

FALL ■ PROGRAM CATALOG ■ JULY – DECEMBER 2020



EXPLORE
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ENRICH

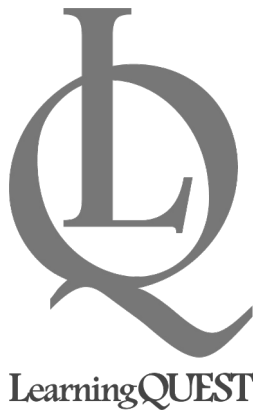
LearningQUEST

EDUCATION & ENRICHMENT PROGRAMS FOR ADULTS OF ALL AGES

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MEMBER PROGRAMS • COURSES • PUBLIC PROGRAMS



Lifelong Learning Opportunities for Adults of All Ages!!

LearningQUEST is a non-profit volunteer-led organization for adults of all ages, dedicated to building a learning community through educational and enrichment opportunities. LearningQUEST is partnered with the Huntsville-Madison County Public Library. Its programs are generally held at the downtown public library, but off-site venues are used when needed.

The organization's first public gathering was on May 19, 2009, in the downtown library's auditorium when 72 people attended an introductory meeting to learn about this new organization and its plans. From an original 10 members who met with the library's Executive Director to define the

basics of the new organization, the organization has thrived as a 501(c)(3) lifelong learning organization within our community, continuing to expand and engage its membership and to offer more program opportunities.

Each calendar year features two terms of programs: Spring (January – June) and Fall (July – December). Each term begins with a Rally Day, which has become a major event for membership registration, making new friends, fun and games, and program familiarization and selection. On Rally Day, the LearningQUEST catalog describing the term's programs is available for pickup. Members and many course instructors are present to answer questions. But most of all, it is a fun gathering in a warm and welcoming atmosphere.

LearningQUEST offers a wide variety of programs.

- **Public programs** are offered each term as LearningQUEST's gift to the community—no fees or registration required. All are welcome to attend, and members are encouraged to invite friends.

With LearningQUEST membership dues of \$20 per calendar year, these additional opportunities are available:

- **Special Interest Groups (SIGs)** are organized and facilitated by LearningQUEST members for members who share a similar interest.
- **Member Enrichment Events (MEEs)** are special events scheduled during the year for LearningQUEST members. They are usually announced in the weekly E-News.

With an additional \$30 term fee, LearningQUEST members are eligible to register for courses and trips, as many as desired during that term as long as space is available.

- **Courses** are offered in a wide variety of disciplines. All instructors are volunteers with special knowledge of and interest in the subjects they teach. Courses range in length from a single meeting to several meetings during the term. No homework or tests are required for any course.
- **Trips** are organized by LearningQUEST members and are self-supporting by the participants. Trips range from short visits to local points of interest, to multi-day excursions to foreign countries.

LearningQUEST is managed through a Board of Directors, member committees, and an Operations Manager who coordinates and facilitates the essential day-to-day activities. As a volunteer-led organization, active member participation is essential to the existence of LearningQUEST. Members serve in administrative and leadership roles; as program planners, schedulers, and coordinators; as instructors and presenters; and as committee members handling a multitude of essential roles. Every committee needs additional volunteers, and all members are encouraged to find a way to contribute toward sustaining our learning community.

Life is a continuing journey, with never-ending opportunities to learn, give, and grow.

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The opinions and views expressed by presenters of LearningQUEST programs are solely those of the presenters and do not necessarily represent the views of the LearningQUEST organization or its Board.

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QUICK REFERENCE GUIDE

Downtown Library: AUD (Auditorium), 2FL (2nd Floor Events Room), AB (Room beside Auditorium)

Other: BCL (Bailey Cove Library), ClmC (Clements Church), FBC (First Baptist Church), STEC (St. Thomas Episcopal Church), VMC (Valley Methodist Church)

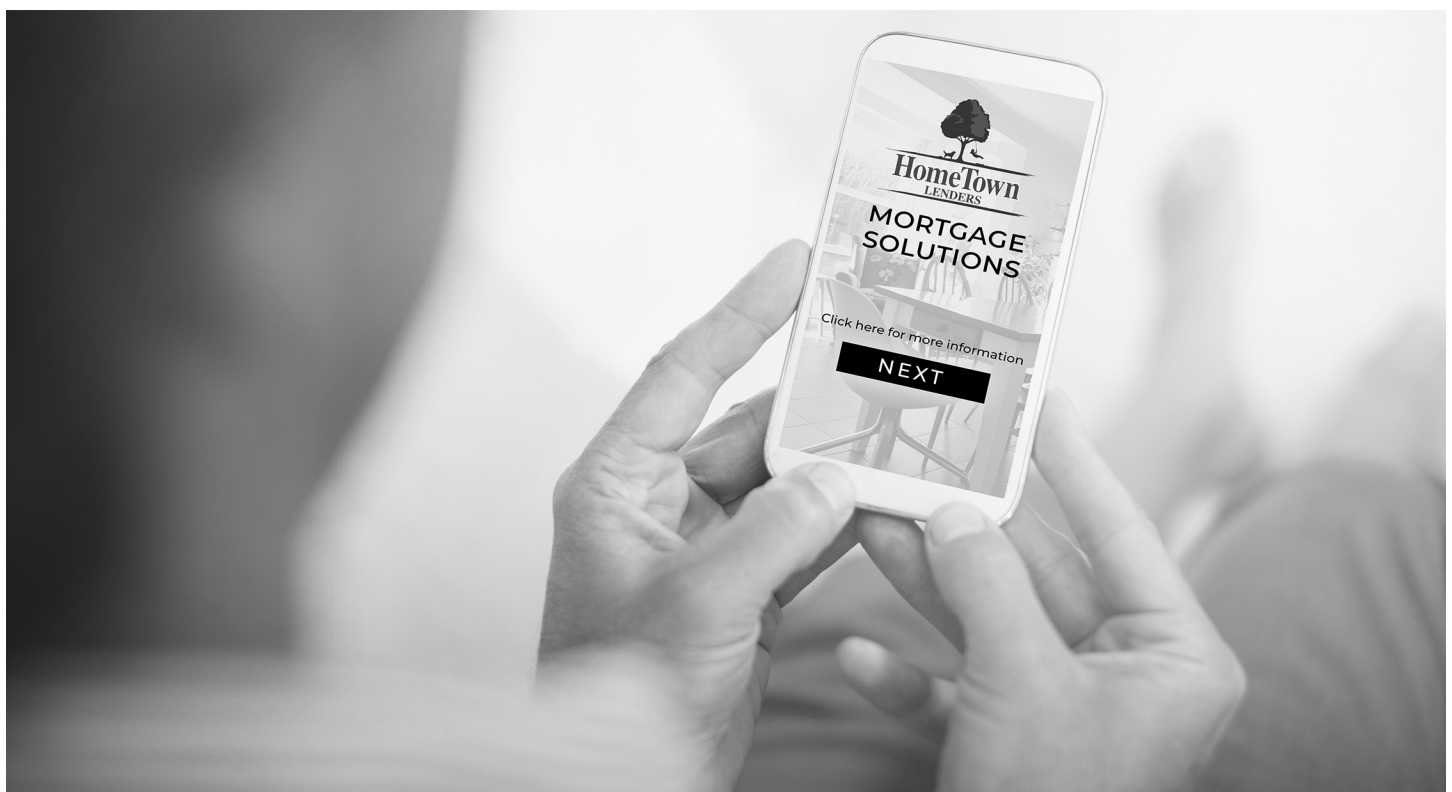
Program	Presenter (s)	Dates	Day	Time	#	Coordinator	Venue
MEMBER COURSES (WITH TERM FEE)							
2-Fitness & Balance Class	Steady for Life Staff	7/20-8/24	M	1:30 – 2:30	6	Janice Turner	See Desc.
3-Language Variation	Elaine Fredericksen	7/28	T	2 – 2:30	1	Jennifer McCool	AUD
4-Our Purpose, Now and in the Future	Elizabeth Hall	7/29	W	10 – 11:30	1	Jennifer McCool	Online
5-Handcrafted Greeting Cards #1	Carol Edwards	7/30-8/20	Th	1 – 2:30	4	Sally Barnett	BCL
6-LearningQUEST's Antiques Roadshow	George Marchelos	7/31	F	1 – 2:30	1	John Ofenloch	AUD
7-Senior Living Options	Ann Beltz	8/5-9/23	W	1 – 2:30	8	Anna Blair	ClmC
8-Chair Core Yoga	Pam Frazier	8/7	F	10 – 11	1	Carol Roach	2FL
9-Intermediate Spanish	Elaine Fredericksen	8/7-21;9/4-18	F	Noon – 1:30	6	Jennifer McCool	2FL
10-Art Journaling	Monica Yother	8/7-9/4	F	12:30 – 2	5	Beth Powel	See Desc.
11-Recurve Archery	Laddie Ratliff	8/11-9/1	T	10 – 11	4	Jill Bromley	See Desc.
12-International Dining Out Club	Jane Wodtke	8/11;9/8;10/13;11/10;12/8	T	5 – 8	5	Paul Hurst	Various
14-Understanding Medicare	William Simmons	8/14-28	F	2:30 – 4	3	Linda McGuinness	2FL
20-Handcrafted Greeting Cards # 2	Carol Edwards	9/3-24	Th	1 – 2:30	4	Sally Barnett	BCL
21-Armchair Travel	Various	9/8-29	T	1:30 – 3	4	Pat Hair	Online
22-Life of the Civil War Soldier	Buddy Moon	9/14	M	9:30 – 11:30	1	Allan Markell	2FL
23-Succulent Planter Workshop	David Hayes	9/15	T	10 – 11:30	1	C. Anderson	See Desc.
25-Elder Law: Estate Planning	Doug Martinson, II	9/15-29	T	5:30 – 7	3	C. Patterson	2FL
26-Fast Facts About Your Vehicle	Lacey Nave	9/16	W	4 – 6	1	Joyce Davis	See Desc.
28-Have An Ale of a Time (Cooking)	C.C. Fridlin	9/21	M	1 – 4	1	C. Anderson	See Desc.
30-U.S. National Parks System	Steve Jones	10/1;10/15-11/19;12/3-17	Th	1 – 2:30	10	Wanda Shoultes	2FL
31-The Paradox of Femininity in Art History	Debbie West	10/1;10/22-11/5	Th	1:30 – 3	4	Gina Bain	AUD
32-Wellness: An Inside-Out Journey	Pam Frazier	10/2	F	10 – 11	1	Jennifer McCool	AUD
34-Underpinnings of Theoretical Physics	James Beaupre	10/5;10/12;10/15(2FL); 10/26;10/30; 11/3*;11/6*;11/10*;11/13*	M,T, Th,F	9:30 – 11 1:30 – 3*	9	Cathy Hoffman	AUD (Oct. Except 10/15)/2FL*
35-No Rules, The Gee's Bend Way	Loretta P. Bennett	10/5;10/6;10/7;10/12	M,T,W	10 – 11:30	4	Linda McGuinness	2FL
36-Poetry Workshop and Conversations	Elizabeth M. Hall	10/5-12; 10/26-11/9	M	1 – 2:30	5	TBD	2FL
37-Happy Tunes & Country Music	Bill Nunn	10/6-20	T	2 – 3:30	3	Lee Graham	AUD
38-Native and Invasive Plants	Harvey Cotten	10/7	W	1:30 – 3	1	Sally Barnett	AUD
39-Front Porch Conversations	Larry West	10/7-21;10/28*;11/4, 11/18	W	1:30 – 3:30; 2:30 – 4:30*	6	Sandy Pepper	2FL
40-Handcrafted Greeting Cards #3	Carol Edwards	10/8-29	Th	1 – 2:30	4	Sally Barnett	BCL
41-Shakespeare's - Merchant of Venice	Jeff Nelson	10/13-27	T	9:30 – 11	3	Carol Roach	AUD
43-Bogart, Nixon and the Supreme Court	Tom Borchert	10/15-22	Th	10 – 11	2	Tom Borchert	AUD
44-Maple Hill - 35801	Bill Nunn	10/15	Th	2 – 3:30	1	Jim Kirkwood	AUD
45-White Dove Adventures	Catherine L. Knowles	10/21	W	10 – 11	1	John Ofenloch	AUD
46-Vietnam Revisited	Skip Vaughn	10/21	W	1:30 – 3	1	Shoultes & Graf	AUD
47-Battle of the Bulge	Tennent Lee	10/27-11/3;11/17-24	T	10 – 11:30	4	Joyce Davis	2FL
48-Backyard Birds of North Alabama	Debbie Tromblee	10/28	W	10 – 11:30	1	Jim Kirkwood	Online
49-Tourism and Geography of China	Confucius Institute	10/30-11/20	F	9:30 – 10:30	4	Shoultes & Graf	Online
50-Anger Management	Frank Morales	11/2-23	M	9:30 – 11	4	Bonnie Vos	AUD
51-Downsizing Simplified	Karen Wright	11/4	W	1:30 – 3:30	1	Jennifer McCool	AUD
53-Menu Please	David Martin	11/18	W	9:30 – 11:30	1	C. Anderson	AUD
54-The Truth Behind "GRANDMA"	Patsy Trigg	12/9	W	1 – 2:30	1	C. Anderson	AUD

**If you are unable to attend a course for which you are registered,
please contact the Registrar at LQregistrar@gmail.com.**

Program	Presenter (s)	Dates	Day	Time	#	Coordinator	Venue
TRIPS & EXCURSIONS (WITH TERM FEE)							
T1-TopGolf Event - A Morning of Golf	Darryl Palm	7/30	Th	9:45 – Noon	1	Darryl Palm	See Desc.
T2-H'ville Escape Room: The Informant	Darryl Palm	9/18	F	Noon – 3	1	Darryl Palm	See Desc.
T3-Huntsville Museum of Art	Sarah Curtis	9/30	W	1 – 3	1	Sarah Curtis	See Desc.
T4-Huntsville Ghost Walk	Darryl Palm	10/6	T	5:30 – 7:30	1	Darryl Palm	See Desc.
SPECIAL TRIPS							
ST1-Marshall Space Flight Center Bus Tour	Darryl Palm	8/25	T	12:30 – 3	1	Darryl Palm	See Desc.
ST2-Genomics: Today and Tomorrow	Jennifer Carden	8/28-10/2;10/16	F	9:30 – 11	7	TBD	Online
SPECIAL INTEREST GROUPS (NO TERM FEE)							
S1-UkeQUESTors Jam	Keith Fukumitsu	Sundays	S	2 – 3		Keith Fukumitsu	2FL
S2-Monday Hiking	Various	Mondays	M	9		Sue Campbell	Various
S3-Mah Jongg	Janet Tedrow	Mondays	M	1 – 4		Janet Tedrow	AB
S4-Great Conversations	Kathleen Redman Bob Stagg	Mondays	M	3 – 4:30		Bob Stagg	STEC
S5-Hand and Foot	Betsy Prescott Janet Tedrow	Thursdays	Th	1 – 4		Betsy Prescott	AB
S6-Progressive Christianity Explored	Glenn Nettleton	1st Fridays	F	9:30 – 11:30		Glenn Nettleton	VMC
S7-Knitting	Barbara Ward	2nd Mondays	M	10 – Noon		Barbara Ward	AB
S8-Computers Cameras and Questing	Glenn Nettleton	3rd Fridays	F	9:30 – Noon		Glenn Nettleton	2FL
S10-Friday Hiking	Barbara Roberts	Fridays 9/18-11/20	F	9		Barbara Roberts	Various
PROGRAMS OPEN TO THE PUBLIC (FREE)							
P1-Sci-Fi Films	David Lilly	7/30	Th	10 – 11:30	1	Susan Bakken	AUD
P4-LearningQUEST Open House	Darryl Palm	12/1	T	1 – 3	1	Darryl Palm	AUD



The library is planning on making some renovations to the Auditorium, and possibly the AB Room during our Fall Term. Because of the uncertainties of contractor schedules, it will be more important than ever, to keep current of the latest scheduling announcements by reading the weekly E-News and checking the LQUEST.org website for updates. A course can change location, timing or be canceled, so it is important to keep current with announcements. We greatly appreciate your patience during the Fall Term.



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CURRENT BOARD OF DIRECTORS AND COMMITTEES

BOARD OF DIRECTORS

President: John Ofenloch **Vice President:** Charles Gattis

Secretary: Jill Bromley **Treasurer:** Gwen Goins-Pratt

Arnita Cole, Dr. Elaine Fredericksen, Dr. Liz Hall, Jim Kirkwood, Linda McGuinness, Bob North, Susan Pearson, Bob Stagg

Ex-Officio: Larry West, Past President; Darryl Palm, Operations Manager; Laurel Best, HMCPL Executive Director

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Governance Committee: Bob Stagg (Chair)

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Finance Committee: Bob North (Chair), Gwen Goins-Pratt (Treasurer), Jan Wardlaw (Assistant Treasurer)
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Development Committee: Susan Pearson (Chair)
Liz Hall, Joyce Howell, Steve Jones, Jane Maples, Barbara Kammerud, John Ofenloch

OPERATIONS COMMITTEES

Audio-Visual Committee: Karl Crowder (Chair)
Jay Bain, Roy Bruton, Jim Harlow, Marie Held, Jane Jones, John Kammerud, Billy Martin, Bob Stagg

Catalog Committee: Linda McGuinness (Chair)
Desktop Publishing: Jay Bain, Debbie Tromblee
Review Planning: Sherry Anderson, Joyce Howell, Mike Lamy, Jane Maples

Communications Committee: Joyce Howell, Jane Maples (Co-Chairs)
Website: Jane Jones (Lead), Linda Bryan
E-News: Jane Jones (Lead), Kavita Kumar
Photography/Social Media: Buffie Gibbons, Charlotte Anderson, Jay Bain, Ed Bernstein, Arnita Cole, Waldy Cuevas, Charles Gattis, Stephanie Hanna, Peg Heeschen, Jane Jones, John Kammerud, Jim Kirkwood, Emily Saile
Media/Publicity/Ads: Joan Arnold, Susan Bakken, Arnita Cole, Mimi Danison, Bev Dezenberg, Buffie Gibbons, Jane Maples, Susy Thurber
Public Relations: Gina Bain, Tom Borchert, Mary Brown, Tommy Campbell, Arnita Cole, Mary Compton, Paula Cushman, Charles Gattis, Buffie Gibbons, Kittie Graf, Jim Kirkwood, Jane Maples, Marie Osmer, Cheryl Patterson, Carolyn Peters, Barbara Stansky, Ravina Sujanani

Database Infrastructure: Bill McClure (Chair) Claudia

Conn, Bob Fletcher, Mike Lamy, Rick Suever

Hospitality: Jane Langston, Judy Berry (Co-Chairs)

Beverages Lead: Nancy LaRuffa

Harriet Askew, Martha Andrzejewski, Paulette Bernstein, Sallie Berryhill, Jill Bromley, Nancy Butler, Tommie Campbell, Arnita Cole, Freddie DiPlacido, Marilyn Farrell, Linda Frank, Gloria Guay, Maeola Hagerty, Natha Hancock, Harriet Hays, Barbara Hitchings, Allyson Hofer, Eve Hollowell, Joyce Howell, Linda Jenkins, Peg (Margaret) Jones, Judy Lambert, Helen Lamy, Renata Limmer, Judy Lindsey, Amy Mingledorff, Camille Nehmsmann, Norma Oberlies, Marie Osmer, Diane Pratt, Jane Prince, Miriam Pullins, Pat Sampson, Joanne Sanders, Beth Sibley, Nancy Stetson, Rosemary Sweet, Dot Threlkeld, Meg Tilden, Catherine Young

Membership Committee: Paul Hurst, Jim Kirkwood (Co-Chairs), Nancy Butler

Membership Database: Cindie Chapman, Angie Fedele, Gwen Goins-Pratt

Member Enrichment Events: Anna Lee

Office: Barbara Moore (Manager) Arnita Cole, Wanda Ferguson, Julia Gary, Jim Kirkwood, Ginger White

Volunteer: Nancy Butler (Lead), Paul Hurst, Jim Kirkwood, Gwen Goins-Pratt

Public Program Support: Pat Griffin, Nancy Butler

Special Events: Nancy Butler, Jim Kirkwood

Program Development Committee: George Hanna, Stephanie Hanna (Co-Chairs)

Vice Chair of Program Planning: Stephanie Hanna

Scheduling: Darryl Palm, Cheryl Patterson, Miriam Pullins

Courses & Trips: Charlotte Anderson, Susan Bakken, Anna Blair, Bill Case, Elaine Fredericksen, Charles Gattis, Cathy Hoffman, Gary Kamsickas, Bill Nunn, Wanda Shoultes

SIGs: Cathy Hoffman

Editing: Elaine Fredericksen

Biographies: Wanda Shoultes

Planning Spreadsheets: Rick Suever

Coordinators Lead: Larry West

Attendance Tracking: Jim Kirkwood

Registrar: Ed Bernstein

Volunteers are the heartbeat of LearningQUEST.



Your time & talents leave a lasting impact on our learning community!



**Do you want to do something that is satisfying
and of great service to your learning community?**

Then become a LearningQUEST Volunteer!

We will provide the training & support for you to be successful.

Here are some of the essential areas where you can participate:

Bookkeeper - Audio/Video Support - Course Coordinators - Catalog
Committee - Database Infrastructure Committee - Trip Coordinator -
Finance Committee - Program Development Committee - Membership
& Communications Committees

Special Planning Teams for Fall Term

Catalog Production Team

Editor: Linda McGuiness

Publishing Layout: Jay Bain

Cover Photos: Waldy Cuevas

Review Team: Sherry Anderson, Ed Bernstein, Tom
Borcher, Joyce Howell, Helen Lamy, Mike Lamy,
Phyllis O'Connell, Debbie Tromblee

Printer: C&A Printing

Rally Day Leadership

Coordinators: Nancy Butler, Jim Kirkwood

Hospitality: Jane Langston, Judy Berry, Nancy
LaRuffa

Greeters, Sign-In, Catalogs, Forms: Paul Hurst

Displays: Nan Huber, Miriam Pullins

Help Desk: Barbara Moore

Exterior Signage & AV: Karl Crowder

Information Counter: Nancy Butler

Photographers: Jay Bain, Waldy Cuevas

Registration: Bob North

Mobility Signage: Paul Hurst

Website **LQUEST.org** maintains a **Calendar of Events**, which
is a great resource; it is updated throughout the term.



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performed is greater than the quality of legal services performed by other lawyers.



FREQUENTLY ASKED QUESTIONS

This page offers a list of frequently asked questions. If you can't find the answer you're looking for, contact the LearningQUEST office at 256-529-8695.

Who can be a member of LearningQUEST?

LearningQUEST is open to adults of *all ages* 19 and older, interested in lifelong learning.

What are the fees for LearningQUEST?

Membership dues are \$20 for the calendar year, January–December, and are paid annually. The calendar year is divided into two terms: January–June (Spring) and July–December (Fall). New or renewing members can submit dues any time after January 1st of the current calendar year. New members who register for the first time after October 1st will receive free membership for the remainder of that calendar year. Any overpayment of dues will be considered a donation to LearningQUEST and will not be refunded.

There is a term fee of \$30 for each term, which allows members to register for unlimited courses and/or trips within that term as long as space is available. Note that supplies for some classes, as well as costs for trips and excursions, may require additional fees.

- Membership dues and term fees are encouraged to be paid with one check, and couples may combine their payments on a single check.
- If you are registering for a trip that involves additional costs:
 - Special Trip – A separate check must be collected at Rally Day, or afterwards. Registration is not complete until payment is received.
 - Local Trip – The Trip coordinator will contact registrants with instructions for payment.

How do I join and/or register for courses?

- Attend Rally Day at the First Baptist Church Life Center, St. Clair entrance #7, Tuesday, July 14, 2020, 9:30 – 11:30; or
- Visit Post-Rally Days at the Downtown Library lobby on Tuesday, July 21, 2020, from 10 AM – Noon, or Thursday, July 23, 2020, from 1 PM – 4 PM; or
- Go to lquest.org, create an account, and join, register, and pay online using the secure portal; or
- Go to lquest.org, download registration form/s, and mail completed forms and fees to LearningQUEST, P.O. Box 2387, Huntsville, AL 35804; or
- Come by the LearningQUEST office during regular office hours.

Note that registration continues throughout the term as long as space is available.

How do I know if I am successfully enrolled in a course?

All paid registrants will be notified of their course status by email or US Postal mail if they do not have an email address. If course limits have been exceeded, they may be placed on a waitlist and will be notified if an opening occurs. A reminder email will be sent to all registrants at least five days before the course starts.

How do I register for a trip?

Registration information can be found in the Trips and Excursions section of the catalog. Members may sign up for most trips on the same registration form used for class registration. If a trip involves additional costs, see the fees section on this page.

Where is the LearningQUEST office located, and what are the office hours?

The office is located on the second floor of the Downtown branch of the Huntsville-Madison County Public Library in the alcove to the left of the Reference Desk. Office hours are Tuesday mornings, 10–Noon, and Thursday afternoons, 1–4.

What happens when a course or trip reaches its maximum capacity?

The LearningQUEST registrar maintains a waitlist of students in order of their registration, and, working with the instructor, course scheduler, and coordinator, may:

- Review class size limits to see if they can be increased or if larger accommodations are available.
- Schedule additional sessions in the same term or repeat the course or trip in a later term.

When will an instructor or coordinator know how many are enrolled in his/her course?

The registrar may be contacted for an enrollment number; however, registration continues throughout the term as long as space is available, so the number may change. At least five days prior to the first course session, the registrar will email a sign-in attendance sheet of registered students to the course coordinator.

What is the Drop/Add Policy?

Notify the registrar at LQregistrar@gmail.com as soon as possible if you cannot attend a course for which you have registered, or if you wish to add a class. You may also drop/add online at lquest.org through your account. This is especially important in courses that are closed with a waitlist.

Are guests permitted to attend a LearningQUEST course?

As long as the course is not full, and with instructor approval, guests are welcome to attend a single session before paying the appropriate membership dues and course fee.

Why don't I get my LearningQUEST E-News?

If you have received your E-News in the past, you may have been inadvertently unsubscribed. If you share an email account with others, make sure all are aware of the importance of the E-News and do not unsubscribe without each other's knowledge. It is also possible that the E-News has been marked as spam. Check your email spam folder, and move the E-News back to your inbox. Contact LQnewsinput@gmail.com for assistance.

What if I don't want a LearningQUEST photographer to take my picture?

Let the event photographer know you prefer not to have your picture taken. Notify LearningQUEST leadership if you wish to have a picture deleted from the LearningQUEST website or Facebook page.

How can I get a replacement name badge and holder?

Badges may be obtained from the Membership Chair by sending a request to LQmembership@gmail.com. Holders are available in the LearningQUEST office during office hours. There is a \$5 replacement fee for the badge holder.

What is the inclement weather policy?

LearningQUEST follows the weather policy of Huntsville-Madison County Public Library. If the Downtown Library is closed, this information will be posted at hmcpl.org by 6 AM, and LearningQUEST programs will be cancelled for that day.

How do I report my volunteer hours?

If you help with the planning or execution of any LearningQUEST activities, please send your number of volunteer hours to LQvolunteers@gmail.com. Hours are to be reported monthly.

How do I report a change of contact information?

Please keep LearningQUEST informed of any updates to your contact information by sending changes to LQmembership@gmail.com.

How can I stay informed about LearningQUEST activities and updates?

The LearningQUEST website is the most direct source of information and updates. LearningQUEST's website calendar is updated regularly to reflect any changes to the program schedule. LearningQUEST's Facebook page is another good source for current information. The weekly electronic newsletter updates the membership on upcoming trips, public programs, and changes in course schedules as well as special events. The newsletter is sent to all members through email, printed and displayed in LearningQUEST's bulletin board on the left in the hallway going to the auditorium, and is available to view in the office. You can also call the office at 256-529-8695 during office hours on Tuesdays and Thursdays.

Is there a general email address for LearningQUEST?

There are several specific email addresses within these Frequently Asked Questions. They include the topics of registration, volunteering, and membership. There is also a general email address available for correspondence that doesn't match a category. It is learningquest.email@gmail.com.

NEW BOARD POLICY: Some programs require additional fees as noted in the course description. The coordinator will provide instructions for payment of fees which will be by check only made out to LearningQUEST. Checks will be held by the coordinator until one week prior to the event and then deposited. Should a program be cancelled the checks will be returned or destroyed. No refund will be provided after expenses have been incurred in advance of the program start date. **IMPORTANT:** No slots are confirmed nor attendance allowed unless the fee has been paid to the coordinator.



In addition to programs in the catalog, other special events are planned by LearningQUEST members.

Previous Member Enrichment Events have included concerts, tours, performances, lectures, sporting events, and readings. These Member Enrichment Events (MEEs) are announced in the weekly E-News. Make a recommendation and be on the lookout for these special opportunities!

MEMBER COURSES (WITH TERM FEE)

Term Fee of \$30 Required for Unlimited Courses

Downtown Library: AUD (Auditorium), 2FL (2nd Floor Events Room), AB (Room beside Auditorium)

Other: BCL (Bailey Cove Library), ClmC (Clements Church), FBC (First Baptist Church), STEC (St. Thomas Episcopal Church), VMC (Valley Methodist Church)

Letter from the Board of Directors President

The last several months have been challenging for our country, and certainly for LearningQUEST as well. Because of the impact of the coronavirus (COVID-19), and the uncertainty of the exact timing of the library's renovation plans, scheduling the Fall Term has been very difficult.

There are a few programs locations that have been left as To-Be-Determined (TBD), because of uncertainty at the time of the catalog's printing. Please pay close attention to announcements via emails, E-News, LQUEST.org, and Facebook for updates on sudden program changes.

LearningQUEST Board President: John Ofenloch

2-Fitness & Balance Class

Instructor: Steady for Life Staff

Date: 6 Mondays, Jul. 20 – Aug. 24

Time: 1:30 – 2:30

Location: Steady for Life Studio

Are you interested in experiencing Fitness and Balance classes, but not ready to dive in? This is a six-week Fitness and Balance course. Classes will be held in the Steady for Life Studio by certified personal trainers. Classes will include fall prevention techniques, strengthening and flexibility exercises. Located at SFL Studio, 7900 Bailey Cove Rd., Suite F. Fee: \$15 to be paid to the coordinator to assure a reservation in this program. See Policy on page viii of this catalog. *Max: 35*

3-Language Variation: Regionalism and Idioms

Instructor: Elaine Fredericksen

Date: 1 Tuesday, Jul. 28

Time: 2 – 3:30

Location: AUD

This one-session course will examine the variety in the English language. Standard English, colloquial language, regionalism, and idioms will serve as examples and allow participants to share their own language experiences. Designed partly as the completion of last semester's interrupted course on language change, this session is open to anyone interested. Fredericksen has a PhD in rhetoric, but she knows she will learn as much as she teaches when LearningQUEST members gather together. *Max: 55*

4-Our Purpose, Now and In the Future

Instructor: Elizabeth Hall

Date: 1 Wednesday, Jul. 29

Time: 10 – 11:30

Location: Online

In this class, you will learn the meaning and determination of your purpose in life. It will include how to determine your present and future purpose. If you do not understand the role of purpose in your life, you may miss it and just drift through life rather than living proactively. This understanding will help you maintain meaning in life up to and including your death and legacy. It will provide a focus and direction to your time and actions. *Max: 125*

5-Handcrafted Greeting Cards #1

Instructor: Carol Edwards

Date: 4 Thursdays, Jul. 30 – Aug. 20

Time: 1 – 2:30

Location: BCL

There will be three separate courses of Handcrafted Greeting Cards. Each course will have four classes. In each of the four classes, participants will create one or two cards with envelopes. The first course will be Greeting Cards along with a 3-D item. The focus of this course will be on Halloween, Thanksgiving, Christmas, and fall. These classes are fun and creative. Stamping is an art form that gives "instant gratification" as students always walk away with a finished product. The basic tools and techniques will be explained, including the do's and don'ts in stamping, paper folds, how to die-cut special images, 3-D items, and a variety of other techniques. Depending upon the degree of difficulty, class members will make one or two different cards each session. Participants are asked to provide the following items: scissors, adhesive or glue stick, pencil and ruler. Fee: \$20 to be paid to the coordinator prior to the first class to assure a reservation in this program. See Policy on page viii of this catalog. *Max: 16*

6-LearningQUEST's Antiques Roadshow

Instructor: George Marchelos

Date: 1 Friday, July 31

Time: 1 – 2:30

Location: AUD

Most of us have items we have acquired as family heirlooms, have collections we started or items we have picked up along the way. Ever wonder what they are worth in today's antique market? Just as people flock to the PBS *Antiques Roadshow* with their heirlooms,

collectibles, sentimental items, etc. to find out information as to their value, bring your cherished items – china, artwork, books, dolls, coins, silverware, clocks, etc. and our distinguished appraiser will tell you its value, origin and age. Time permitting, during the program the presenter will also relay experiences he encountered during his tenure with the PBS *Antiques Roadshow*. Due to time constraints, each person may bring one item for appraisal. The class coordinator will provide detailed instructions for those wanting to bring an item for appraisal. *Max: 125*

7-Senior Living Options

Instructor: Ann Beltz
Date: 8 Wednesdays, Aug. 5 – Sep. 23
Time: 1 – 2:30
Location: C1mC

This course is an overview of senior living options, from staying at home to various levels of care, qualifications, expectations, and costs. It is designed to help prepare seniors for what comes next instead of responding to a crisis. Ann Beltz teaches the first session and has guest speakers for subsequent sessions who are experts in their areas, including an elder law attorney, financial planner, downsizing/real estate professional, homecare provider, hospice provider, home health provider, and more. This is a great course for anyone either planning personally to downsize or helping a loved one who needs senior living options. It is all about being prepared and knowing what to expect. *Max: 150*

8-Chair Core Yoga

Instructor: Pam Frazier
Date: 1 Friday, Aug. 7
Time: 10 – 11
Location: 2FL

This one-hour class offers multi-level guidance for men and women. Benefits include overall body and core strengthening, enhanced balance and focus, increased flexibility, de-stressing, and relaxation. Daily physical movement improves energy, sleep, moods, and overall wellness. Wear comfortable clothing that allows full body movement. *Max: 45*

9-Intermediate Spanish

Instructor: Elaine Fredericksen
Date: 6 Fridays, Aug. 7 – 21, Sep. 4 – 18
Time: Noon – 1:30
Location: 2FL

This course is designed for students who have some background in Spanish and wish to become more fluent in speaking, reading, and writing the language. You do not need advanced skills, just a willingness to join in group activities. We will read *El Secreto del Molino* by Maria Danader (Don't worry if you haven't read a book in Spanish before--no pressure and lots of help). This will be a dynamic, interactive class focused on having fun with Spanish. *Max: 55*

10-Art Journaling

Instructor: Monica Yother
Date: 5 Fridays, Aug. 7 – Sep. 4
Time: 12:30 – 2
Location: Lowe Mill

Art journaling is a wonderful way to discover your creativity, record a life event, explore a topic or as part of a spiritual journey. This course will show you how to get started, try new materials, and most of all have a lot of hands-on fun! Each session will explore new techniques and materials with plenty of time to put it all to use. Meet at studio 127 at Lowe Mill, 2211 Seminole Drive, and all materials will be supplied for our session. No art experience is needed, this is to help you get started! Fee: \$25 for materials to be paid to the coordinator prior to the first class to assure a reservation in this program. See Policy on page viii of this catalog. *Max: 12*

11-Recurve Archery

Instructor: Laddie Ratliff
Date: 4 Tuesdays, Aug. 11 – Sept. 1
Time: 10 – 11
Location: Custom Archery Center

Strive for the Bullseye!! Consistency, Consistency, CONSISTENCY! Continue exploring the shot sequence you began in previous classes to make those arrow groupings smaller and smaller as we zero in on that frustratingly elusive bullseye. In archery you get a chance to exercise your mind and your body and achieve nirvana when everything comes together at the feel of a wonderfully executed shot. Find your inner Robin Hood in this continuing class on Recurve Archery. Custom Archery Center is located at 11305 S. Memorial Parkway. Fee: \$60 to be paid to the coordinator prior to the first class to assure a reservation in this program. See Policy on page viii of this catalog. *Max: 8*

12-International Dining Out Club

Instructor: Jane Wodtke
Date: 5 Tuesdays, Aug. 11, Sept. 8, Oct. 13, Nov. 10, Dec. 8
Time: 5 – 8
Location: Various

Join us monthly for an international dining experience. Starting in August, we will eat and critique Italian, Vietnamese, Greek, Indian, and Thai cuisine in and around the Huntsville area. Our rating of these restaurants will be in the E-News. *Mangia Tutti!! Max: 40*

14-Understanding Medicare

Instructor: William Simmons
Date: 3 Fridays, Aug. 14 – 28
Time: 2:30 – 4
Location: 2FL

The course will consist of a three-part series discussing government-provided Medicare insurance. This program will cover the services provided by Medicare A & B, costs, and areas that are not covered. Included will be a

discussion and explanation of other insurance products that are commonly used to cover “gaps” in Medicare coverage such as Medigap plans (Medicare Supplements), prescription drug plans, Medicare Advantage plans and indemnity plans. The course will conclude with a discussion regarding community resources that can assist individuals based on income and needs. The three sessions will include: Part 1-Medicare A and B, Part 2-Medicare Supplements and Rx Plans, Part 3-Medicare Advantage Plans. *Max: 55*

20-Handcrafted Greeting Cards #2

Instructor: Carol Edwards

Date: 4 Thursdays, Sept. 3 – 24

Time: 1 – 2:30

Location: BCL

There are three courses of Handcrafted Greeting Cards. This is the second course. Each course will have four classes. In each class, participants will create one or two cards with envelopes. This second course will involve Specialty Fold Cards. See Catalog Course 5 for additional course information. Fee: \$20 to be paid to the coordinator prior to the first day of class to assure a reservation in this program. See Policy on page viii of this catalog. *Max: 16*



21-Armchair Travel

Instructor: Various

Date: 4 Tuesdays, Sept. 8 – 29

Time: 1:30 – 3

Location: Online

Enjoy Armchair Travel adventures with LearningQUEST friends who have travelled on wonderful trips and have great pictures of the sites they enjoyed.

Sep. 8 South American Adventures Mary Ann and Ed Stasiak travelled in Peru from the very modern coastline to the Incan capital, to a city of Incan VIPs hidden in the Andes and will present interesting facts about Andean life then and now. They visited Galapagos Islands and Ecuador, including Quito, the capital of Ecuador. In a week-long cruise among the Galapagos, they took daily excursions into the natural habitats of blue-footed boobies, sea lions, iguanas, and giant tortoises.

Sep. 15 Albuquerque Balloon Fiesta And Native Culture Attendees will visit the International Balloon Fiesta in Albuquerque and learn about native culture as they hear about Barbara Staggs' and Emilie Saile's

adventures with Road Scholar. Class members will not want to miss seeing the many specially shaped colorful balloons and the exciting balloon ride.

Sep. 22 Tanzania: The Great Migration Bob Baccus will show animals, birds, and public life from Arusha, Tanzania, to the Serengeti. Program includes the Great Migration where 1.5 million wildebeest and 0.5 million zebras go from Middle Tanzania to Southern Kenya to eat the grasslands. Pictures include the entire cycle of life where lions stalk the baby wildebeest, then the hyenas follow the lions, and finally the vultures follow the hyenas. Includes a video of a number of animals and birds set to African music.

Sep. 29 Soul Of Tanzania Barbara and Gary Hitt offer a multimedia presentation of the trips they took to Tanzania in 2005 and again in 2020 (to share the adventure with their granddaughter for her senior trip). In addition to seeing exotic wildlife on game drives and taking a hot air balloon excursion, they also spent a day with the indigenous Hadzabe tribe (one of the last true nomadic tribes in Africa), whose members still survive exclusively on the traditional lifestyle. *Max: 150*

22-Life of the Civil War Soldier

Instructor: Buddy Moon

Date: 1 Monday, Sept. 14

Time: 9:30 – 11:30

Location: 2FL

Attendees will learn about the daily activities of the common soldier during the American Civil War — camp life, drill, equipment, and combat tactics. The presentation will include photographs, reproduction items used by Civil War reenactors, and a few items dating back to the war. *Max: 60*

23-Succulent Planter Workshop

Instructor: David Hayes

Date: 1 Tuesday, Sept. 15

Time: 10 – 11:30

Location: TBD

The popularity of succulents is on the rise within the gardening world today. Students in this workshop will create their own succulent planter while simultaneously learning the basics of establishing and working with a variety of succulents. Soil composition, container selection, watering and maintenance requirements will be addressed. In addition, participants will learn the technique of propagating succulents from succulent leaves. At the end of the workshop, participants will have planted three succulents in a decorative planter which they can take home and proudly display. Fee: \$25 for materials to be paid to the coordinator prior to the first class to assure a reservation in this program. See Policy on page viii of this catalog. *Max: 14*

LearningQUEST FORMS
Website LQUEST.ORG maintains copies of
official LearningQUEST forms.

25-Elder Law: Estate Planning, the Probate Process & Planning for Incompetency

Instructor: Doug Martinson, II

Date: 3 Tuesdays, Sept. 15 – 29

Time: 5:30 – 7

Location: 2FL

With millions of Baby Boomers reaching retirement years, many families will come to rely on trusted advice from an experienced elder law attorney. This course is intended to broadly introduce participants to the world of elder law and answer any questions as they may arise. Elder Law is the legal specialty concerned with growing older and the transfer of property from one generation to the next. It encompasses estate planning topics like wills, trusts, and the probate process, as well as planning for contingencies through powers of attorney, healthcare directives, guardianships and conservatorships. The course will also cover Medicaid planning, social security benefits, veterans' benefits, special needs planning, and senior living. *Max: 55*

26-Fast Facts About Your Vehicle

Instructor: Lacey Nave

Date: 1 Wednesday, Sept. 16

Time: 4 – 6

Location: The Automotive Group Auto Repair

Class will consist of a behind-the-scenes tour of a local woman-owned automotive shop, The Automotive Group Auto Repair (TAG) at 1108 8th Street – behind Blue Plate Café on Governor's Drive. TAG has been in business since 1988. Although the class is not designed to make a Master Technician out of anyone, following the tour the class will cover simple tasks that every vehicle owner should be able to perform in order to prevent problems in the future. Topics of discussion among others will include basic fluid checks, changing a tire, actions to be taken and not taken in case of an emergency, list of items that should be in your vehicle at all times as well as many more. Master Technician at TAG, Martin Bruggerman, also will be available to answer questions unique to your vehicle. Learn how the owner, Shirley McCormick, became the owner of a body shop years ago in a male-dominated industry--a fascinating story. *Max: 20*

28-Have an Ale of a Time – Wish You Were Beer

Instructor: C. C. Fridlin

Date: 1 Monday, Sept. 21

Time: 1 – 4

Location: Chef CC Kitchen

Beer dates to at least the third century BC with the Egyptians, Babylonians and Sumerians malting barley and wheat to make beer. These techniques for brewing moved throughout the Middle East and Europe resulting in a wide selection of types of beers. The alcohol that results from fermentation has a number of distinctive properties which have been utilized in the kitchen. The

alcohol molecules combine with fats and oils as well as water, making alcohol very effective at infusing flavor. Join us as we explore the different flavors when we combine beer with a range of dishes. Menu: Irish Beer Cheese Soup, Beer Bread, Braised Sirloin Tips with Mushroom Sauce, Ale Mashers, and Chocolate Stout Cake. In this class, Chef CC will provide recipe packs and demonstrate how to make each of these dishes. Samples of each dish will be served – you are guaranteed you will not leave the class hungry! Chef CC Kitchen is at 107 Sycamore Bend Drive. From 565 take exit 14B onto SR-255 North toward Research Park Blvd., proceed 2.7 miles & turn left onto Dan Tibbs Rd. (SR-53). Proceed 4.9 miles then turn right onto Blake Bottom Rd. Turn right on Sycamore Bend Dr. to destination. Fee: \$50 to be paid to the coordinator prior to the first class to assure a reservation in this program. See Policy on page viii of this catalog. *Max: 25*

30-U.S. National Parks System

Instructor: Steve Jones

Date: 10 Thursdays, Oct. 1, Oct. 15 – Nov. 19,
Dec. 3 – 17

Time: 1 – 2:30

Location: 2FL

This course will have as its core the Ken Burns National Parks video series. It will combine viewing the series with facilitated discussion about U.S. National Parks and will focus on history and nature. Dr. Jones will speak from his personal experience visiting the Parks through the filters of his rich experiences in nature as well the academic background he gained while earning a BS in forestry and a PhD in applied ecology. *Max: 55*

31-The Paradox of Femininity in Art History

Instructor: Debbie West

Date: 4 Thursdays, Oct. 1, Oct. 22 – Nov. 5

Time: 1:30 – 3

Location: AUD

This course presents a comparison of powerful women as portrayed and examined dating back thousands of years. The subject is woman, the feminine gender as a subject in art, taboos, female rage, and blurred sexual lines in the most revered masterpieces. *Max: 125*

32-Wellness: An Inside-Out Journey

Instructor: Pam Frazier

Date: 1 Friday, Oct. 2

Time: 10 – 11

Location: AUD

In this hour participants will learn how food can be the best medicine by enhancing the immune system, the body's 79 organs, and 11 other systems. They will also gain self-awareness of their present life balance and learn how S.M.A.R.T. goals can help create and maintain a successful wellness journey. Bring paper and pen to take notes. *Max: 60*

34-Underpinnings of Theoretical Physics

Instructor: James Beaupre

Date: 3 Mondays, Oct. 5 – 12, 26

2 Tuesdays, Nov. 3 – 10

1 Thursday, Oct. 15 (2FL)

3 Fridays, Oct. 30, Nov. 6 – 13

Time: 9:30 – 11 (for Oct.); 1:30 – 3 (for Nov.)

Location: AUD (for Oct. except Oct. 15) /

2FL (for Oct. 15 and Nov.)

Exhilarating intellectual adventures take place in the natural sciences. James Beaupre invites participants to explore the puzzles, adventures, and ideas of physics to see how our view of the universe has evolved. In the last half of the 19th century and the 1st half of the 20th, there was a second renaissance that changed ideas of physical reality and still resonates today. This course is about the key ideas and intellectual development of physics and how it evolved. Although it touches on the topics of the day (black holes, quarks, etc.), it is about the ideas that tie such diverse objects together and make them more comprehensible. Although some equations will be displayed, the intent is to discuss the meaning and motivation and the puzzles solved. Original sources and anecdotes are used when possible. Lecture topics are: 1. Introduction, 2. The Action Principle, 3. Relativity and the Speed of Light, 4. Entropy and Information, 5. Quantum Theory, 6. The Central Mysteries, 7. Quantum Field Theory, 8. The Standard Model and how this affects everyday life. *Max: 40*

35-No Rules, The Gee's Bend Way

Instructor: Loretta Pettway Bennett

Date: 2 Mondays, Oct. 5 – 12

1 Tuesday, Oct. 6

1 Wednesday, Oct. 7

Time: 10 – 11:30

Location: 2FL

Go through your stash and bring bits of leftover pieces, clothing, lightweight denim and corduroy. We will transform it into a one-of-a-kind quilt top. We will freestyle with no patterns because of the No Rules, Gee's Bend Way. Also learn the Gee's Bend traditional way of the hand quilting by using long stitches. Beginners and experienced quilters can use and enjoy this technique too, because big/long stitching is faster, easy on the eyes and a great new look. A quilt sandwich will be provided for practice or bring your own small patchwork top with batting and backing. Bring enough material/fabric to make a 24"x24" wall hanging, needle(s), thread, scissors, and thimble. *Max: 20*

36-Poetry Workshop and Conversations

Instructor: Elizabeth M. Hall

Date: 5 Mondays, Oct. 5 – 12, Oct. 26 – Nov. 9

Time: 1 – 2:30

Location: 2FL

Members who enjoy reading or writing poetry will want to join this workshop about the creation, form, structure,

and meaning of poems. Whether you are a neophyte or a published poet, come join the conversation. Poems will be written, shared, and discussed. Drop your inhibitions and come explore your poetic potential (alliteration). The course will wind up with a poetry reading party and, perhaps, a publication (great for your legacy). *Max: 25*

37-Happy Tunes, Love Songs & Country Music

Instructor: Bill Nunn

Date: 3 Tuesdays, Oct. 6 – 20

Time: 2 – 3:30

Location: AUD

Turn your radio on; dial W-F-U-N. It's the station that always plays music that rates a TEN. It's 123.4 on your radio dial. You're gonna hear great songs and music to make you smile. Your afternoon DJ will be Billy Bob. He's sure to make you happy; that's just part of his job, and he works very hard to get the job done. Every other DJ is second to Nunn! *Max: 150*

38-Native and Invasive Plants

Instructor: Harvey Cotten

Date: 1 Wednesday, Oct. 7

Time: 1:30 – 3

Location: AUD

This program will consider how to use more native plants in a given landscape while staying away from the worst invasive plants in this area. The southeastern United States has one of the most rich and diverse native plant populations in the world, yet many local plants are underutilized. These plants can be incorporated as both aesthetic and sustainable solutions to local gardening problems. Conversely, there are many ornamental plants that cause problems due to their invasive tendencies. Class members will learn which ones to avoid and which make better native choices in home gardens. *Max: 125*

39-Front Porch Conversations

Instructor: Larry West

Date: 6 Wednesdays, Oct. 7 – Nov. 4; 18

Time: 1:30 – 3:30

Location: 2FL

Topics of current social, philosophical, and political issues will be considered, with civility, in a structured environment which allows each member of the class an opportunity to actively participate in the dialogue. The purpose of meaningful conversation is to come to an understanding of the others. It is not to determine if they are good, bad, right or wrong. It requires deep reflection and the ability to disagree with others while still respecting their sincerity and decency. Members will custom design the course by choosing the topics and identifying questions to be considered. *Max: 45*



Please remember to wear your LearningQUEST name badge to all LearningQUEST events!

40-Handcrafted Greeting Cards #3

Instructor: Carol Edwards

Date: 4 Thursdays, Oct. 8 – 29

Time: 1 – 2:30

Location: BCL

There are three courses of Handcrafted Greeting Cards. This is the third course. In each of the four classes of this course, participants will create one to two cards with envelopes. This third course will concentrate on special techniques such as masking, embossing, two-step stamping, how to die-cut special images, 3-D items, and a variety of other techniques. See Catalog Course 5 for additional course information. Fee: \$20 to be paid to the coordinator prior to the first class to assure a reservation in this program. See Policy on page viii of this catalog. *Max: 16*

41-Shakespeare's The Merchant of Venice

Instructor: Jeff Nelson

Date: 3 Tuesdays, Oct. 13 – 27

Time: 9:30 – 11

Location: AUD

This three-session course on *The Merchant of Venice* examines one of Shakespeare's most performed yet most controversial plays. Discussion of scenes from several film versions will focus attention on the portrayal of Shylock. *Max: 125*

43-Bogart, Nixon and the Supreme Court

Instructor: Tom Borchert

Date: 2 Thursdays, Oct. 15 – 22

Time: 10 – 11

Location: AUD

A real-life hostage incident results in a best-selling novel, a movie starring Humphrey Bogart, a Broadway play, a *Life Magazine* spread and ultimately a case reaching the U.S. Supreme Court. The family taken hostage, represented by future president, Richard Nixon, sues *Life Magazine*. We'll look at all the bizarre twists, turns, and surprises that followed publication of the book *Desperate Hours*. *Max: 125*



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44-Maple Hill - 35801

Instructor: Bill Nunn

Date: 1 Thursday, Oct. 15

Time: 2 – 3:30

Location: AUD

Surveyor General Thomas Freeman, Suffragette Alberta Chapman Taylor, Dr. William H. Burritt and Josephine T. Drummond Burritt will appear in costume to share their stories of life in Huntsville when they were here. Three of these very interesting stories ended with their burial in Maple Hill. *Max: 125*

45-White Dove Adventures of Madam Mollie Teal

Instructor: Catherine L. Knowles

Date: 1 Wednesday, Oct. 21

Time: 10 – 11

Location: AUD

Attendees of this public program can join author, storyteller, and public speaker Catherine L. Knowles as she shares her stories about the writing and research for her two historical fiction novels that are based in Huntsville: *White Dove Adventures of Madam Mollie Teal* and *The Doughnut Tree*. *Max: 125*

46-Vietnam Revisited

Instructor: Skip Vaughn

Date: 1 Wednesday, Oct. 21

Time: 1:30 – 3

Location: AUD

Sharing what veterans have told him has become Skip Vaughn's passion. He is a long-time writer and editor for the *Redstone Rocket*, the Redstone Arsenal newspaper. Since January of 2015, Skip has written a story a week about a Vietnam vet. Men, women, Marines, Army, Air Force, Navy--he has interviewed more than 235 veterans of the war. Skip has recently published a book, *Vietnam Revisited*, in which many of the stories are presented, and he will share several of them with us. He says: "These men and women did amazing things during a very difficult time." Recommended text: *Vietnam Revisited*. *Max: 125*

47-Battle of the Bulge

Instructor: Tennent Lee

Date: 4 Tuesdays, Oct. 27 – Nov. 3, Nov. 17 – 24

Time: 10 – 11:30

Location: 2FL

The German Ardennes Offensive was the largest land battle fought by the U.S. in World War II. In December 1944, Allied commanders were making bets whether the war would be over by Christmas. But Hitler was not ready to throw in the towel, and in mid-December 1944, launched a massive attack through the Ardennes in Belgium. The Ardennes was thought to be the least likely place for an attack and was defended by brand new units which had yet to see combat. This course will focus on the first ten days of that battle. Although some of the

inexperienced G.I.'s behaved badly during the early stages of the battle, the ultimate triumph lay with the American soldiers who displayed bravery, resiliency, and persistence. The course will be illustrated with contemporary photographs, as well as photographs made by the lecturer during a recent trip to the area. *Max: 55*

48-Backyard Birds of North Alabama

Instructor: Debbie Tromblee

Date: 1 Wednesday, Oct. 28

Time: 10 – 11:30

Location: Online

How many birds do you think visit your backyard? This course will show photos of 50 different species of birds taken in the backyard of a house in one South Huntsville subdivision. You will also hear a description of each bird and learn something special about it. Over 350 photos of birds. *Max: 125*

LearningQUEST has a Facebook page!

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COMMENTS, LIKES and SHARES are appreciated!

49-Tourism and Geography of China

Instructor: Confucius Institute

Date: 4 Fridays, Oct. 30 – Nov. 20

Time: 9:30 – 10:30

Location: Online

This course is an introduction to the geography of China through a survey of its provinces, cities, and physical geography. As participants gain knowledge of the geography of China, they will also come to understand the unique characteristics of each region. The class will enlighten those who wish to travel to China as well as those who simply want to broaden their world experience from the comfort of home. *Max: 55*

50-Anger Management

Instructor: Frank Morales

Date: 4 Mondays, Nov. 2 – 23

Time: 9:30 – 11

Location: AUD

This program will talk about the origins of anger, how we use code words to hide the intensity of our feelings, and how anger is a natural emotion. We will talk about buttons people push and how to disconnect them. We will have group discussions on specific situations that usually involve anger and how to deal with difficult people. *Max: 125*

51-Downsizing Simplified

Instructor: Karen Wright

Date: 1 Wednesday, Nov. 4

Time: 1:30 – 3:30

Location: AUD

Does the thought of "Downsizing" overwhelm you? Not sure what to do with all your stuff? If so, you can learn

some tips from Karen Wright with Life Simplified to help you with decluttering, organizing, packing, managing move details, unpacking and setting up your new home. Karen and her team have helped hundreds of individuals in the greater Tennessee Valley conquer their transition into smaller spaces for over 11 years. They have successfully downsized individuals that have lived in 4,000+ square foot homes for over 40 years into 1,000+ square foot spaces. This course will help you achieve your goals in a cost-effective manner that will improve your quality of life. *Max: 75*

53-Menu Please

Instructor: David Martin

Date: 1 Wednesday, Nov. 18

Time: 9:30 – 11:30

Location: AUD

David Martin created these Huntsville restaurants: Steak-out, Rosie's, Little Rosie's, Blue Plate Café, Ted's BBQ, Shaggy's Burgers, and Walton's Southern Table. Martin first originated the concept of home delivery of steaks, hamburgers, and chicken by opening Steak-Out in 1986. Since then, he has opened many other successful restaurants in Huntsville and surrounding communities. This program will present an engaging conversation between Bill Nunn and David Martin. Bill's insightful questions will encourage David to explain his tremendous success in his restaurant endeavors, his personal and business philosophy, and why he is dubbed the man with "the Midas touch" in the Huntsville restaurant community. *Max: 125*

54-The Truth Behind "GRANDMA"

Instructor: Patsy Trigg

Date: 1 Wednesday, Dec. 9

Time: 1 – 2:30

Location: AUD

Narrator Bill Nunn will ask probing questions of Patsy Trigg, the prettier half of the Patsy and Elmo duo who recorded the #1 Golden and Platinum hit song "Grandma Got Run Over By a Reindeer." Hear firsthand the true story behind the tragedy of Grandma's "hit and run" during the Christmas holidays with a possible firsthand declaration from one of Santa's reindeer. Hear how Patsy's musical career first began with her taking guitar lessons and how she and Elmo came to record "Grandma". Listen to her intriguing stories about famous entertainers she has encountered and worked with during her musical career. Patsy will also explain how songwriters get their songs published, recorded, and distributed, how they collect royalties, and all the basic ins and outs of the recording industry. Remember if you hear sleigh bells – DUCK! *Max: 125*

The weekly **E-News**, distributed to all members who have *provided an email address*, provides announcements and updates to help keep our membership informed.

TRIPS AND EXCURSIONS (WITH TERM FEE)

Trips are organized by LearningQUEST members and are self-supporting by the participants. Term fee payment is required. Additional fee requirements are presented in each trip description and may change due to unforeseen changes by the venue or transportation operator.

T1-TopGolf Event – A Morning of Golf

Date: 1 Thursday, Jul. 30

Time: 9:45 – Noon

Location: TopGolf

Participants will go to “TopGolf - Huntsville” for a morning golfing experience. Do you enjoy playing the game of golf and sharpening your skills for the next major event? Or, do you just prefer to take life’s frustrations out on that little white ball? Either way, come and enjoy a morning of golf with your LearningQUEST friends at TopGolf – Huntsville. While taking a few swings you can enjoy an adult beverage or a quality snack. Top Golf is located at 6100 Topgolf Dr. NW. The event will end around noon. Drinks and snacks are available for individual purchase. Fee: \$22 to be paid to the coordinator to assure a reservation in this program. See Policy on page viii of this catalog. *Min/Max: 7/12*

T2-Huntsville Escape Room – The Informant

Date: 1 Friday, Sept. 18

Time: Noon – 3

Location: Huntsville Escape Rooms

Participants will visit “Huntsville Escape Rooms” for a game experience. The goal is simple: escape the room by finding clues and solving puzzles—before the 60-minute time runs out. The story of this room experience is as follows: For years, Brock Lassiter has been collecting evidence to take down Antonio Vitelli, a notorious Chicago mafia kingpin. Handpicked by FBI Director Josh Restal to be the informant, Brock has hidden the evidence he has collected in a secret safe house. But its location has been compromised, as well as his cover. The Mafia is en route to confiscate the incriminating evidence against them, and Brock is running for his life. As his trusted friend, you have been asked to retrieve the evidence before the Mafia does. Find the evidence and save Brock before it’s too late. The Location is at the Huntsville Escape Rooms, 604 Madison St. Fee: \$22 to be paid to the coordinator to assure a reservation in this program. See Policy on page viii of this catalog. *Min/Max: 5/18*

T3-Huntsville Museum of Art

Date: 1 Wednesday, Sept. 30

Time: 1 – 3

Location: Huntsville Museum of Art

This trip is a docent led tour of two exhibits at HMA. The first exhibit is the annual exhibition of the Members’ Showcase of The Huntsville Photographic Society, a juried exhibition includes approximately 50 outstanding

photographs by members of the HPS. It was founded in 1964 to promote the art and science of photography through informative programs and member contests. This year’s theme is Anticipation. This exhibition is jointly organized by the Huntsville Photographic Society and the Huntsville Museum of Art. The other exhibit is The Red Clay Survey, a major recurring regional competition sponsored by the Huntsville Museum of Art that “takes the pulse” of contemporary Southern art from 11 southern states, through a selection of work in all styles and media determined by jurors with strong curatorial credentials. This exhibit represents a cross-section of the best in regional contemporary art in varied media. Fee: \$8 for non-museum members to be paid at desk of HMA on September 30. Museum members are free (bring your membership card). *Max: 60*

T4-Huntsville Ghost Walk

Date: 1 Tuesday, Oct. 6

Time: 5:30 – 7:30

Location: 124 Southside Square, Huntsville, AL

Main streets and dark alleys of our historic downtown Huntsville yield true tales of our fascinating past, from the ghosts in an iconic 1835 building to a Union soldier hiding from Johnny Reb. Residual hauntings of past murders play themselves over again like a staccato movie reel, and the ghost of Governor Bibb’s son-in-law does not want his secrets revealed. Ghosts inside a prominent building walk up a staircase and disappear through a wall. This tour requires less than one mile of leisurely walking and will last 1.5 to 2 hours. There are no places to sit down along the way. Join us on Tuesday, October 6 (rain date, October 13) at 5:30 p.m. as we walk the haunted streets of Huntsville to hear about our haunted past. If a location is haunted, you want to know why...and who. The tour begins in front of Harrison Brothers Hardware Store, 124 Southside Square. Bring a friend or grandchild, but contact Darryl Palm to insure the reservation is secured. Fee: \$10 per person, \$5 for kids 12 and under. Fee: \$10/5 to be paid to the coordinator to assure a reservation in this program. See Policy on page viii of this catalog. *Min/Max: 10/30*

SPECIAL TRIPS

ST1-Marshall Space Flight Center Bus Tour

Date: 1 Tuesday, Aug. 25

Time: 12:30 – 3

Location: MSFC

Take a bus from the U.S. Space & Rocket Center for an exciting tour of the MSFC facilities, including the Propulsion Research & Development Laboratory. Visit

the Redstone Test Stand, a National Historic Landmark, where static tests of the Juno 1 and Mercury Redstone Launch Vehicles were performed from 1953 to 1961. The tour departs at 12:30 pm, from the blue canopy located in the front of the main entrance to the U.S. Space & Rocket Center. The tour lasts approximately 2 – 2.5 hours, and returns to the main entrance at the Rocket Center. Contact the LearningQUEST office (256-529-8695) to register for this Special Trip. Fee: \$20 to be paid to the coordinator to assure a reservation in this program. See Policy on page viii of this catalog *Max: 27*

PICNIC	LearningQUEST –	Tuesday, July 28
	Picnic in the Park	10AM – 1PM
	Monte Sano State	Tickets:
	Park – Main Pavilion	\$10 per person

ST2-Genomics: Today and in the World of Tomorrow

Date: 7 Fridays, Aug. 28, Sep. 4 – Oct. 2, 16
Time: 9:30 – 11
Location: Online

This course examines how genomics will shape the world of tomorrow. Furthermore, it explores the content and concepts behind the cutting-edge genomics research taking place right here in the Rocket City. Participants will enjoy conversation, have the opportunity to experience some hands-on experiments, and wrap up the course with a tour of HudsonAlpha. The program coordinator will provide more detailed directions before the program starts. Fee: \$50 to be paid to LearningQUEST by July 23 to assure a reservation in this program. See Policy on page viii of this catalog. *Max: 32*

SPECIAL INTEREST GROUPS (NO TERM FEE)

Special Interest Groups (SIGs) are organized and facilitated by current LearningQUEST members for those who share a similar interest. Participants must be current LearningQUEST members. No registration is required. Follow the instructions below to join a SIG. To explore creating a new SIG, please contact the Program Development Committee (PDC) chair at: PDC.chair.lq@gmail.com

S1-UkeQUESTors Jam

Leader: Keith Fukumitsu
Dates: Sundays, starting Jul. 5
Time: 2 – 3:30
Location: 2FL

As a follow-up to the LearningQUEST Beginner Ukulele Class, this special interest group will be an opportunity for ukulele players of all levels to meet to refine and expand their skills, and to “jam” and sing. Basically just have fun! One goal of the sessions will be for participants to gain confidence in their playing ability so they will be willing to perform at events such as the Alabama Uke Fest. For information, contact Keith Fukumitsu at penswd51@aol.com.

S2-Monday Hiking

Leaders: Various
Dates: Mondays, starting Jul. 6
Time: 9
Location: Varies

Explore a variety of local hiking trails with hiking leaders Sue Campbell, Bruce Martin, Jeannie Mackay, Dan Barron, and Charlie Bonne. Hikes are generally four to five miles in length and vary in difficulty. Wear sturdy shoes or hiking boots and bring water. Walking sticks are recommended when the trail is slippery or rough. Well behaved dogs are allowed. Cancel in case of rain. Liability waivers are required. Notification of hike details is handled via email. Send an email to lqhiking@gmail.com to be added to the hiking distribution list.

S3-Mah Jongg

Leader: Janet Tedrow
Dates: Mondays, starting Jul. 6
Time: 1 – 4
Location: AB

Mah Jongg players of all levels meet weekly on Mondays to play. Beginning class is available upon request. For information, contact Janet Tedrow at wftedrow@aol.com.

S4-Great Conversations

Leader: Kathleen Redman and Bob Stagg
Dates: Mondays, starting Jul. 6
Time: 3 – 4:30
Location: STEC

This literary discussion group reads one selection each week and discusses the author, time period, and relevance in today’s world. Since there is a new selection each week, prior attendance is not a handicap. Come when you are available. Newsletter goes out on Wednesday detailing upcoming selection. The anthology used changes each term. Contact Bob Stagg at 256-520-0417 for more information.

S5-Hand and Foot

Leader: Betsy Prescott and Janet Tedrow
Dates: Thursdays, starting Jul. 9
Time: 1 – 4
Location: AB

Everyone, beginner to expert, is welcome to play the Hand and Foot variation of Canasta. Instruction and “cheat sheets” are provided upon request. For information, contact Betsy Prescott at momprescott@comcast.net.

Enjoy LearningQUEST membership
 for only \$20 per calendar year. Join now!

S6-Progressive Christianity Explored

Leader: Glenn Nettleton
Dates: 1st Fridays, starting Jul. 10
Time: 9:30 – 11:30
Location: VMC

You can find a definition of Progressive Christianity at <http://progressivechristianity.org/the-8-points/>. The group discusses Bishop Spong's newsletters and other aspects of Christianity. For directions or to get additional information contact Glenn Nettleton at glennet@knology.net.

S7-Knitting

Leader: Barbara Ward
Dates: 2nd Mondays, starting Jul. 13
Time: 10 – Noon
Location: AB

Knitters of all skill levels meet to share their talents, ideas, and projects. We seldom solve world problems but we always have fun. For information, contact Barbara Ward at bward@hiwaay.net.



Come join your LearningQUEST family for the Annual Fall Meeting on Tuesday, November 10th from 10:00 am – Noon, in the Huntsville Library auditorium. It will be a morning filled with music, fun and memories, as well as lots of information on the upcoming Spring '21 Term. See you there!

S8-Computers, Cameras, and Questing (CCQ)

Leader: Glenn Nettleton
Dates: 3rd Fridays, starting Jul. 17
Time: 9:30 – Noon
Location: 2FL

This SIG starts with several videos and images that will stir your imagination. Members receive a monthly newsletter in an email reminder about the meeting. A few of the newsletter technology topics are discussed, followed by an extended group Q&A time. It is a great way to reflect on the issues of our day. To join this SIG or get additional information, contact Glenn Nettleton at glennet@knology.net.

S10-Friday Hiking

Leader: Barbara L. Roberts
Dates: Fridays, starting Sep. 18 – Nov. 20
Time: 9
Location: Varies

Explore a variety of local hiking trails with hiking leader Barbara Roberts. Enjoy leisure hikes, with several on paved greenways, that allow you time to enjoy the local flora and fauna. Meet LearningQUEST members for these enjoyable morning jaunts. Liability waivers are required. Notification of hike details is handled via email. Send email to lqhiking@gmail.com to be added to the hiking distribution list. Please note: no dogs at the request of the hikers. Wear sturdy shoes or hiking boots and bring water and a hiking stick. This is a good way to find out where to hike around this area.

PROGRAMS OPEN TO THE PUBLIC (FREE)

Several public programs are offered by LearningQUEST each term as its gift to the community. No registration or fees. Please help spread the word and be sure to invite your friends and neighbors.

P1-Keep Watching the Skies: A Very Subjective History of Science Fiction Films in Hollywood, 1950 to the Present

Instructor: David Lilly
Date: 1 Thursday, Jul. 30
Time: 10 – 11:30
Location: AUD

This program will explore the history of Hollywood science fiction films as a genre meant to entertain adult audiences. These films, which began in the early 50s, seem to have run in cycles until the early 80s, at which time they became an immensely popular and permanent go-to film genre. They were also significantly influenced by the fears, interests, and concerns of their time, and the presenter will explore the historical background that made these films what they were. The program will include a number of film clips of some of the best (and worst!) of these movies. It should be an entertaining and informative presentation for anyone who grew up watching these films and who continues to love them to

this day, or for anyone who is open to becoming a fan.
Max: 125

P4-Welcome To LearningQUEST (Open House)

Instructor: Darryl Palm
Date: 1 Tuesday, Dec. 1
Time: 1 – 3
Location: AUD

The focus of this two (2) hour gathering is to better acquaint the community with LearningQUEST: how we started; what courses, programs, and activities we offer; and how to join. Representatives from each committee, as well as the Board of Directors, will provide insight into our various activities and volunteer opportunities. We will also be seeking input from attendees for programmatic suggestions, as well as how we might better serve the learning community. Refreshments will be provided during the event. *Max: 150*

LearningQUEST INSTRUCTORS

Number in () indicates Program(s) being presented by Instructor.

Bob Baccus retired as Band Director at Lee High School and as a Support Specialist, US Army MICOM. He is a world traveler in more than 20 countries and all 50 states. He is an active musician and founding member of Olde Towne Brass, a local Civil War Band. (21)

James V. Beaupre, PhD, in Theoretical Physics at Iowa State University. He was an AEC Post-doctoral Fellow. He has been employed at Teledyne Brown, SAIC, RW Technische Hochschule Aachen, and Stanford Linear Accelerator Center. He has lectured at UAH. James has been a Huntsville resident for 40 years. In his leisure time, he paints and travels. (34)

Ann Beltz has a BA from Mercer University in Macon, GA, over 15 years experience in the senior living industry, and is currently Business Development Director for Brookdale Senior Living for Huntsville/Decatur. She is a certified Optimum Life Speaker, and serves as the 2020 President of the Huntsville Madison County Council on Aging. Ann will invite other speakers to share their varied expertise in the senior living industry. (7)

Loretta Pettway Bennett is a fifth-generation quilt maker/quilter from Gee's Bend, Alabama and one of the youngest to continue making quilts by hand quilting in the renowned Gee's Bend style. Her mother Quennie Pettway was one of the original Gee's Bend quilters whose fame has spread worldwide through exhibitions of their work, numerous publications, newspaper articles, television coverage, radio interviews, personal appearances, ten US postage stamps and a play. Her ancestry traces back to Dinah Miller, a great-great-great grandmother, who, according to folklore and family history was one of the first slaves to have arrived in Gee's Bend. (35)

Tom Borchert, JD, is a retired trial attorney and an "unofficial" White House historian. He has entertained groups throughout the country with humorous stories and historical facts about the White House and its residents. His White House history presentation has been given to guests at the Nixon, Reagan, Ford, Clinton and Bush 41 Presidential Libraries as well as many civic organizations. (43)

Jennifer Carden is the Public Outreach Lead at HudsonAlpha. She holds degrees in both Molecular Biology and Secondary Education. After a stint in the biotech industry, she pursued her passion and entered the classroom. Mrs. Carden taught Biology, Natural History, Genetics, and Biotechnology for seven years at Hoover High School. In 2008, she was selected as the inaugural HudsonAlpha Educator in Residence. In her role as Public Outreach Lead, she works to translate science for the public audience through talks and hands-on activities. (ST2)

Confucius Institute has focused on Chinese language teaching and Chinese culture to promote educational exchange and cooperation between the US and China, and jointly developing some academic exchange programs with its partner school Nanjing Forestry University. (49)

Harvey Cotten, a graduate of Mississippi State University, is currently a garden writer, designer and consultant. After 22 years with the Huntsville Botanical Garden, most recently as vice president and chief horticulturist, he retired in 2014. He continues to present workshops for the Botanical Garden, Master Gardener

Associations, Garden Clubs and other botanical gardens and arboreta while lecturing across the southeast on various garden topics. He is active in the Green Industry and is Past President of : Alabama Invasive Plant Council, Horticultural Research Institute, and Alabama Nursery & Landscape Association. (38)

Carol Edwards has been teaching handcrafted greeting cards, scrapbooking, and other textile techniques for the last 16 years. She believes it to be an artistic endeavor that is challenging, stimulating, and fun. Taking classes and learning from other instructors helps her to learn new techniques and stay on top of the latest trends and colors. Carol finds it rewarding to handcraft and personalize an item for someone special; to make a "one-of-a-kind" gift or card. She would love to teach you how to do it, too. (5, 20, 40)

Pam Frazier, "Health Coach Pam", is a Certified Integrative Nutrition Health Coach, therapeutic fitness instructor, and founder of Emmaus Wellness. Her professional backgrounds include 13 years in the wellness/fitness profession and 19 years in the medical profession. Pam's passion is to inspire and guide others to a life of joyful wellness. (8, 32)

Elaine Fredericksen, PhD, holds a BA in Spanish from UCLA, an MA in English from UAB, and a PhD in Rhetoric and Writing Studies from UA. She has been studying and using Spanish since Grade 6, when living in California and later, living in El Paso, TX, and loves sharing her interest with others. She has a passion for languages, travel, and LearningQUEST. (3, 9)

C.C. Fridlin is a culinary instructor and cookbook author residing in Huntsville, AL. Since 2001, C.C. Fridlin has been inviting home cooks into his kitchen and showing them how to elevate their cuisine. His relatable, easy-to-follow approach keeps demand for his classes high, which ultimately led him to create his first cookbook, *Step by Step Italian: Recipes from CC's Cooking Classes*. (28)

Elizabeth (Liz) Hall, PhD, is a retired college professor. She has been a consultant to adolescents and adults in her private practice: Skills for Success. She sees herself as a writer/teacher. Her writings include books, articles, short stories, and poetry. Her interests include travel, scuba diving, gardening, reading, volunteering, and thinking. She particularly enjoys self-help, political, and social topics. (4, 36)

David Hayes has 20+ years of experience in the horticulture field. As owner/operator of The Good Gardener, he and his staff design and maintain beautiful landscapes and gardens throughout the Huntsville and Madison communities. Prior to establishing The Good Gardener, he was, among other duties, the Bonsai Curator at the Huntsville Madison County Botanical Garden. Because of his artistic leanings, he easily blends art and science with his creations. He willingly shares his knowledge of plants and landscapes with many through lectures and workshops. (23)

Barbara and Gary Hitt both retired from engineering careers in 1994 and have been on the go ever since. Gary is an avid bird watcher and maintains their Life List of birds and wildlife. Barbara is a Master Photographer with the Huntsville Photographic Society and captures their travels to share with others when they return. (21)

Steve Jones, PhD, is a retired university professor and former president of four universities. A published author of three books, he publishes weekly Blog Posts on Nature-Inspired Life and Living. He has a forestry BS and a doctoral degree in applied ecology. He brings deep passion for Nature and informed and responsible Earth stewardship. (30)

Catherine L. Knowles, author, storyteller and public speaker for over 50 years, is a Huntsville native. She wrote and published her first book at 53 years of age, *The Doughnut Tree* and at age 56, published *White Dove: The Adventures of Madam Mollie Teal*. (45)

Tennent Lee, JD, is a retired attorney and frequent lecturer on military history. Since he retired, Mr. Lee has had the time to pursue his love of history. He has presented courses at LearningQUEST on "World War I," "The Road to Pearl Harbor," and "Spooks and Snoops or How Allied Intelligence Helped Win World War II." (47)

David Lilly is an employee of Huntsville Public Library with a life-long interest in naval history. He has led several LearningQUEST programs on military and naval history. (P1)

George Marchelos, PhD, is a graduate of Ashford Institute of Antiques, appraiser on PBS *Antiques Roadshow*, notable historian, educator and genealogist. Dr. Marchelos holds degrees in history, management and chemistry, and is a lecturer and professor at various universities and colleges, currently at UAH. (6)

David Martin and his wife of 38 years, Rhonda, have two grown sons. The family founded, owns, and operates several concepts of restaurants in Madison County and Florence; among which are Steak-Out, Rosie's, Little Rosie's, Blue Plate Cafe', Ted's BBQ, Shaggy's Burgers and Walton's Southern Table. (53)

Doug Martinson II, JD, is a partner with the North Alabama law firm Martinson & Beason, P.C. He has assisted clients with estate planning, the probate process, guardianships & conservatorships and other elder law needs for over 25 years. He received his J.D. from Washington & Lee University School of Law and an LL.M. in Taxation from Boston University School of Law. He is the former President of the Huntsville School Board, past President of Rotary Club of Huntsville, and past President of Huntsville Young Lawyers. (25)

Buddy Moon taught United States History at Huntsville High School for 23 years. For 35 years, he has been a Civil War reenactor, traveling to battlefields across the country to participate in battle reenactments and living history presentations. (22)

Frank Morales has a Master's Degree in Counseling Psychology and has worked as a therapist with clients suffering from Schizophrenia, Bipolar Disorder, Obsessive Compulsive Disorder, and Major Depression while working at the Mental Health Center. He also worked for Huntsville Hospital as a Psychiatric Screener in the E/R and ran an Anger Management Program and a Domestic Violence Program for offenders with Family Services. It was at this time he created a Conflict Resolution Program for Parents with children going through an adversarial divorce. He currently is an Adjunct Professor in Psychology, teaching psychology courses at Alabama A&M. (50)

Lacey Nave has been employed by The Automotive Group (TAG) for six years. She is currently the Body Shop Service Manager, Service Writer and "Girl Friday". Lacey has attended multiple classes at the Automotive Training Institute in Baltimore, Maryland and is currently working on becoming an ASE Certified Service

Writer. In her spare time, she is an avid kayaker, enjoys all outdoor activities, is involved with animal rescue and is active within the Huntsville community. (26)

Jeff Nelson, PhD, recently retired from UAH after teaching Shakespeare for 30 years. His credentials include a BA from Illinois Wesleyan and an MA and PhD from the University of Chicago. He has been a frequent presenter for LearningQUEST. (41)

Bill Nunn is a sixth generation Huntsvillian, a member of the first graduating class at Butler High School, a graduate of the Polytechnic Institute of Pharmacy in Auburn and a lifelong resident of Madison County. He is a volunteer and frequent instructor for LearningQUEST. (37, 44)

Laddie Ratliff is a Level 2 USA Archery Instructor who has been shooting a bow since he was eight years old. He is the owner of the Custom Archery Center, located at 11305 S. Memorial Parkway in Huntsville. (11)

William Simmons has been a CPA for over 20 years and has been assisting people with Medicare insurance the last four years. He has a Bachelor of Arts from Hanover College and a Master of Divinity from Vanderbilt University Divinity School. William started his company, Medicare Strategies, with the desire to educate and prepare individuals to make confident Medicare insurance decisions. (14)

Emily Saile is a member of the Huntsville Photographic Society and has attained the status of Master Photographer in that group. She is a serious amateur photographer, loves travel, and has brought many interesting programs to LearningQUEST through her photography. Emily is retired from the U.S. Army Missile Command after a 30 year career. She partners with Barbara Staggs to present their joint efforts to LearningQUEST. (21)

Steady for Life Staff has collectively over 100 years of experience in fitness, strength, flexibility and balance classes. The Staff looks forward to sharing their knowledge and techniques with LearningQUEST members. Kim Davis is the owner and an instructor at Steady for Life. (2)

Barbara Staggs is a member of the Huntsville Photographic Society and has attained the status of Master Photographer in that group. She is a serious amateur photographer, loves travel, and has brought many interesting programs to LearningQUEST through her photography. Barbara is a retired teacher and partners with Emily Saile to present their joint efforts to LearningQUEST. (21)

Mary Ann Stasiak is a retired program manager from Missile Defense Agency. She moved to Huntsville in 2008. In 2019 she presented an Armchair Travel program on an Italian trip with her husband, Ed. She enjoys tutoring at local schools, playing keyboards in several swing bands, travel, golf, yoga, swimming, church and Rotary activities, book clubs, and all the other things she did not have time to do while she worked. (21)

Patsy Trigg began her musical career at age 10, long before graduating from MTSU. While working as an airline stewardess, she continued her musical career by performing at colleges, fairs, various concerts and festivals. Patsy recorded a hit song called *Grandma Got Run Over by a Reindeer*, which reached #1 Gold and Platinum status on the charts. Since *Grandma* went #1, she has been a staff writer and photographer for the Los Angeles Times and has served as a DJ and Auctioneer. She still performs locally. She also has written various books and songs, some of which are on YouTube. (54)

Debbie Tromblee is a native of Michigan who lived there until moving to Huntsville in December, 2010. She has a Bachelor of Social Work degree, but spent most of her life as a stay-at-home Mom and volunteer. It was after the move to Huntsville that she became interested in photographing birds. Her photos have placed in competitions at Osher Lifelong Learning Institute, Huntsville Photographic Society and Outdoor Alabama. One photo was published in *BirdWatching Magazine*. When not shooting photos, she likes to make quilts and cross-stitch. (48)

Skip Vaughn, a native of Philadelphia, Pa., moved to Huntsville in 1968, graduated from Butler High School in 1972, and from Auburn University in 1976 with a journalism degree. He was a news reporter for The Huntsville Times before becoming an Army public affairs specialist at Redstone. Ever since, he has been the editor of the *Redstone Rocket*, the Army's weekly newspaper, and a member of the Garrison-Redstone Public Affairs Office. Vaughn covers sports part time for AL.com. He and his wife, Janice, a longtime English teacher at Grissom High School, have two children. (46)

Debbie Dempsey West graduated from UAH with a bachelor's degree in art and art education. She was awarded two Fulbright Scholarships for the study of art in China and Turkey. She traveled extensively to continue her studies in art and art history. She often instructs classes for LearningQUEST. (31)

Larry West has been very active in the administrations of LearningQUEST, including serving on the Board of Directors as Finance Chairman and President. He is currently serving as Coordinator Lead and teaches classes for LQ. For twenty years, Larry handled business matters for the U.S. Air Force. Then, after the Challenger disaster, he worked as Sr. Manager for

subcontract business affairs for the Delta Launch Vehicle. In 1990, he came to Huntsville as Director of Business for McDonnell Douglas's Huntsville Division. In 1994, he started Longview Financial Advisors, one of the first local "fee-only" comprehensive financial planning businesses. (39)

Jane Wodtke grew up in a rural area outside of Louisville, Kentucky, met and married her husband at the University of Kentucky, and has a son and a daughter. Jane was a Special Education teacher for 30 years, and recently moved to Huntsville after living in New Jersey for 29 years. She is enjoying her retirement with volunteer work and LearningQUEST. (12)

Karen Wright is the only Certified Relocation Transitions Specialist for Seniors (CTRS) in Huntsville and the only Certified Professional Organizer (CPO) in Northern Alabama. Since she created her company, Life Simplified, in 2008, Karen has set the company standards, goals and vision. Karen enjoys continually learning, refining her skills, and improving her knowledge and abilities. She applies all her knowledge, education and natural talents to every challenge faced by her clients. Two of her strongest commitments are to help her clients achieve their goals in the most cost-effective manner possible and to improve their quality of life. (51)

Monica Yother has enjoyed being an artist and graphic designer for over 30 years, and she has a passion for helping others discover their own creativity. She paints, journals, and teaches workshops and painting parties in her studio 127 at Lowe Mill A&E. When she is not in the studio she enjoys spending time with her family, horseback riding, and obediently tending to her miniature dachshunds. (10)



CLEMENTS
BAPTIST CHURCH

clements baptist.org

LearningQUEST CALENDAR

Downtown Library: AUD (Auditorium), 2FL (2nd Floor Events Room), AB (Room beside Auditorium)

Other: BCL (Bailey Cove Library), ClmC (Clements Church), FBC (First Baptist Church), STEC (St. Thomas Episcopal Church), VMC (Valley Methodist Church)

Courses are without special formatting; other programs are differentiated with special formatting:

Special Interest Group 1-4 AB (italicized, grey text)

Trip 2-4 (italicized, lightly shaded background)

Public Program 1-2 (italicized, white letters on black background)

Venues are designated when programs are held in a standard location.

Otherwise, see the program description or, in some cases, the coordinator will contact registrants with details.

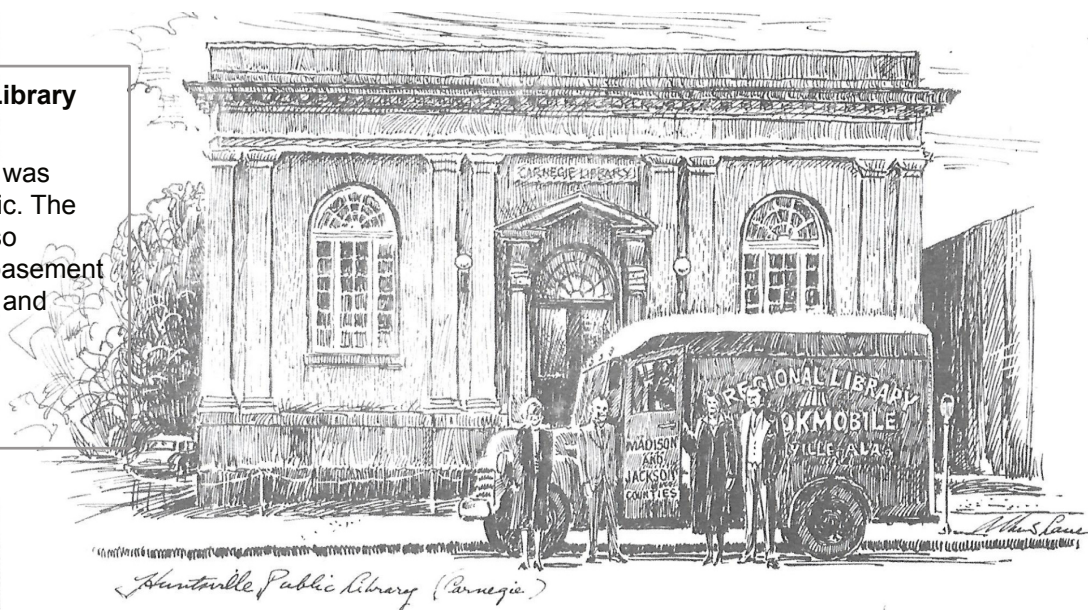
July 2020

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2	3 <i>Prog. Christianity</i> 9:30-11:30 VMC	4
5 <i>Uke</i> 2-3 2FL	6 <i>Hiking 9</i> <i>Mah Jongg 1-4 AB</i> <i>GtConv 3-4:30 STEC</i>	7 <i>Ops. Mtg. 1-3 AB</i>	8	9 <i>Hand & Foot 1-4 AB</i>	10	11
12 <i>Uke</i> 2-3 2FL	13 <i>Hiking 9</i> <i>Knitting 10-Noon AB</i> <i>Mah Jongg 1-4 AB</i> <i>GtConv 3-4:30 STEC</i>	14 RALLY DAY 9:00-11:30 Drive-by at FBC Entrance 7	15	16 <i>Hand & Foot 1-4 AB</i>	17 <i>CCQ 9:30-Noon 2FL</i>	18
19 <i>Uke</i> 2-3 2FL	20 <i>Hiking 9</i> <i>Mah Jongg 1-4 AB</i> <i>Fit & Bal 1:30-2:30</i> <i>GtConv 3-4:30 STEC</i>	21 <i>Exec. Bd. Mtg. 1-3</i>	22	23 <i>Hand & Foot 1-4 AB</i>	24	25
26 <i>Uke</i> 2-3 2FL	27 <i>Hiking 9</i> <i>Mah Jongg 1-4 AB</i> <i>Fit & Bal 1:30-2:30</i> <i>GtConv 3-4:30 STEC</i>	28 LearningQUEST Picnic 10-1 Monte Sano State Park (Main Pavilion) Lang Var 2-3:30 AUD	29 Our Purpose, Now & the Future 10-11:30	30 Top Golf 9:45-Noon Sci-Fi 10-11:30 AUD Cards #1 1-2:30 BCL <i>Hand & Foot 1-4 AB</i>	31 Antiques Roadshow 1-2:30 AUD	

The Huntsville Carnegie Library

On February 29, 1916, the Huntsville Carnegie Library was formally opened to the public. The children's section became so popular that a room in the basement was converted for their use and opened March 18, 1929.

Courtesy of Bill Nunn



August 2020

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
2 <i>Uke</i> 2-3 2FL	3 <i>Hiking 9</i> <i>Mah Jongg 1-4 AB</i> <i>Fit & Bal 1:30-2:30</i> <i>GtConv 3-4:30 STEC</i>	4	5 <i>Senior Living Opt.</i> 1-2:30 ClmC	6 <i>Cards #1 1-2:30 BCL</i> <i>Hand & Foot 1-4 AB</i>	7 <i>Prog. Christianity</i> 9:30-11:30 VMC <i>Chair Yoga 10-11 2FL</i> <i>Span. Noon-1:30 2FL</i> <i>Art Journal 12:30-2</i>	8
9 <i>Uke</i> 2-3 2FL	10 <i>Hiking 9</i> <i>Knitting 10-Noon AB</i> <i>Mah Jongg 1-4 AB</i> <i>Fit & Bal 1:30-2:30</i> <i>GtConv 3-4:30 STEC</i>	11 <i>Recurve Archery</i> 10-11 <i>Ops. Mtg. 1-3 AB</i> <i>Intl. Dining 5-8</i>	12 <i>Senior Living Opt.</i> 1-2:30 ClmC	13 <i>Cards #1 1-2:30 BCL</i> <i>Hand & Foot 1-4 AB</i>	14 <i>Span. Noon-1:30 2FL</i> <i>Art Journal 12:30-2</i> <i>Medicare 2:30-4 2FL</i>	15
16 <i>Uke</i> 2-3 2FL	17 <i>Hiking 9</i> <i>Mah Jongg 1-4 AB</i> <i>Fit & Bal 1:30-2:30</i> <i>GtConv 3-4:30 STEC</i>	18 <i>Recurve Archery</i> 10-11 <i>Exec. Bd. Mtg. 1-3</i>	19 <i>Senior Living Opt.</i> 1-2:30 ClmC	20 <i>Cards #1 1-2:30 BCL</i> <i>Hand & Foot 1-4 AB</i>	21 <i>CCQ 9:30-Noon 2FL</i> <i>Span. Noon-1:30 2FL</i> <i>Art Journal 12:30-2</i> <i>Medicare 2:30-4 2FL</i>	22
23 <i>Uke</i> 2-3 2FL	24 <i>Hiking 9</i> <i>Mah Jongg 1-4 AB</i> <i>Fit & Bal 1:30-2:30</i> <i>GtConv 3-4:30 STEC</i>	25 <i>Recurve Archery</i> 10-11 <i>MSFC Tour 12:30-3</i>	26 <i>Senior Living Opt.</i> 1-2:30 ClmC	27 <i>Hand & Foot 1-4 AB</i>	28 <i>Genomics 9:30-11</i> <i>Art Journal 12:30-2</i> <i>Medicare 2:30-4 2FL</i>	29
30 <i>Uke</i> 2-3 2FL	31 <i>Hiking 9</i> <i>Mah Jongg 1-4 AB</i> <i>GtConv 3-4:30 STEC</i>					

September 2020

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1 <i>Recurve Archery</i> 10-11	2 <i>Senior Living Opt.</i> 1-2:30 ClmC	3 <i>Cards #2 1-2:30 BCL</i> <i>Hand & Foot 1-4 AB</i>	4 <i>Genomics 9:30-11</i> <i>Prog. Christianity</i> 9:30-11:30 VMC <i>Span. Noon-1:30 2FL</i> <i>Art Journal 12:30-2</i>	5
6 <i>Uke</i> 2-3 2FL	7 <i>Library Closed</i> <i>Hiking 9</i> <i>GtConv 3-4:30 STEC</i>	8 <i>Ops. Mtg. 1-3 AB</i> <i>Arm. Travel 1:30-3</i> <i>Intl. Dining 5-8</i>	9 <i>Senior Living Opt.</i> 1-2:30 ClmC	10 <i>Cards #2 1-2:30 BCL</i> <i>Hand & Foot 1-4 AB</i>	11 <i>Genomics 9:30-11</i> <i>Span. Noon-1:30 2FL</i>	12
13 <i>Uke</i> 2-3 2FL	14 <i>Hiking 9</i> <i>Civil War Soldier</i> 9:30-11:30 2FL <i>Knitting 10-Noon AB</i> <i>Mah Jongg 1-4 AB</i> <i>GtConv 3-4:30 STEC</i>	15 <i>Succ Planter Wkshp</i> 10-11:30 <i>Exec. Bd. Mtg. 1-3</i> <i>Arm. Travel 1:30-3</i> <i>Elder Law 5:30-7 2FL</i>	16 <i>Senior Living Opt.</i> 1-2:30 ClmC <i>Facts About Your Vehicle 4-6</i>	17 <i>Cards #2 1-2:30 BCL</i> <i>Hand & Foot 1-4 AB</i>	18 <i>Hiking 9</i> <i>Genomics 9:30-11</i> <i>CCQ 9:30-Noon 2FL</i> <i>Span. Noon-1:30 2FL</i> <i>Huntsville Escape Room Noon-3</i>	19
20 <i>Uke</i> 2-3 2FL	21 <i>Hiking 9</i> <i>Mah Jongg 1-4 AB</i> <i>Have An Ale of a Time (Cooking) 1-4</i> <i>GtConv 3-4:30 STEC</i>	22 <i>Arm. Travel 1:30-3</i> <i>Elder Law 5:30-7 2FL</i>	23 <i>Senior Living Opt.</i> 1-2:30 ClmC	24 <i>Cards #2 1-2:30 BCL</i> <i>Hand & Foot 1-4 AB</i>	25 <i>Hiking 9</i> <i>Genomics 9:30-11</i>	26
27 <i>Uke</i> 2-3 2FL	28 <i>Hiking 9</i> <i>Mah Jongg 1-4 AB</i> <i>GtConv 3-4:30 STEC</i>	29 <i>Arm. Travel 1:30-3</i> <i>Elder Law 5:30-7 2FL</i>	30 <i>Huntsville Museum of Art 1-3</i>			

October 2020

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1 <i>Hand & Foot 1-4 AB</i> Natl Parks 1-2:30 2FL Femininity in Art History 1:30-3 AUD	2 <i>Hiking 9</i> Genomics 9:30-11 <i>Prog. Christianity</i> 9:30-11:30 VMC Wellness:Inside-Out Journey 10-11 AUD	3
4 <i>Uke</i> 2-3 2FL	5 <i>Hiking 9</i> Physics 9:30-11 AUD Gee's Bend Way 10-11:30 2FL Poetry 1-2:30 2FL <i>Mah Jongg 1-4 AB</i> GtConv 3-4:30 STEC	6 Gee's Bend Way 10-11:30 2FL Happy Tunes, Love Songs & Country Music 2-3:30 AUD Huntsville Ghost Walk 5:30-7:30	7 Gee's Bend Way 10-11:30 2FL Native & Inv. Plants 1:30-3 AUD Front Porch Conv.1:30-3:30 2FL	8 Cards #3 1-2:30 BCL <i>Hand & Foot 1-4 AB</i>	9 <i>Hiking 9</i>	10
11 <i>Uke</i> 2-3 2FL	12 <i>Hiking 9</i> Physics 9:30-11 AUD Gee's Bend Way 10-11:30 2FL <i>Knitting 10-Noon AB</i> Poetry 1-2:30 2FL <i>Mah Jongg 1-4 AB</i> GtConv 3-4:30 STEC	13 Merchant of Venice 9:30-11 AUD Ops. Mtg. 1-3 AB Happy Tunes, Love Songs & Country Music 2-3:30 AUD Intl. Dining 5-8	14 Front Porch Conv.1:30-3:30 2FL	15 Physics 9:30-11 2FL Bogart & Nixon 10-11 AUD Cards #3 1-2:30 BCL Natl Parks 1-2:30 2FL <i>Hand & Foot 1-4 AB</i> Maple Hill 2-3:30 AUD	16 <i>Hiking 9</i> Genomics 9:30-11 CCQ 9:30-Noon 2FL	17
18 <i>Uke</i> 2-3 2FL	19 <i>Hiking 9</i> <i>Mah Jongg 1-4 AB</i> GtConv 3-4:30 STEC	20 Merchant of Venice 9:30-11 AUD Exec. Bd. Mtg. 1-3 Happy Tunes, Love Songs & Country Music 2-3:30 AUD	21 White Dove Mollie Teal 10-11 AUD Vietnam 1:30-3 AUD Front Porch Conv.1:30-3:30 2FL	22 Bogart & Nixon 10-11 AUD Cards #3 1-2:30 BCL Natl Parks 1-2:30 2FL <i>Hand & Foot 1-4 AB</i> Femininity in Art History 1:30-3 AUD	23 <i>Hiking 9</i>	24
25 <i>Uke</i> 2-3 2FL	26 <i>Hiking 9</i> Physics 9:30-11 AUD Poetry 1-2:30 2FL <i>Mah Jongg 1-4 AB</i> GtConv 3-4:30 STEC	27 Merchant of Venice 9:30-11 AUD Battle of the Bulge 10-11:30 2FL	28 Backyard Birds 10-11:30 Front Porch Conv.2:30-4:30 2FL	29 <i>Hand & Foot 1-4 AB</i> Cards #3 1-2:30 BCL Natl Parks 1-2:30 2FL Femininity in Art History 1:30-3 AUD	30 <i>Hiking 9</i> Physics 9:30-11 AUD Tour & Geo. Of China 9:30-10:30	31

Thank You

A special note of thanks to all the instructors, program coordinators, hospitality team and AV support team who volunteer their time, passion, and skill to support educational and enrichment opportunities for our learning community!

A REMINDER...

always keep current by reading the weekly **E-News** and checking the **LQUEST.org** website for updates, course change announcements and new offerings. A course can change location, timing or be canceled, so it is important to keep current with announcements.

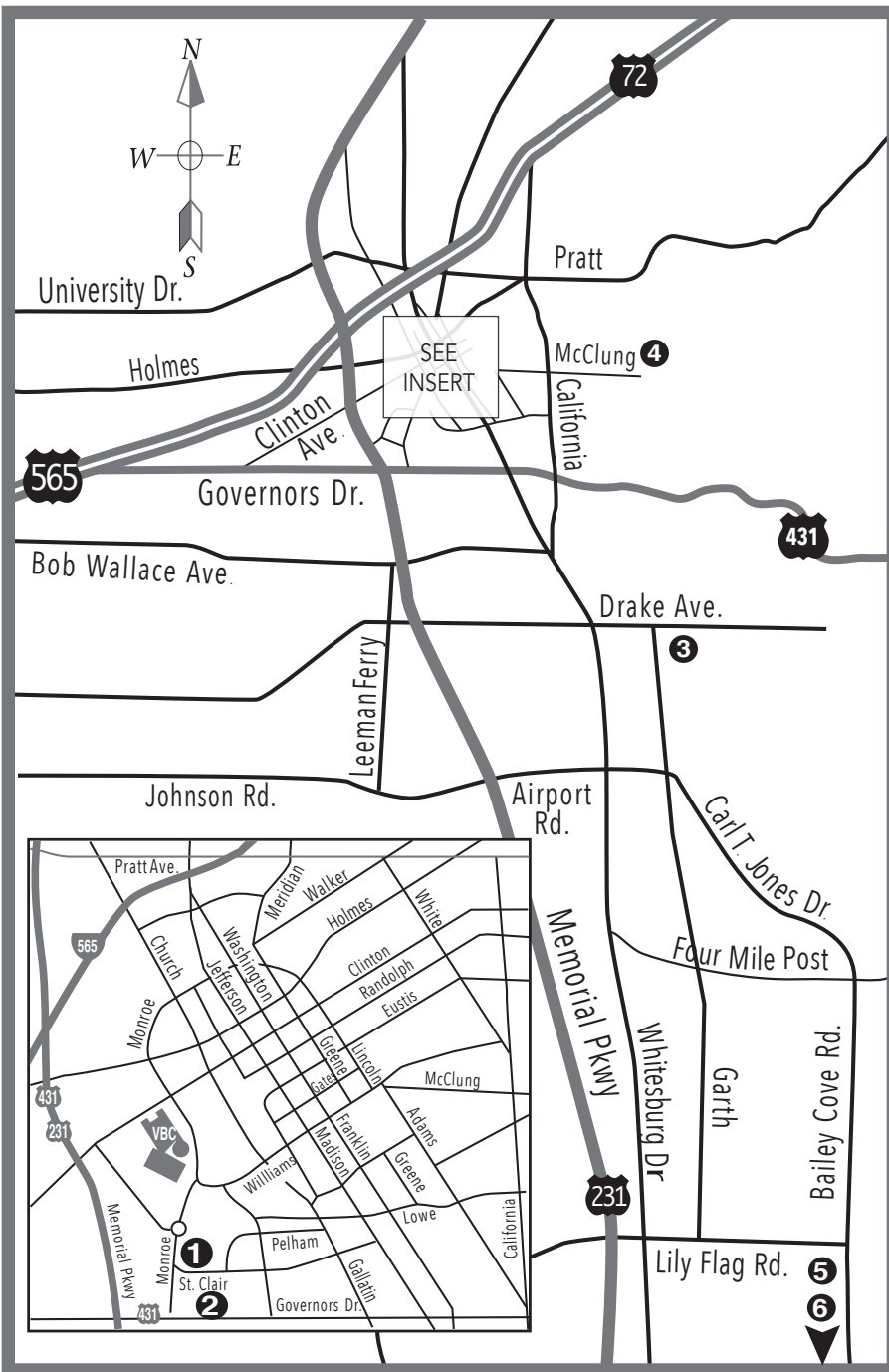
November 2020

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 <i>Uke</i> 2-3 2FL	2 <i>Hiking 9</i> Anger Mgmt 9:30-11 AUD Poetry 1-2:30 2FL <i>Mah Jongg 1-4 AB</i> <i>GtConv 3-4:30 STEC</i>	3 Battle of the Bulge 10-11:30 2FL Physics 1:30-3 2FL	4 Front Porch Conv.1:30-3:30 2FL Downsizing Simplified 1:30-3:30 AUD	5 Natl Parks 1-2:30 2FL <i>Hand & Foot 1-4 AB</i> Femininity in Art History 1:30-3 AUD	6 <i>Hiking 9</i> Tour & Geo. Of China 9:30-10:30 <i>Prog. Christianity</i> <i>9:30-11:30 VMC</i> Physics 1:30-3 2FL	7
8 <i>Uke</i> 2-3 2FL	9 <i>Hiking 9</i> Anger Mgmt 9:30-11 AUD <i>Knitting 10-Noon AB</i> Poetry 1-2:30 2FL <i>Mah Jongg 1-4 AB</i> <i>GtConv 3-4:30 STEC</i>	10 Annual Meeting 10-Noon AUD Ops. Mtg. 1-3 AB Physics 1:30-3 2FL Intl. Dining 5-8	11 Library Closed	12 Natl Parks 1-2:30 2FL <i>Hand & Foot 1-4 AB</i>	13 <i>Hiking 9</i> Tour & Geo. Of China 9:30-10:30 Physics 1:30-3 AUD	14
15 <i>Uke</i> 2-3 2FL	16 <i>Hiking 9</i> Anger Mgmt 9:30-11 AUD <i>Mah Jongg 1-4 AB</i> <i>GtConv 3-4:30 STEC</i>	17 Battle of the Bulge 10-11:30 2FL Exec. Bd. Mtg. 1-3	18 Menu Please 9:30-11:30 AUD Front Porch Conv.1:30-3:30 2FL	19 Natl Parks 1-2:30 2FL <i>Hand & Foot 1-4 AB</i>	20 <i>Hiking 9</i> Tour & Geo. Of China 9:30-10:30 <i>CCQ 9:30-Noon 2FL</i>	21
22 <i>Uke</i> 2-3 2FL	23 <i>Hiking 9</i> Anger Mgmt 9:30-11 AUD <i>Mah Jongg 1-4 AB</i> <i>GtConv 3-4:30 STEC</i>	24 Battle of the Bulge 10-11:30 2FL	25	26 Library Closed	27	28
29 <i>Uke</i> 2-3 2FL	30 <i>Hiking 9</i> <i>Mah Jongg 1-4 AB</i> <i>GtConv 3-4:30 STEC</i>					

December 2020

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1 Welcome to LearningQUEST- Open House 1-3 AUD	2	3 Natl Parks 1-2:30 2FL <i>Hand & Foot 1-4 AB</i>	4 <i>Prog. Christianity</i> <i>9:30-11:30 VMC</i>	5
6 <i>Uke</i> 2-3 2FL	7 <i>Hiking 9</i> <i>Mah Jongg 1-4 AB</i> <i>GtConv 3-4:30 STEC</i>	8 Ops. Mtg. 1-3 AB Intl. Dining 5-8	9 The Truth about "Grandma" 1-2:30 AUD	10 Natl Parks 1-2:30 2FL <i>Hand & Foot 1-4 AB</i>	11	12
13 <i>Uke</i> 2-3 2FL	14 <i>Hiking 9</i> <i>Knitting 10-Noon AB</i> <i>Mah Jongg 1-4 AB</i> <i>GtConv 3-4:30 STEC</i>	15 Exec. Bd. Mtg. 1-3	16	17 Natl Parks 1-2:30 2FL <i>Hand & Foot 1-4 AB</i>	18 <i>CCQ 9:30-Noon 2FL</i>	19
20 <i>Uke</i> 2-3 2FL	21 <i>Hiking 9</i> <i>GtConv 3-4:30 STEC</i>	22	23	24 Library Closed	25 Library Closed	26
27 <i>Uke</i> 2-3 2FL	28 <i>Hiking 9</i> <i>Mah Jongg 1-4 AB</i> <i>GtConv 3-4:30 STEC</i>	29	30	31 <i>Hand & Foot 1-4 AB</i>		

MEETING LOCATIONS



- 1 Downtown Library (HMCPL)**, 915 Monroe St. from Governors Dr. turn N onto Monroe St. Turn right at first light onto St. Clair. Library parking lot is on your left at the Downtown Library, LearningQUEST uses several meeting rooms:
Auditorium (AUD)
AB Room beside Auditorium (AB)
2nd Floor Events Room (2FL)
- 2 First Baptist Church (FBC)** Entry #7 is located on St Clair Ave, directly across from the Downtown Library.
- 3 Valley United Methodist Church (VMC)**, 1410 Drake Ave SE, three blocks east of Garth Rd.
- 4 Clements Church (CImC)**, 1413 McClung Ave. SE, from California St. turn east onto McClung Ave., proceed 0.6 miles and turn left into destination.
- 5 Bailey Cove Library (BCL)**, 1409 Weatherly Plaza SE. From Mem. Pkwy, turn E on Weatherly Rd. Turn right at fourth traffic light onto Bailey Cove Rd. Turn right on Weatherly Plaza. BCL is on right. Classroom will be on your left as you enter building.
- 6 St. Thomas Episcopal Church (STEC)**, 12200 Bailey Cove Rd. SE. From Mem. Pkwy, turn E on Weatherly Rd. Turn right at fourth traffic light onto Bailey Cove Rd. Drive 1.1 miles S. to church on right.

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Many thanks to the Downtown Huntsville Library and its entire staff during the upcoming Fall Term. Their continuing support of our activities by use of facilities, equipment and personnel is essential to the growth and success of LearningQUEST. Thanks to everyone at the Library!!!!

Help capture **PHOTOS** of LearningQUEST events. Please send pictures to **LearningQPics@gmail.com** with program name and a short caption. Thanks!

Get Back to Living...



Get back to living and enjoying life. RegenesiStem Cell Center of Huntsville can provide the possibility of a pain free life without surgery. Dr Lee's specialized training and credentialing in stem cell harvesting, isolation and ortho injections allows him to treat orthopedic injuries, arthritis, and other degenerative conditions. He is the only physician in Alabama board certified in Stem Cell Therapy, Regenerative Medicine and Anesthesiology. Regenesi could be the answer to getting your freedom back — freedom to move without pain. For more information go to regenesistemcell.com or call 256-715-8193 for a stem cell therapy consultation with Dr. Charles Lee.



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