** 2FL

Explore history through fiction as we delve into novels that bring the past to life. Selected books will offer not just compelling stories, but a deeper understanding of the events, people, and cultures that shaped our world. This club is perfect for those who wish to explore how fiction can illuminate the complexities of history. Join us for insightful conversations, rich analysis, and a shared passion for both history and storytelling. *Min: 8 Max: 16*

### **L2-Making Model Airplanes**

**Instructor:** Lauren Hinds  
**Dates:** 1 Thursday Aug. 14  
**Time:** 1:30 – 3:30  
**Location:** Studio

Celebrate National Aviation Day by making scale model airplanes out of common household materials. This craft is easy to replicate at home with other types of airplanes! *Max: 12*

### **L3-Phone Accessibility**

**Instructor:** Anna Burns  
**Dates:** 1 Tuesday Aug. 26  
**Time:** 2 – 3:30  
**Location:** 2FL

This program aims to cover the fundamentals of a phone's accessibility options, to ensure that everyone knows how to get their phone to best suit their needs. There is time after class for 1-on-1 assistance. *Max: 40*

### **L4-Paper Roses**

**Instructor:** Lauren Hinds  
**Dates:** 1 Thursday Sep. 18  
**Time:** 1:30 – 3  
**Location:** Studio

Make a custom bouquet of paper roses. These lovely blooms can be made from sheet music, recycled book pages, scrapbook paper, and more! *Max: 12*

### **L5-Getting Started with 3D Printing**

**Instructor:** Lauren Hinds  
**Dates:** 1 Thursday Oct. 2  
**Time:** 1:30 – 3  
**Location:** Studio

Learn the basics of 3D printing! This program will cover important terms, some core concepts, and how to find and request 3D prints at the library. We'll wrap things up with a Q&A session at the end. *Max: 12*

### **L6-Current Cyber Scams**

**Instructor:** Anthony Hale  
**Dates:** 1 Monday Oct. 6  
**Time:** 10 – 11:30  
**Location:** AUD

This program will discuss some general approaches to online security before looking at more recent scams and attacks by malicious actors. The program will focus on computer issues but will also include phones, email, texting, and social media messaging.

### **L7-A Senior's Guide to Gaming**

**Instructor:** Anna Burns  
**Dates:** 1 Monday Oct. 27  
**Time:** 1 – 2:30  
**Location:** 2FL

This program is designed to help seniors bridge the generation gap and connect with family through the exciting world of video games. In a relaxed and friendly environment, you will learn the basics of gaming, from understanding popular video game consoles to learning the lingo and mechanics behind the games your grandkids love. No experience needed—just bring your curiosity and willingness to learn! *Min: 12 Max: 23*

### **L8-Decorative Pie Box**

**Instructor:** Lauren Hinds  
**Dates:** 1 Thursday Nov. 6  
**Time:** 1:30 – 3  
**Location:** Studio

Make a faux pie out of felt and fabric, which doubles as a decorative storage tin! This craft is just in time for the fall holiday season! *Max: 12*

## SPECIAL INTEREST GROUPS (NO TERM FEE)

Special Interest Groups (SIGs) are organized and facilitated by current LearningQUEST members for those who share a similar interest. Participants must be current LearningQUEST members. No registration is required. For more information, email or call as directed in the SIG's description. To explore creating a new SIG, please contact the Program Development Committee (PDC) chair at [PDCChair@lquest.org](mailto:PDCChair@lquest.org).

### S1-Tai Chi

**Instructor:** Betsy Bock  
**Dates:** Mondays, Starting July 7  
except when Intermediate Tai Chi meets.  
**Time:** 1 – 2  
**Location:** 2FL

Practice your 24 Yang Style Tai Chi skills with other LearningQUEST members. Our goal is to keep practicing and improving together. We are mostly beginners, but all levels of experience are welcome. If you are interested in joining us or need more information, please contact Betsy Bock at [bbockg@yahoo.com](mailto:bbockg@yahoo.com).

### S2-Mah Jongg

**Instructor:** Janet Tedrow  
**Dates:** Mondays, starting July 7  
**Time:** 1 – 4  
**Location:** A

Mah Jongg players of all levels meet weekly on Mondays to play. Beginning class is available upon request. For information, contact Janet Tedrow at [wftedrow@aol.com](mailto:wftedrow@aol.com).



### S3-Hand and Foot

**Instructor:** Cheryl Hodges  
**Dates:** Thursdays, starting July 10  
**Time:** 12:30 – 4  
**Location:** A

Everyone, beginner to expert, is welcome to play the Hand and Foot variation of Canasta. Instruction and "cheat sheets" are provided upon request. For further information, contact Cheryl Hodges at [maxine46@ymail.com](mailto:maxine46@ymail.com).

### S4-UkeQUESTors Jam

**Instructor:** Theresa Miller  
**Dates:** Second and Fourth Sundays,  
starting July 13  
**Time:** 2 – 3:30  
**Location:** 2FL

The LearningQUEST UkeQUESTors are a special interest group (SIG) that provides an opportunity for ukulele players of all levels to meet in an open, unintimidating, and accepting environment to refine and expand their skills, and to "jam" and sing. Though players are assisted in development,



beginner lessons are not provided at this time. To wit, JUST HAVE FUN! One goal of the sessions will be for participants to gain confidence in their playing ability so they will be willing to perform in ensemble at events such as the Alabama Uke Fest. For information, contact Theresa Miller at [art.tree.hsv@gmail.com](mailto:art.tree.hsv@gmail.com). LearningQUEST members can also join the SIG by requesting membership to the UkeQUESTor SIG Facebook page. Once a member, the schedule, music resource webpage, and Zoom links will be available.

### S5-Bunco

**Instructor:** Joy Anderson  
**Dates:** Second Monday, starting July 14  
**Time:** 9:30 – 12  
**Location:** A

Come join us for a fun-filled morning of Bunco. As it is played today, Bunco is a social dice game played in teams of four involving 100% luck and very little skill (there are few decisions to be made). The rules are simple and can be learned in five minutes or less. Beginners and seasoned players are welcome. For information, contact Joy Anderson at [jma82182@aol.com](mailto:jma82182@aol.com).

### S6-Great Literary Conversations

**Instructor:** Bob Stagg  
**Dates:** Mondays, starting July 14  
**Time:** 3 – 4:30  
**Location:** Online

This literary discussion group reads one selection each week and discusses the author, time period, and relevance in today's world. Since there is a new selection each week, prior attendance is not a requirement. Come when you are available. Notes are emailed on Friday detailing the upcoming selection. The anthology used changes each term. Contact Bob Stagg at 256-520-0417 for more information.

### S7-Poets' Corner

**Instructor:** Liz Hall  
**Dates:** Last Wednesday, starting July 30  
**Time:** 1:30 – 3  
**Location:** Foundation Conference Room

This special interest group is for members who enjoy reading or writing poetry and want to share that enjoyment with others. Whether you are a neophyte or a published poet, come join our conversations! Poems



will be written, shared, and discussed. Our conversations may include poetry by well-known as well as, perhaps, lesser-known poets whom we have enjoyed. The group will be loosely structured according to participants' interests. The purpose is to participate in a poetic appreciation of life! For more information, contact Liz Hall (256-881-6099 or lizhall076@gmail.com.)

### **S8-Friday Hiking**

**Instructor:** Jim Kirkwood  
**Dates:** Fridays, starting Sept 5  
**Time:** 9  
**Location:** Various

Explore a variety of local hiking trails in Madison County. Enjoy the trees, flowers,



and streams in our local forest preserves. Hike with other LearningQUEST members who appreciate the outdoors. Liability waivers are required. Hiking announcements with directions are provided weekly by email. If interested, please send an email to [hiking@lquest.org](mailto:hiking@lquest.org). For our hikes, it is recommended to wear sturdy hiking boots and to bring water and a hiking stick.



**Your tech questions answered.**  
Walk-ins welcome from  
10:00 a.m. - 2:00 p.m.  
on Fridays.  
For more information call  
256-532-5940.

## **PROGRAMS OPEN TO THE PUBLIC (FREE)**

Several public programs are offered by LearningQUEST each term as its gift to the community. No registration or fees. Registration for members is suggested during online registration or in-person registration. Please help spread the word and be sure to invite your friends and neighbors.

### **P1-Life in Zero Gravity Before and During Apollo**

**Instructor:** John Ofenloch  
**Dates:** 1 Tuesday July 22  
**Time:** 2 – 3:30  
**Location:** AUD

How do you live in zero gravity? When you turn a screwdriver, will you go around the tool? How do you eat, shower, or go potty? The experiments conducted to discover answers to the how-tos will be discussed during the interview with John Ofenloch as conducted by interviewer Bill Nunn. Join us to learn the evolution of the man/system integration dealing with zero gravity and the isolation of space.

### **P2-More Music in the Movies**

**Instructor:** Billy Bob Nunn  
**Dates:** 4 Tuesdays Sep. 2 – 16, 30  
**Time:** 2 – 3:30  
**Location:** AUD

Once again on Tuesday afternoons in September, the air will be filled with wonderful music from some of Hollywood's most memorable productions. Join the crowd as LearningQUEST's favorite disc jockey escorts you down the red carpet to a world of exhilarating tunes from 80 different movies. Chances are great that you will leave the auditorium humming an Academy Award winner. Come hum along!

Facebook assistance needed.  
Please contact [SocialMedia@lquest.org](mailto:SocialMedia@lquest.org)

### **P3-Freedom Riders: The Campaign to Integrate Public Transportation, 1961**

**Instructor:** David Lilly  
**Dates:** 1 Tuesday Nov. 4  
**Time:** 10 – 11:30  
**Location:** AUD

Although less well known than the events in Birmingham and Selma, the story of the Freedom Riders is one of the most remarkable episodes of the Civil Rights Movement of the 1950s and 1960s. Their courageous effort to end segregation in public transportation was marked by determination in the face of brutal violence and systemic injustice. Presenter David Lilly will recount the dramatic events of that spring and summer—from the firebombing of a bus outside Anniston, Alabama, to the determined campaign that filled the jails of Jackson, Mississippi.

### **P4-Celebrate the 4th Estate!**

**Instructor:** John Archibald, Kyle Whitmire  
**Dates:** 1 Friday Dec. 5  
**Time:** 12 – 2  
**Location:** TBD

This program continues what has become an annual speaking opportunity for these prize-winning journalists from Alabama Media Group. They will be discussing the work they have done since last year's visit with LearningQUEST, the final products that we read, and the back stories that inspired their writing. Our speakers encourage audience participation and will answer as many questions as the audience wants to ask!



Special thanks to WLRH for their support in helping spread the word about LearningQUEST.



# LEARNINGQUEST INSTRUCTORS

Number in ( ) indicates Term Program(s), Fee (F), Trip (T), Library (L), or Public (P) being presented by Instructor.

**Ron Akridge** gave 20 years of dedicated service to the U.S. Air Force, honing a strong work ethic, attention to detail, and a commitment to excellence. After leaving the Air Force, he applied those skills as a real estate professional to help clients find their dream home. He and his wife enjoy the great outdoors, camping, hiking, and boating. Ron states that this love for nature instilled in him a deep appreciation for community and a desire to help others. After retiring, he became a volunteer AARP Safe Driving instructor as a way of giving back to the community that has given so much to him. (F1)

**John Archibald** has been a journalist in the South for more than 35 years. He is a two-time winner of the Pulitzer Prize. He is the recipient of many national awards and commendations, most recently for his work on Brookside, Alabama. In addition to his journalistic endeavors, John is also a teacher, a critically acclaimed author, and playwright. In 2023, he was named the inaugural Writer in Residence at Boston University. (P4)

**Allison Ash, Ph.D.**, is the President, Founder, and Creator of Allison Ash Recovery Coaching, LLC. Before starting this business, Allison worked in higher education for 15 years and most recently served as the assistant vice president at a consulting firm. Her research involved racial justice in higher education, publishing many articles and a book in this area. Allison decided to make a career shift after recovering from an eating disorder that developed later in life. She is now committed to helping others recover too. She has two daughters and one dog and lives in the Chicago area. (41)

**Gettie Audain, DHSc**, has over 35 years of nursing experience in emergency care, gastroenterology, and public health. As a first-generation Haitian-American, she served underserved communities, including HIV/AIDS patients in Miami's Little Haiti. A retired U.S. Public Health Service officer, she served in major disaster deployments including Hurricane Katrina, the 2010 Haiti Earthquake, and Ebola and Zika outbreaks. She later managed federal health programs and grants at HHS. Dr. Audain holds a Doctor of Health Science degree in global health. Her spare time focuses on her passion for education and service, and she enjoys nature and community. (12, 23)

**James Beaupre, Ph.D.**, attended Iowa State University for graduate studies and received a Ph.D. in theoretical physics. He continued his education as an Atomic Energy Commission Post-doctoral Fellow at the Stanford Linear Accelerator Center and worked as a physicist at a German university. After five years, he returned to the United States and began employment at Teledyne Brown Engineering in Huntsville, Alabama. He taught a graduate-level course at the University of Alabama in Huntsville. In 2004, he received several major awards from Teledyne, including Teledyne Brown Engineering Fellow for lifetime technical achievement. (28)

**Sean Berry** is a photography student at the University of Alabama in Huntsville. For the past three years, he has collaborated with Professor Betancourt on *The Birth and Evolution of Photography in Huntsville*. (52)

**José Betancourt** is Professor of Art and Photography at the University of Alabama in Huntsville's Department of Art, Art History and Design. He received his Bachelor of Arts from the University of South Florida and his Master of Fine Arts degree in Photography from the City University of New York-Hunter College. José's personal projects are inspired by old photographs and collective memories to help tell stories that are not widely known. His latest work revisits the historic travels of Astronomer/Photographer Charles Piazza Smyth, who used a stereo camera to document his 1856 expedition to Tenerife, Spain. (52)

**Anna Blair, J.D.**, is a legal specialist in healthcare regulatory compliance and risk management, working to keep hospitals and doctors safe from trial lawyers and federal regulators. Blair is also educated and experienced in the dramatic arts as an actor and a director and spends a good amount of her free time on or near the stage. Her *Alabama Speaks Readers Theatre*

events have attracted the attention of AL.com. She also taught a popular class entitled *Alabama Reads*, which celebrates Alabama authors. (53)

**Tom Borchert, J.D.**, is a retired trial attorney. He practiced civil litigation in Los Angeles for 35 years before retiring and moving to Huntsville in 2014. He has presented several LearningQUEST classes in the past: *You Be the Judge*; *Alligators in the East Room & Other White House Tales*; and *Bogart, Nixon & the Supreme Court*. (54)

**Rhonda Buckley** has been a nurse for over 30 years with her main experience in Emergency Medicine. She has been with Crestwood Medical Center since 2009 and has worn many hats including Director of Emergency Management, Critical care, and the Cardiac units. She currently is the Stroke Coordinator and is very passionate and committed to improving community awareness to prevent heart attacks and strokes. (21)

**Anna Burns** is the HMCPL's Downtown's Workforce Development Technician. She also assists with computer learning classes. She draws upon both her time doing hiring as well as present-day research to keep abreast of workforce development topics. (L3, L7)

**Bill Carter** holds a B.S. in Electrical Engineering from Wichita State University and an M.B.A. in Business Management & Entrepreneurship. With a diverse technical background, Carter has contributed to laser-guided weapons systems and personal computer printer development. As a Production Manager, he played a key role in managing NASA space shuttle payloads, ensuring precision and innovation in mission-critical operations. His expertise spans defense, technology, and space exploration, blending engineering knowledge with leadership in highly technical environments. (50)

**Donna Castellano** has spent the past 30 years researching, writing, and preserving Alabama history. She began her professional career as an instructor in the University of Alabama Huntsville History Department but found her calling in a community classroom, dedicated to preserving Huntsville and Alabama's material culture. As the Executive Director of the Historic Huntsville Foundation, Castellano initiated programs that bring much-needed recognition to the histories of those in our state whose stories were overlooked and marginalized. (44)

**Sarah Chappell** is a licensed funeral director with 20 years of experience. She specializes in planning and arranging services, preplanning, and cremation laws. (37)

**Xingrong Chen**, an expert in Martial Arts, is a visiting scholar from Nanjing Forestry University and part of an International cultural exchange program with Alabama A&M University. (11, 27)

**Auston Cherbonneau** was previously certified as a National Strength and Conditioning Association Certified Personal Trainer, a National Strength and Conditioning Association Tactical Strength and Conditioning Facilitator, a National Academy of Sports Medicine Corrective Exercise Specialist, a United States Olympic Weightlifting Coach, and a United States Olympic Rugby Coach. He also holds certificates in athletic performance, weight loss, mental toughness, and nutrition from the American Council on Exercise and the National Academy of Sports Medicine. (5)

**William (Bill) Confer, Ph.D.**, retired from clinical psychology in 2016 after 38 years of practice. He is a diplomate of the American Board of Professional Psychology and the American Board of Sleep Medicine. He has written two books, been published in professional journals, and taught courses with the aim of making psychological principles accessible and applicable to the daily life of attendees. He and his wife Karin enjoy visiting their children and five grandchildren. He believes all individuals are entitled to be treated with courtesy, dignity, and respect. (1)

**Teresa (Terry) Curtis** holds a Master of Business Administration in Management and is currently semi-retired, working as a material planner for

Raytheon. In her free time, she enjoys planning her next adventures and traveling with family and friends. (9)

**Adelaide de Almeida, Ph.D.**, is a retired medical physics professor with an aptitude for languages. Born in Brazil, she is naturally proficient in Portuguese and also speaks English, Spanish, and Italian. She is interested in science, sports, and the arts. She became a U.S. citizen in 2019 and is an active LearningQUEST member. (2)

**Mary Ann DeMaioribus** has volunteered in many ways through her art with such organizations as the Huntsville Women's Tennis Association and Holy Spirit Catholic Church. She specializes in greeting cards and watercolor paintings of houses and people. (22)

**Kourtney Dunn, D.O.**, and **Sayed Basith, M.D.**, are Family Medicine resident physicians in Huntsville, AL, dedicated to diabetes care and management. They are passionate about helping patients achieve better health through personalized treatment plans, education, and lifestyle modifications. Their patient-centered approach empowers individuals to take control of their diabetes through informed decision-making. Dr. Dunn and Dr. Basith emphasize blood sugar monitoring, medication management, nutrition, and physical activity. Committed to improving health outcomes, they also address the emotional and social challenges of diabetes. Through education and advocacy, they strive to make a lasting impact on diabetes prevention and treatment. (36)

**Dolores Everett** has worked in the accounting area and income taxes while serving for 25 years as an agent for the Internal Revenue Service. A Certified Public Accountant, she also worked in private practice and as a consultant for 20 years. In preparation for her career, she attained a Master's degree from the University of Alabama, Huntsville. (59)

**Peter A Finzel, Ph.D.**, received his Doctor of Management Degree from the University of Phoenix in 2004. He also has a B.S. degree in Industrial and Systems Engineering from the Georgia Institute of Technology and an M.S. degree in Systems Engineering from the University of Tennessee. He grew up in Huntsville as the son of a German engineer who was part of the von Braun rocket team. He worked as a Computer Engineer Project Leader for missile systems for the U.S. Army Missile Command. After retiring in 2010, he has taken numerous LearningQUEST and Osher Lifelong Learning Institute classes over the last five years. (40)

**Joe Fowler** is a local Huntsville Medicare broker. He is an independent agent representing several insurance carriers. He has 14 years of experience assisting people to choose a Medicare plan. He has been married to Marilyn, a Huntsville native, for 48 years. They have two sons and four wonderful grandchildren. (39)

**Elaine Fredericksen, Ph.D.**, holds a B.A. in Spanish from the University of California, Los Angeles, an M.A. in English and American Literature from the University of Alabama, Birmingham, and a Ph.D. in Rhetoric and Writing Studies from the University of Alabama and served for many years on university faculties, most recently on the graduate faculty of The University of Texas at El Paso. She is a longtime member, instructor, and volunteer at LearningQUEST. (7)

**Jennifer Garlen, Ph.D.**, is a former member of the English faculty at the University of Alabama in Huntsville and a longtime volunteer with LearningQUEST. She holds a Ph.D. from Auburn University and is the author of several books, including *Beyond Casablanca: 100 Classic Movies Worth Watching*. (33)

**Anita Giles, M.S.**, CCC-A Audiologist, earned a Master's degree in Audiology in 1980 from the University of Montevallo. She has been a practicing audiologist for 43 years in both pediatric and adult settings. Anita has been employed at North Alabama ENT Associates for the past 12 years. (35)

**Beth Girard** is a retired natural resources educator. She continues to learn about the natural world and loves to share that knowledge with visitors to Tims Ford State Park, where she is a volunteer educator. She has been a Minnesota Master Naturalist since 2007 and graduated from the Tennessee Naturalist Program in 2023. She is enrolled in the Alabama Master Naturalist Program because lifelong learning is what life is all about!! (58, 60)

**Rolf J. Goebel, Ph.D.**, was born in Kiel, Germany, and holds degrees from Brown University (M.A. in English, 1977), the University of Kiel (Staatsexamen in German and English, 1979), and the University of Maryland (Ph.D. in German Language and Literature, 1982). From 1982 to 2020, he taught German language and culture at the University of Alabama in Huntsville. He is presently a Distinguished Professor Emeritus at this institution. Dr. Goebel is also active as a non-professional organist and harpsichordist, having served as the Dean of the Greater Huntsville, Alabama Chapter of the American Guild of Organists. (42)

**Anthony Hale** oversees the Technology Training Center at the Downtown Branch Library. He has written and taught classes in a wide range of technical areas including Cybersecurity, Microsoft Office, AI, and Photoshop. (L6)

**Elizabeth (Liz) Hall, Ph.D.**, is a retired college professor. She has been a consultant to adolescents and adults in her private practice: Skills for Success. She sees herself as a writer/teacher. Her writings include books, articles, short stories, and poetry. Her interests include travel, scuba diving, gardening, reading, volunteering, and thinking. She particularly enjoys self-help, political, and social topics. (43)

**Jaimee Hannah** is the Information and Business Center Manager at the Downtown Branch of the Huntsville-Madison County Public Library. She received her B.A. in English and Philosophy from the University of Alabama in Huntsville and her M.L.I.S. from the University of Alabama and has worked in libraries for over a decade. (L1)

**Sonnie W. Hereford IV** received his Bachelor of Science Engineering Degree from the University of Notre Dame in 1979, followed by his Master of Computer Science and Systems Engineering Degree in 1985 from Rensselaer Polytechnic Institute in Troy, NY. He began his career as a software engineer with General Electric Company in Schenectady, NY. In addition to supporting various Army programs as a software engineer, from 1986 to the present, Sonnie has participated in many charitable fund-raising activities including the United Way, United Cerebral Palsy, the American Heart Association, the Leukemia Society, the American Cancer Society, Big brothers-Big Sisters, Inc. to name a few. Currently he is working as a Senior Systems Engineer for Five Stones Research Corporation here in Huntsville, supporting Army missile programs. (17)

**Lauren Hinds** works in the Downtown Studio, one of the Makerspaces operated by the Huntsville-Madison County Public Library. With a passion for creative works, accessibility, and lifelong learning, Lauren endeavors to craft programs that are engaging, informative, and enjoyable. From technical skills, such as 3D printing, to the arts, she's got you covered for all things Makerspace! (L2, L4, L5, L8)

**Ron Hogan** grew up in LaPlace, Louisiana. As a young man with a natural inclination toward the arts, he took a class in stained glass, which led to an apprenticeship followed by years of study with a number of master craftsmen. In 2001, Ron launched his own business in Huntsville, Alabama, specializing in design and construction of both stained and etched glass art for the public. Huntsville Stained Glass employs a talented and dedicated staff that strives to produce quality art to enhance any setting. (6)

**Nan Huber** is a charter member of LearningQUEST, taught elementary school, and loves traveling at every opportunity. She is happy to share one of her travel adventures which she shared with her twin sister. (9)

**Steve Jones, Ph.D.**, is a retired university professor and former university president, a forest scientist, and a published author of three books. He publishes weekly blog posts on nature-inspired life and living. Dr. Jones has a B.S. in forestry and a doctoral degree in applied ecology. He brings deep passion for nature and informed and responsible earth stewardship. He is a husband, father, and grandfather. (47)

**David Lilly** has been on the staff at Huntsville-Madison County Public Library since 1977. He was Head of the Reference Department for many years and more recently a Librarian in the Special Collections Department. From 2005 to 2018, he created and led the Library's Tuesday Evening Concerts, bi-monthly events highlighting local musical talent who performed

in the Atrium at the Downtown Branch Library. He is also a frequent presenter for LearningQUEST on a variety of topics. (P3)

**Dennis Madsen, AICP**, received his master's degree in architecture from Georgia Tech and subsequently spent two decades working for private-sector architecture, urban design, and community planning firms in Atlanta. A member of the American Institute of Certified Planners, he joined the City of Huntsville in 2013 as the Manager of Urban and Long-Range Planning. Since then, he has been leading the award-winning comprehensive planning effort known as "The BIG Picture." (10)

**Jane Maples**, a native of Limestone County Alabama, grew up on one of the oldest Black Angus Cattle farms in the state. She has a B.S.B.A. from Auburn University and an M.B.A. from the University of Kentucky. Her 36+ year career with NASA began in Procurement as a Contract Specialist and concluded in the Chief Information Office as an IT Specialist. (62)

**Ben Maples** is an eighth-generation farmer from Elkmont, Alabama, dedicated to advancing his family's agricultural legacy at Maples Stock Farm. Established in 1818, the farm has been under continuous family operation and began specializing in registered Angus cattle in 1937. Today, Ben collaborates closely with his father Tommy and his grandfather Billy to manage the day-to-day operations, focusing on breeding quality Angus cattle suited for Southeastern cattlemen. (49)

**Douglas C. Martinson, II, J.D.**, graduated from the University of Alabama with a degree in Corporate Finance and Investment Management in 1986. His legal education was at Washington and Lee University School of Law in Lexington, Virginia, and he received an LL.M in tax law from the Boston University School of Law. His practice focuses on estate planning and probate, wills and trusts, guardianship, and elder law as well as corporate and business planning and disputes. In 2001, Doug was appointed by the Madison County Probate Judge as the County Conservator. (20)

**Patricia McCay** has a B.A. degree with a major in Marketing from the University of Alabama, Huntsville. Since 1993, she has been President/CEO of The Consulting Group, Inc. Building on her interest in human trafficking, Patricia is the Founder/Chair of the North Alabama Human Trafficking Task Force and Co-Founder/Chair of the Alabama Human Trafficking Task Force. In these roles, she has spoken extensively about human trafficking, giving over 60 public presentations over the last two years. Patricia was a contributor to the Alabama Human Trafficking Assessment Project. (14)

**Alan McCrispin** has been a home inspector for 25+ years. He is experienced in many areas of home repair and in preparation of homes as a "House Flipper." He is a US Navy Veteran who worked in Radar/Electronics. He is the proud father of two wonderful girls. (55)

**Carolyn Mulcahy** is interested in traveling just about anywhere. Her bucket list grows instead of shrinking! She is Gram to her fellow traveler & trip presenter, Elizabeth Nimblett. (9)

**Kristin Mumper** is a 500-hour certified and registered yoga teacher with a special interest in chair yoga and adaptive vinyasa. Her training includes certifications in Mindful Resilience for Trauma Recovery through Veterans Yoga Project, Adaptive Yoga through Mind Body Solutions, Chair Yoga through Yuva Yoga, and Brain Longevity through the Alzheimer's Research and Prevention Association. In the spring of 2023, she added Krista Fairbrother's Water Yoga to her repertoire. Her teaching style is lighthearted and dynamic, encouraging individual exploration while embracing creativity. (16)

**Jeff Nelson, Ph.D.**, recently retired after having taught English and Shakespeare at the University of Alabama in Huntsville for 30 years. His credentials include a B.A. from Illinois Wesleyan and an M.A. and Ph.D. from the University of Chicago. He has been a frequent presenter for LearningQUEST. (4, 32)

**Hoa Nguyen, M.D.**, is a Family Medicine Resident at Crestwood Medical Center, passionate about preventive care, lifestyle medicine, and community education. Dr. Nguyen has significant experience in patient education related to nutrition, chronic disease management (diabetes and hypertension), and health promotion. Dedicated to enhancing health literacy among seniors,

Dr. Nguyen utilizes practical demonstrations and interactive presentations to empower individuals to make informed dietary choices that enhance their quality of life and overall wellness. (64)

**Elizabeth Nimblett** is a rising junior at the University of West Florida in Pensacola, FL studying communications in the Air Force ROTC program. (9)

**June Norton** came to Huntsville in 1962 as a summer student with a fellowship from the Armed Forces Communication and Electronics Association to work for NASA. She has a B.A. in Elementary Education and an M.A. in Psychology and is retired from the Madison County School System. June enjoys friends, gardening, church activities, yoga, and reading, and believes learning is a lifelong activity. (30)

**Michelle Novosel** graduated from culinary school at the Art Institute of Tennessee in Nashville in 2009. She received her Professional Chocolatier Certificate, with Honors, from the Ecole Chocolat Professional School of Chocolate Arts in 2012 and is now an instructor for the Ecole Chocolat Masterclass - Color on Chocolate. In 2013, Michelle and her sister Caitlin Lyon opened Pizzelle's Confections, an award-winning eclectic mix of edible art and culinary exploration. (F3, F6)

**Bill Nunn** is a sixth-generation Huntsvillian, a member of the first graduating class at Butler High School, a graduate of the Alabama Polytechnic Institute School of Pharmacy in Auburn and a lifelong resident of Madison County. He is a volunteer and frequent instructor for LearningQUEST. (P2)

**Leah Oakley** lives in Athens, AL with her husband Ron. They have been married for 48 years and have two grown children and four beautiful grandchildren. Together they enjoy going to the beach and ball games and mostly just spending time together. Leah loves stories. She and Ron attend Donald Davis's Storytelling Workshop each summer in Ocracoke, NC. Leah has served on the Athens Storytelling Festival Board for seven years and is currently President of the Board. After being in the Athens City School System for 30 years, she retired last year to enjoy more stories and family time. (45)

**Lilly Oaks** is the Home Horticulture Extension Agent for Madison and Jackson Counties. She graduated from Auburn University in 2018 with a bachelor's degree in Horticulture. Originally from Danville, AL, Lilly also lived in Auburn, AL; Atlanta, GA; and Nashville, TN. After finishing college, she began her career in commercial landscaping as a seasonal color designer in Atlanta, then moved to Nashville. There she worked at a retail garden center before transitioning to a role as a personal horticulturist for a private members' social club. When not immersed in all things plants, you can usually find Lilly hunting for hidden treasures in antique shops, sipping coffee at a local café, or crafting floral arrangements. (51)

**John Ofenloch** holds a Bachelor of Science in Mechanical Engineering from Christian Brothers University, did graduate work in Nuclear Engineering at the University of Southern California, holds a Master in Administrative Science from the University of Alabama in Huntsville, and a Certificate from the Chester Karrass negotiating course. He worked for 52 years in engineering at Intergraph, Teledyne Brown Engineering, and Rockwell International. John retired in January 2011. He has served on numerous boards including the Huntsville Utilities Electric and Water and Gas boards, the American Red Cross, Historic Huntsville Foundation, and Public Radio. John also served on the University of Alabama in Huntsville Alumni Board of Directors and as President of the Huntsville Kiwanis and Huntsville Jaycees. He is active in church activities and a graduate of the Huntsville Police Academy. (P1)

**Ann Pearce** is a retired librarian who loves traveling with her twin sister, Nan Huber. She and Nan have previously shared their adventures to Egypt, Turkey, and Greece with LearningQUEST. (9)

**Beth Powell** is a dabbler in many fine arts and crafts. After a working career in medical technology, teaching Biological Sciences at Grissom High School and Calhoun, and analyzing manufactured DNA and RNA, she turned her mind to the creative arts. She is happy to challenge herself with attempting new craft projects and techniques and enthusiastically sharing what she learns. While not a Certified Zentangle Teacher, Beth is looking forward to sharing this simple drawing practice with others. (15)

**Krystal Reliford** is the Chest Pain Center Coordinator at Crestwood Medical Center. She has been a nurse since 2011. (21)



**Tom Ress** is on the Board of Wheeler Wildlife Refuge Association and is a volunteer naturalist who leads birding and kayak tours on Wheeler National Wildlife Refuge. He is a writer whose work has appeared in numerous publications and is the author of *Images of America: Wheeler National Refuge*. An avid adventure traveler, he has visited all seven continents, dozens of countries, and all 50 states. (63)

**Yumna Riyaz, M.D.**, is a Huntsville native who has lived in the area for nearly 14 years. She earned her undergraduate degree in Biological Sciences from the University of Alabama in Huntsville and attended medical school at Ross University in the Caribbean. Dr. Riyaz completed her Family Medicine Residency at Crestwood Medical Center, where she benefited from exceptional leadership and mentorship. These experiences have significantly influenced her approach to medicine. Committed to providing excellent patient care and practicing evidence-based medicine, she strives to make a meaningful impact on her community and the lives of her patients. (18)

**Jennie Robinson, Ph.D.** was elected to serve on the Huntsville City Council in 2014 after serving three terms on the Board of Education for Huntsville City Schools. She was re-elected in 2018 and in 2022 (when she ran unopposed). She has served as Council President and is only the second woman to serve in that role. She currently serves as President Pro Tem. Jennie received her doctorate from Purdue University and has over twenty years of leadership and governance consulting experience as the owner of a consulting company and as executive director of The ELM Foundation. (34)

**Justin Serrano** is the Chief Executive Officer of Crestwood Medical Center, bringing extensive leadership experience in hospital administration. Committed to enhancing healthcare access and quality, he oversees strategic growth, patient care initiatives, and community partnerships. Under his leadership, Crestwood continues to expand services, invest in the community, and strengthen local healthcare resources. With a background in hospital operations and a passion for community engagement, he plays a vital role in ensuring Crestwood remains a trusted healthcare provider for Huntsville and the surrounding region. (8)

**Barbara Staggs** is a former Special Education Teacher. Having traveled extensively, she is a popular presenter for LearningQUEST programs. She taught several photography classes, specializing in photographic composition. The Huntsville Photographic Society awarded her the title of Master of Photography. In 2020, she shared delightful pictures from her explorations in the canyons and valleys of the American West. (9)

**Jill Stallcup** is a longtime Madison resident and a lifelong crafter. She started rubber stamping and creating cards while still in high school. Her favorite thing is sharing her knowledge with others and learning from them as well. Thus, she has instructed many classes for card making and paper crafting. (F2, F5, F7)

**Michael Stallcup** grew up in Albuquerque, New Mexico, and has a B.S. in Civil Engineering from the University of New Mexico with an emphasis on structural analysis. After working for the Air Force for two years, he transferred to NASA/Marshall Space Flight Center (MSFC) in 1983, retiring in 2016. At MSFC, he provided structural analysis and testing support for Shuttle, Spacelab, International Space Station, Chandra X-ray Observatory, James Webb Space Telescope, various optical projects, Constellation, and SLS/Artemis. He lives in Madison, Alabama, and spends time as a docent at the U.S. Space & Rocket Center. (56)

**Katie Stamps**, a Madison, Alabama native, is the Preservation Planner for the City of Huntsville. In 2007, she received a B.S. in Secondary Social Science from Auburn University, where she led regular campus tours as a student recruiter. In 2010, while studying in Charleston, South Carolina, Katie received an M.S. in Historic Preservation from Clemson University/College of Charleston. Prior to working for the City of Huntsville, she was the Architectural Historian for Redstone Arsenal for seven years. She has led multiple architectural walking tours for the Historic Huntsville Foundation and served on the Madison Station and Huntsville Historic Preservation Commissions. (48, 57)

**Chris Stuhlinger** is a retired forester. Chris is a native of Huntsville who, after a full career out of state, retired to his hometown. (47)

**Walter Thames** is a lifelong lover of Yeats and has a particular affection for his later and more perplexing poems. Following graduate work in English at the University of North Carolina in Chapel Hill, Walter chose a non-academic career but has never abandoned a love for poetry and literature; it remains a key part of his daily study. Yeats has been a regularly featured poet in the decades-long Great Books poetry and art series at the Church of the Nativity. (38)

**Debra Wade** is a certified peak Pilates instructor. She has been teaching senior fitness for the past seven years for Steady for Life and the YMCA. She is an instructor through the National Association of Sports Medicine, a RedCord specialist, and a Yamuna Body Rolling practitioner. Debra has been teaching Pilates for the past 25 years and was a Pilates studio owner in Huntsville for ten years. It's been exciting to observe Debra's class participants improve their strength, flexibility, and balance. (F4)

**Frederick Walker** is a 2018 graduate of Alabama A&M University. He is a professionally trained percussionist and is classically trained in piano. Since 2010, Frederick has been responsible for developing musical skills and leadership training at Huntsville Community Drumline, a free non-profit organization in Huntsville, Alabama. Fred teaches private drum and piano lessons and is the pianist for Beans Creek Primitive Baptist Church in Huntland, Tennessee. He is married to the former Britanni Hewlett. They have a daughter, Luelani. (29)

**Debbie West** is a graduate of the University of Alabama in Huntsville with a bachelor's degree in art and art education. She taught for 25 years in the Huntsville City School system at all levels; elementary, junior high, and high school. She was awarded two Fulbright Scholarships to study the arts in China and Turkey. Debbie travels extensively to continue her studies in art and art history. (31)

**Kyle Whitmire**, a graduate of Birmingham Southern College, has spent the last 20 years covering the political culture of Alabama. In addition to a 2023 Pulitzer Prize, Kyle has received the Scripps Howard Foundation's Walker Stone Award for opinion writing, the Sigma Delta Chi award for best opinion writing from the Society of Professional Journalists, the Molly Ivins prize for political commentary, and the Mike Royko Award for commentary. (P4)

**Lue Williams** has studied public speaking for over 25 years. He began with giants like Les Brown and Zig Ziglar, then moved on to those like Jim Rohn, Eric Edmeades, Walter Bond, and Inky Johnson. Les speaks at different venues about public speaking. He also coaches, trains, and assists others in speech writing. Lue's passion is to share and pass on his love and joy of public speaking. (3)

**Michelle Williams** is a Special Projects Coordinator at the Solid Waste Disposal Authority of the City of Huntsville and is a member of the Green Team. (13)

**Michelle and Bob Williams** fell in love with the beautiful alpacas and decided to raise and breed them after retirement. The passion quickly grew as additional animals were acquired and their wool was sold to help with the upkeep. There are 21 alpacas at the farm and a couple more due in the spring. (F8)

**Jane Wodtke** grew up in a rural area outside of Louisville, Kentucky. She met and married her husband at the University of Kentucky and has a son and daughter. Jane was a Special Education teacher for 30 years. Since she moved to Huntsville after living in New Jersey for 29 years, she is enjoying her retirement with volunteer work and LearningQUEST. (19)

**Karen Wright** designed a service in 2009 for the senior clients of Life Simplified to help them rightsize their lives. Since then, her team of professional relocation specialists has facilitated moves for hundreds of happy clients in North Alabama. The Life Simplified team understands the burdens that a senior transition places on seniors and their families, and they are dedicated to simplifying the process every step of the way. Karen was the first Certified Relocation and Transition Specialist™ in Huntsville. She is also a member of the National Association of Senior Move Managers® and is a Certified Professional Organizer®. (61)

# LEARNINGQUEST CALENDAR

**Downtown Library:** AUD (Auditorium), 2FL (2nd Floor Events Room), Studio (Makerspace Studio, 1st floor), A (beside Auditorium), FCR (Foundation Conference Room, 2nd floor), **South Huntsville Public Library:** SLIB (Classroom)

## July 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
6	7 Tai Chi 1-2 2FL Mah Jongg 1-4 A	8 RALLY DAY	9	10 Psych. 10-11:30 2FL Hand & Ft 12:30-4 A	11	12
13 Uke 2-3:30 2FL	14 Italian 10-11:30 2FL Bunco 9:30-12 A Tai Chi 1-2 2FL Mah Jongg 1-4 A Lit Conv 3-4:30 Online	15	16 Pub Speak 10-11:30 2FL	17 Smart Driver 9:30-4:30 AUD Psych. 10-11:30 2FL Hand & Ft 12:30-4 A	18 Amer Poetry 10-11:30 2FL	19
20	21 Italian 10-11:30 2FL Tai Chi 1-2 2FL Mah Jongg 1-4 A Lit Conv 3-4:30 Online	22 Energy 10-11:30 AUD <b>Zero Gravity 2-3:30 AUD</b>	23 Stained Glass 9:30-12 Pub Speak 10-11:30 2FL Spanish 1-2:30 SLIB	24 Psych. 10-11:30 2FL Hand & Ft 12:30-4 A	25 Amer Poetry 10-11:30 2FL	26
27 Uke 2-3:30 2FL	28 Crestwood 10-11:30 Italian 10-11:30 2FL Tai Chi 1-2 2FL Arm Trvl 1-2:30 AUD Mah Jongg 1-4 A Lit Conv 3-4:30 Online	29 BIG Picture 10-11:30 AUD	30 Pub Speak 10-11:30 2FL Beg Tai Chi 10-11 AUD Spanish 1-2:30 SLIB Poets Cmr 1:30-3 FCR	31 Psych. 10-11:30 2FL Hand & Ft 12:30-4 A Dengue 1-2:30 AUD		

## August 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1 Amer Poetry 10-11:30 2FL	2
3	4 Italian 10-11:30 2FL Tai Chi 1-2 2FL Arm Trvl 1-2:30 AUD Mah Jongg 1-4 A Lit Conv 3-4:30 Online	5 Trash 10-11 Trafficking 2-3:30 AUD	6 Pub Speak 10-11:30 2FL Spanish 1-2:30 SLIB Beg Tai Chi 1:30-2:30 AUD	7 Chair Yoga 10-11 <b>Book Club 10-11:30 2FL</b> Hand & Ft 12:30-4 A Zentangle 1-2:30 2FL	8 Amer Poetry 10-11:30 2FL Civil Rights 1-2:30 AUD	9
10 Uke 2-3:30 2FL	11 Italian 10-11:30 2FL Tai Chi 1-2 2FL Arm Trvl 1-2:30 AUD Bunco 9:30-12 A Mah Jongg 1-4 A Lit Conv 3-4:30 Online	12 Preventive Care 10-11:30 AUD Trafficking 2-3:30 AUD Int'l Dining 5-8	13 Beg Tai Chi 10-11 AUD Pub Speak 10-11:30 2FL Spanish 1-2:30 SLIB Elder Law 2-5 AUD	14 Chair Yoga 10-11 Hand & Ft 12:30-4 A Zentangle 1-2:30 2FL <b>Airplanes 1:30-3:30 Studio</b>	15 Chest Pain 1-2:30 AUD	16
17	18 Italian 10-11:30 2FL Tai Chi 1-2 2FL Arm Trvl 1-2:30 AUD Mah Jongg 1-4 A Lit Conv 3-4:30 Online	19 Mosaic 2-3:30 AUD	20 Beg Tai Chi 10-11 AUD Spanish 1-2:30 SLIB Elder Law 2-5 AUD	21 Chair Yoga 10-11 Hand & Ft 12:30-4 A Zentangle 1-2:30 2FL Health Dept 1-2:30 AUD	22	23
24 Uke 2-3:30 2FL	25 Quilt Card 1-2:30 SLIB Mah Jongg 1-4 A Lit Conv 3-4:30 Online	26 Lunch - Gr 1 11-12:30 <b>Smartphone Access 2-3:30 2FL</b>	27 Beg Tai Chi 10-11 AUD Lunch Gr 2 11-12:30 Spanish 1-2:30 SLIB Poets Cmr 1:30-3 FCR Elder Law 2-5 AUD	28 Chair Yoga 10-11 Lunch Gr 3 11-12:30 Hand & Ft 12:30-4 A Pizzelle's Tour #1 2-3	29 Int Tai Chi 10-11 AUD	30

Programs are held at library locations unless noted. If no venue is listed, see the description or await coordinator contact.

Programs other than courses are differentiated with special formatting:

*Special Interest Group*

**Trip 2-4**

**Public Program 1-2**

**Library Program 1-2**

## September 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	<b>1</b> LABOR DAY Library Closed	<b>2</b> Einstein 10-11:30 SLIB <b>Music 2-3:30 AUD</b>	<b>3</b> Fit & Bal 10-11 Gran Masters 12:30-1:30 Front Porch 1-2:30 2FL Beg Tai Chi 1:30-2:30 AUD	<b>4</b> Chair Yoga 10-11 <b>Book Club 10-11:30 2FL</b> Einstein 10-11:30 SLIB <i>Hand &amp; Ft 12:30-4 A</i> Art of Sp. 1-2:30 AUD	<b>5</b> <i>Hiking 9 Various</i> Int Tai Chi 10-11 AUD Shakespeare 10-11:30 2FL Fri Film 2-4:30 AUD	<b>6</b>
<b>7</b>	<b>8</b> Leadership 10-12 AUD <i>Bunco 9:30-12 A</i> <i>Mah Jongg 1-4 A</i> <i>Lit Conv 3-4:30 Online</i>	<b>9</b> Einstein 10-11:30 SLIB <b>Music 2-3:30 AUD</b> Int'l Dining 5-8	<b>10</b> Fit & Bal 10-11 Beg Tai Chi 10-11 AUD Front Porch 1-2:30 2FL	<b>11</b> Chair Yoga 10-11 Einstein 10-11:30 SLIB <i>Hand &amp; Ft 12:30-4 A</i> Art of Sp. 1-2:30 AUD	<b>12</b> <i>Hiking 9 Various</i> Int Tai Chi 10-11 AUD Shakespeare 10-11:30 2FL Cannabis 1-2:30 AUD	<b>13</b>
<b>14</b> <i>Uke 2-3:30 2FL</i>	<b>15</b> Gift Card Holder 1-2:30 SLIB <i>Mah Jongg 1-4 A</i> <i>Lit Conv 3-4:30 Online</i>	<b>16</b> Audition 10-11:30 2FL <b>Music 2-3:30 AUD</b>	<b>17</b> Fit & Bal 10-11 Beg Tai Chi 10-11 AUD Gran Masters 12:30-1:30 Front Porch 1-2:30 2FL	<b>18</b> Chair Yoga 10-11 <i>Hand &amp; Ft 12:30-4 A</i> Art of Sp. 1-2:30 AUD <b>Paper Roses 1:30-3 Studio</b> Pizzelle's Tour #2 2-3	<b>19</b> <i>Hiking 9 Various</i> Int Tai Chi 10-11 AUD Shakespeare 10-11:30 2FL Diabetes 1-2:30 AUD	<b>20</b>
<b>21</b>	<b>22</b> Wilderness Card 1-2:30 SLIB <i>Mah Jongg 1-4 A</i> <i>Lit Conv 3-4:30 Online</i>	<b>23</b> Funeral 10-11:30 AUD Lunch Gr 1 11-12:30 Early 20th Cent Poetry 2:30-4 2FL	<b>24</b> Fit & Bal 10-11 Beg Tai Chi 10-11 AUD Lunch Gr 2 11-12:30 Front Porch 1-2:30 2FL <i>Poets Cmr 1:30-3 FCR</i>	<b>25</b> Hard Times 10-11:30 AUD Lunch Gr 3 11-12:30 <i>Hand &amp; Ft 12:30-4 A</i> Art of Sp. 1-2:30 AUD	<b>26</b> <i>Hiking 9 Various</i> Int Tai Chi 10-11 AUD	<b>27</b>
<b>28</b> <i>Uke 2-3:30 2FL</i>	<b>29</b> Medicare 101 10-11:30 AUD <i>Mah Jongg 1-4 A</i> <i>Lit Conv 3-4:30 Online</i>	<b>30</b> Funeral 10-11:30 AUD <b>Music 2-3:30 AUD</b> Early 20th Cent Poetry 2:30-4 2FL				

**There was a lady from Mass.,  
Who wanted to withdraw from a class.  
She wiggled and waited  
And then hesitated,  
Until the class was past.**

**Don't let this happen to you! Please  
withdraw if you can't attend.  
This opens a spot for someone else.  
Send an email to [Registrar@lquest.org](mailto:Registrar@lquest.org)  
with your name and the class you are  
unable to attend!**



**There once was a lady from Crest,  
Who showed up with one extra guest.  
She hadn't called in,  
Which caused quite a din—  
Now she checks LearningQUEST's rules  
to be best!**

**Many courses have strict attendance  
limits.**

**Please contact the Course Coordinator  
BEFORE taking a guest to a  
LearningQUEST course or event.**



## October 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			<b>1</b> Fit & Bal 10-11 Decisions 10-11:30 SLIB Beg Tai Chi 1:30-2:30 AUD Front Porch 1-2:30 2FL	<b>2</b> Book Club 10-11:30 2FL Hand & Ft 12:30-4 A Art of Sp. 1-2:30 AUD 3D Print 1:30-3 Studio	<b>3</b> Hiking 9 Various Int Tai Chi 10-11 AUD LQ FALL PICNIC Fri Film 2-4:30 AUD	<b>4</b>
<b>5</b>	<b>6</b> Cyber Security 10-11:30 AUD Tai Chi 1-2 2FL Eating Disorders 1-2:30 AUD Mah Jongg 1-4 A Lit Conv 3-4:30 Online	<b>7</b> Music & Phil. 10-11:30 2FL Early 20th Cent Poetry 2:30-4 2FL	<b>8</b> Fit & Bal 10-11 Decisions 10-11:30 SLIB Eating Disorders 1-2:30 AUD Front Porch 1-2:30 2FL	<b>9</b> Live Life 10-11:30 2FL Hand & Ft 12:30-4 A Art of Sp. 1-2:30 AUD	<b>10</b> Hiking 9 Various Eating Disorders 1-2:30 AUD	<b>11</b>
<b>12</b> Uke 2-3:30 2FL	<b>13</b> Lit Conv 3-4:30 Online  STAFF APPRECIATION DAY Library Closed	<b>14</b> Cornerstones 10-11:30 AUD Music & Phil. 10-11:30 2FL Early 20th Cent Poetry 2:30-4 2FL Int'l Dining 5-8	<b>15</b> Decisions 10-11:30 SLIB Storytelling 10-11:30 AUD Maple Hill 2-3:30 AUD	<b>16</b> Live Life 10-11:30 2FL Nat Parks 10-11:30 Hand & Ft 12:30-4 A Twickenham Group 1 1-3	<b>17</b> Hiking 9 Various	<b>18</b>
<b>19</b>	<b>20</b> Tai Chi 1-2 2FL Maples Farm 1-2:30 Mah Jongg 1-4 A Lit Conv 3-4:30 Online	<b>21</b> Cornerstones 10-11:30 AUD Music & Phil. 10-11:30 2FL Early 20th Cent Poetry 2:30-4 2FL	<b>22</b> Decisions 10-11:30 SLIB TVA 10-11:30 AUD Landscape 1-2:30 AUD	<b>23</b> Nat Parks 10-11:30 Hand & Ft 12:30-4 A Art of Sp. 1-2:30 AUD	<b>24</b> Hiking 9 Various Photography 1-2:30 AUD	<b>25</b>
<b>26</b> Uke 2-3:30 2FL	<b>27</b> Play 10-11:30 2FL Gaming 1-2:30 2FL Tai Chi 1-2 2FL Mah Jongg 1-4 A Lit Conv 3-4:30 Online	<b>28</b> Cornerstones 10-11:30 AUD Lunch Gr 1 11-12:30 Early 20th Cent Poetry 2:30-4 2FL	<b>29</b> Decisions 10-11:30 SLIB TVA 10-11:30 AUD Lunch Gr 2 11-12:30 Poets Cmr 1:30-3 FCR	<b>30</b> Nat Parks 10-11:30 Lunch Gr 3 11-12:30 Hand & Ft 12:30-4 A Art of Sp. 1-2:30 AUD	<b>31</b> Hiking 9 Various	



## Capture the Moment Help preserve the memory

Anyone can take pictures at events and email photos to LearningQUEST for archiving and potential publicity efforts.

Please send to [SocialMedia@LQUEST.org](mailto:SocialMedia@LQUEST.org) and include the date of the event and a brief description.

## November 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						1
2	3 Play 10-11:30 2FL Judge 10-11:30 AUD <i>Tai Chi 1-2 2FL</i> <i>Mah Jongg 1-4 A</i> <i>Lit Conv 3-4:30 Online</i>	4 <b>Freedom Riders</b> <b>10-11:30 AUD</b> Home Maint 2-3:30 AUD	5 Play 10-11:30 2FL Decisions 10-11:30 SLIB Mars 1:30-3 AUD	6 <b>Book Club</b> <b>10-11:30 2FL</b> Nat Parks 10-11:30 Alpaca 10:45-11:45 <i>Hand &amp; Ft 12:30-4 A</i> <b>Pie Box 1:30-3 Studio</b> Twickenham Group 2 1-3	7 <i>Hiking 9 Various</i> Fri Film 2-4:30 AUD	8
9 <i>Uke 2-3:30 2FL</i>	10 <i>Bunco 9:30-12 A</i> Play 10-11:30 2FL Judge 10-11:30 AUD <i>Tai Chi 1-2 2FL</i> <i>Mah Jongg 1-4 A</i> <i>Lit Conv 3-4:30 Online</i>	11 VETERANS DAY Library Closed Int'l Dining 5-8	12 Play 10-11:30 2FL Decisions 10-11:30 SLIB LQ ANNUAL MEETING	13 Nat Parks 10-11:30 <i>Hand &amp; Ft 12:30-4 A</i> Snakes Part 1 1-2:30 2FL	14 <i>Hiking 9 Various</i> IRS 10-11:30 AUD	15
16	17 Play 10-11:30 2FL Judge 10-11:30 AUD <i>Tai Chi 1-2 2FL</i> <i>Mah Jongg 1-4 A</i> <i>Lit Conv 3-4:30 Online</i>	18 Lunch Gr 1 11-12:30	19 Play 10-11:30 2FL Decisions 10-11:30 SLIB Lunch Gr 2 11-12:30	20 Nat Parks 10-11:30 Lunch Gr 3 11-12:30 <i>Hand &amp; Ft 12:30-4 A</i> Snakes Part 2 1-2:30 2FL	21 <i>Hiking 9 Various</i> Play 10-11:30 2FL	22
23 <i>Uke 2-3:30 2FL</i>	24 Judge 10-11:30 AUD <i>Tai Chi 1-2 2FL</i> <i>Mah Jongg 1-4 A</i> <i>Lit Conv 3-4:30 Online</i>	25 Rightsize 2-3:30 AUD	26 <i>Poets Cmr 1:30-3 FCR</i>	27 THANKSGIVING Library Closed	28 THANKSGIVING Library Closed	29

## December 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1 <i>Tai Chi 1-2 2FL</i> <i>Mah Jongg 1-4 A</i> <i>Lit Conv 3-4:30 Online</i>	2	3	4 <b>Book Club</b> <b>10-11:30 2FL</b> Glass Ceiling 10-11:30 AUD <i>Hand &amp; Ft 12:30-4 A</i>	5 <b>4th Estate 12-2</b>	6
7	8 <i>Bunco 9:30-12 A</i> <i>Tai Chi 1-2 2FL</i> <i>Mah Jongg 1-4 A</i> <i>Lit Conv 3-4:30 Online</i>	9 Int'l Dining 5-8	10 Greenland 10-11:30 AUD	11 <i>Hand &amp; Ft 12:30-4 A</i>	12 Healthy Eating 10-11:30 2FL Fri Film 2-4:30 AUD	13
14 <i>Uke 2-3:30 2FL</i>	15 <i>Tai Chi 1-2 2FL</i> <i>Mah Jongg 1-4 A</i> <i>Lit Conv 3-4:30 Online</i>	16	17	18 <i>Hand &amp; Ft 12:30-4 A</i>	19	20
21	22 <i>Tai Chi 1-2 2FL</i> <i>Mah Jongg 1-4 A</i> <i>Lit Conv 3-4:30 Online</i>	23	24 CHRISTMAS EVE Library Closed	25 CHRISTMAS DAY Library Closed	26	27
28	29 <i>Tai Chi 1-2 2FL</i> <i>Mah Jongg 1-4 A</i> <i>Lit Conv 3-4:30 Online</i>	30	31			

## FALL ▪ PROGRAM CATALOG ▪ JULY - DECEMBER 2025



**LearningQUEST**  
SINCE 2009

Huntsville Madison County  
Public Library  
256-529-8695

email  
[LearningQUEST@LQUEST.org](mailto:LearningQUEST@LQUEST.org)  
website - [LQUEST.org](http://LQUEST.org)



Office Hours: Tuesday, 10-noon ▪ Thursday 1-4 p.m.  
Location: Downtown Library, 2nd Floor left of the Reference Desk  
P O Box 2387 ▪ Huntsville, AL 35804

## TRIPS ▪ SPECIAL INTEREST GROUPS